

THE PROMENADE

AT TUXEDO PLACE

May 2011

40 Hospital Rd • Tuxedo Park, NY 10987 • (845) 351-0000

Our Management Team

Jodi Gittelman

Executive Director

Marion Giordano

Marketing Director

Judith Adamson

Property Manager

Linda O'Donnell

Activity Director

Randall Davis

Food Service Director

Jackie Kestenbaum

Wellness Director

David Conrad

Maintenance Director

OUR MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care, to ensure our residents can lead the happy, healthy and productive lives they deserve. It is our desire to have your family and friends become members of our Promenade family.
www.PromenadeSenior.com

Jackie Kestenbaum

We are very happy to welcome Jackie as our new Wellness Nurse. She has been a nurse for 11 years and loves working with seniors. We have all had the pleasure of working with her for the last 3 months and are delighted that she wants to be part of the Promenade Team.



WE ARE LICENSED!

We are so excited to be able to continue to serve you as a licensed adult home. Our terrific, caring staff has agreed to stay and will continue to provide excellent care as a member of the Promenade family. We welcome any suggestions to help make this a loving home for you and your family. I am looking forward to seeing you at our summertime picnic and family nights. Please stop by and say hello when you are in the neighborhood.

Jodi



★ ★ ★ Memorial Day ★ ★ ★



Trivia Whiz

Happy May Day

May Day, May 1, is a festive occasion to mark the peak of spring, and many cultures celebrate with music and dancing. Here's a bouquet of facts about May Day:

Maypoles. The pole was thought to symbolize reverence for sacred trees. Maypoles typically were trees cut from the forest and stripped of their branches. Colorful ribbons were attached to the tops, and children would grab the streamers and dance in a circle.

May queens. In some European villages, a May queen was selected from among the young women of the community to preside over May Day festivities. May queens were crowned on flower-covered thrones and drawn through town in decorated carts.

NANCY'S POEM

As I sit and ponder,
My mind seems to wonder,
Why are we on this earth?
Wish I could fly so far above,
and search,
Some reasons are quite clear,
They are the things we hold
most dear.
Then again, the doubts appear
The struggles and the sorrows,
But, then come the tomorrows.
We soon forget the sad things
Remember all the glad things
Now I know for sure, reality is a cure.
I have made up my mind
If you search you will find
The things that are the best
Will make you happiest.
Now I feel content, the time that
I have spent,
To find the answer to my search is
I'm happy to be in this world!

Welcome New Residents

We are so happy to welcome:
Fran H. from Highland Mills, NY, and
Angela L. from Suffern, NY,
to our Promenade family.
It is such a pleasure to have you ladies.



Happy Birthday!

Many happy returns to resident
Marion Z.,
who celebrates a birthday on May 24.
Happy Birthday, Marion!

Upcoming Marketing Events

Sunday, May 1, 3 p.m. at Felix Festa Middle School, 30 Parrott Road, West Nyack, NY 10994 is hosting a Boomerfest. This is a one-stop shopping event for boomers who are helping their aging parents make big decisions as well as searching for resources to prepare for their own future.

Thursday, May 26, Senior Awareness Day, Rockland Community College, Suffern, NY, is being held beginning at 9 a.m. This provides a comprehensive and educational program for senior citizens.

And the Oscar Goes to ...

The first Academy Awards ceremony was held on May 16, 1929.

It's Time to Barbeque!

The origins of both the activity of barbeque and the word itself are hard to trace. Most historians believe that barbeque derives from the word *barabicu* found in Caribbean tribal language that migrated to Florida. The word translates as "sacred fire pit." It entered European languages in the form of *barbacoa*.

Traditional *barbacoa* involves digging a hole in the ground and placing meat (with a pot underneath it to catch the juices) in it. It is then covered in maguey leaves and coal and set alight.

The *Oxford English Dictionary* cites the first recorded use of the word in the English language in 1697 by the British Buccaneer William Dampier.



GARDENING



OUR MINI GREENHOUSE



Our seedlings are growing well and will be all ready to be planted on May 15.



Residents hard at work and loving it!





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