

# THE PROMENADE

## AT TUXEDO PLACE

June 2011

40 Hospital Rd • Tuxedo Park, NY 10987 • (845) 351-0000

### Our Management Team

**Jodi Gittelman**

*Executive Director*

**Marion Giordano**

*Marketing Director*

**Judith Adamson**

*Property Manager*

**Linda O'Donnell**

*Activity Director*

**Randall Davis**

*Food Service Director*

**Jackie Kestenbaum**

*Wellness Director*

**David Conrad**

*Maintenance Director*

### OUR MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care, to ensure our residents can lead the happy, healthy and productive lives they deserve. It is our desire to have your family and friends become members of our Promenade family.  
[www.PromenadeSenior.com](http://www.PromenadeSenior.com)

### A Walk Down Memory Lane

Just this week, a very dear friend of mine showed me a gift she had bought for her daughter. It was a beautiful, shiny pink, woven metallic, evening bag, the kind that women use when dressing up for a very special night. Seeing this lovely bag brought to mind my own collection of evening bags that I have accumulated over the years for events that always seemed to take place in the month of June.

Proms, cotillions, graduation galas ... all required evening gowns and the essential evening bag, each made of an elegant fabric, be it silk, satin, or peau de soie, perhaps embellished with sequins or delicately beaded lace. Small in size, we carried only our most important items in them, such as a compact, lipstick and perhaps some change for the telephone.

### Jodi's Corner

As many of you know my husband is a veterinarian. So, over the years I've learned some interesting facts about animals, fish and insects that I wanted to share.

Did you know?

When cats are happy or pleased, they squeeze their eyes shut.

An elephant has four knees.

The shrimp's heart is in its head.

The longest flight of a chicken is about 13 seconds.

Cats can hear ultrasound.

Ants never sleep.

If you keep a goldfish in the dark room, it will eventually turn white.

Dogs and cats, like humans, are either right or left handed (paw).

Butterflies smell with their feet.

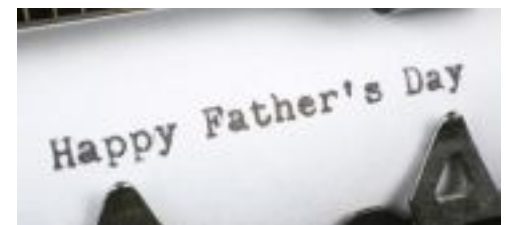
Cats are the most popular pets in the United States.



In retrospect, the most beautiful evening bag I ever carried in the month of June was the one I chose to go with my most important gown of all ... my bridal gown. The bag - as well as the groom - was a perfect match for me!

Judith Adamson

### Hats Off to Dad





## Kitchen Works



This precious penguin was hand-carved from an eggplant. Residents were enthralled with the process. Thanks so much for another masterpiece, Chef Al!

### Happy Birthday

To Our Residents:  
Dolores F..... June 4  
Tom G..... June 6  
Fran H..... June 7



### Word for the Month: Soak

During lazy, sultry days, many of us don't mind what Merriam-Webster's dictionary describes as "becoming saturated by" our favorite things.

Whether you spend your summer days "soaking" up the sun or "soaking" in the cooling waters of a pool, one thing is certain: summer's balmy weather and carefree days allow our thoughts to drift away and truly "soak" in some much-needed relaxation.

### Upcoming Marketing Events

Ramapo Manor Center for Rehabilitation and Nursing 30 Cragmere Road Suffern NY 10901 will be hosting a Health Fair on June 11 from 11 a.m. to 3 p.m. Stop in to gather information on the latest changes in health care.

Northern New Jersey Senior Care Network is hosting All About Alzheimer's on Thursday, June 16, at Dorothy B. Kraft Center, Paramus NJ 07652

The first presentation will be by Kerry C. Mills, MPA "Engaging Alzheimer's," and the next is by Elaine Winters "Walk to End Alzheimer's."



### New Project

Rev. Betty has introduced us to a great new project.

The program "Christmas at Sea" was begun in 1898 for the sole purpose of making the holidays a little warmer for mariners. A handmade (knitted or crocheted) scarf is included in each package of things difficult to come by when working long stretches on the water (lip balm, hand lotion, etc.).

The gifts are not only sent to international mariners working at sea, but are also distributed to mariners working on inland river waterways here in the United States.

We have completed seven scarfs, with four more underway and many more planned. Care to join us?

### Welcome New Residents!

John M. has arrived from Newburgh. He served in the US Army during World War II then spent many years as an upholsterer for West Point.

James P. comes to us from Central Islip. He served in the US Air Force during the War in Vietnam. After retiring he returned to school to become a school psychologist.

Regina D. of Dobbs Ferry is our "newest kid on the block." A homemaker, Regina is a mother of four.





## Lucy & Friends



### Get Out

June is Great Outdoors Month. Step outside and enjoy the view.



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