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Rockland offers respite program for caregivers of elderly

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STAFF

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Then the couple visited Promenade in Pearl River, one of several licensed facilities that take part in the program.

Mildred Lee was assured that the staff there could care for her husband for a week.

"He gets crotchety sometimes," she said. "But the staff assured me that they could handle it."

When the big day came in September, Lee had some worries about leaving her husband for a week. But they quickly went away once she saw the staff was able to care for him.

Lee, 78, was able to enjoy her grandson's wedding and spend some time with family members without worrying about her husband. Staff members told her that he adjusted well to the change.

"It was a godsend," she said of the program.