

# THE PROMENADE

## AT TUXEDO PLACE

August 2010

40 Hospital Rd • Tuxedo Park, NY 10987 • (845) 351-0000

### Our Management Team

**Jodi Gittelman**

*Executive Director*

**Mindy Quinn**

*Director of Community Relations*

**Judith Adamson**

*Property Manager*

**Linda O'Donnell**

*Activity Director*

**Randall Davis**

*Food Service Director*

**David Conrad**

*Maintenance Director*

### OUR MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to ensure our residents can lead the happy, healthy and productive lives they deserve. It is our desire to have your family and friends become members of our Promenade family.  
(845) 351-0000  
www.PromenadeSenior.com

### CONCERT SERIES

Saturday afternoons at The Promenade are fast becoming times our residents really look forward to.

Each resident is given an invitation at lunch announcing the performer, time and place of that day's concert.

So far, we've enjoyed Andre Rieu (both in London and at Radio City Music Hall), Dean Martin and Andrea Bocelli.

Soon to follow are Louie Armstrong, Frank Sinatra, Lawrence Welk, Cole Porter, Pavarotti and Artie Shaw.

We will vary the program to include classical, popular and some of our favorites from the big band era.

Any suggestions? What kind of music do you like?

So, right after Saturday social, pick a comfortable chair, sit back and enjoy!

### Please Welcome our New Promenade Team Member, Linda O'Donnell

It is my pleasure to introduce our new activity director, Linda O'Donnell. Linda is from Rockland County, has two daughters and has been with The Promenade family for over a year as the activity director in one of our other homes.

Linda came up one day and fell in love with the residents and community.

She always has a smile on her face, loves crafts, music and nature. We have already built two flower boxes and plan to create a beautiful garden selected by the residents.

Linda has been meeting personally with every resident in the home to find out what their particular interests are.

We are very excited about her coming to our home and wish her a warm welcome.

### RETIREMENT NEWS

Larry Lane has decided to retire. Larry has been with this home for the last four years. It is a testimonial to him on how beautiful this building is.

I know I speak for all of the staff and residents in wishing him good health and happiness in the next stage of his life.

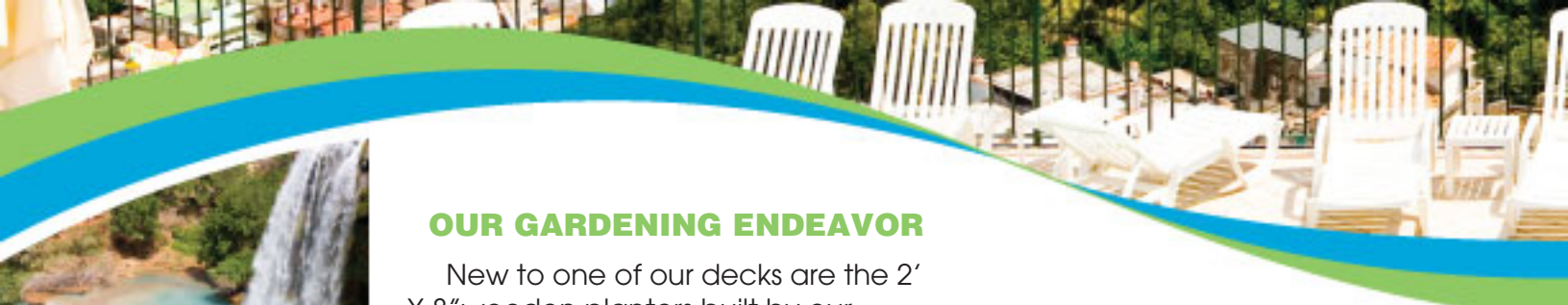
### JODI'S CORNER THOUGHT FOR THE DAY!

"To expect life to be tailored to our specifications is to invite frustrations."

Let's try to be easier on ourselves and others. You will be amazed on how wonderful your day will be.



**In Summer, the Song Sings Itself.**



## OUR GARDENING ENDEAVOR

New to one of our decks are the 2' X 8" wooden planters built by our maintenance staff.

Residents have planted each of the boxes.....one with annuals....the other with herbs. Our chef, Randy, is looking forward to incorporating our home grown herbs into our daily menus.

We will need "watchful eyes" who will keep track of our planters and help with the weeding and watering of our new plants.

So, when you come to visit be sure to ask your family member or friend to show you where the deck is with all the flowers and herbs.

Then we can share our pleasure in watching our gardens grow.



### August Celebrations!

#### Our Resident Birthdays:

3rd.....Marie P.  
18th..Margaret G.

#### Welcome, New Residents:

Josie W. was born in Brooklyn and joined us from

Washingtonville, NY.

Josie worked for many years for the Dept. of Social Services and loves entertaining people with her fabulous voice and piano talent.

Betsy. M. was born in

Chester and spent most of her life living

in Hillburn and Suffern,

NY. Betsy is very

active with the local senior clubs, has a

bubbly personality and enjoys socializing,

knitting, playing cards

and having dinner with friends.



### Hair Salon

#### Women's Services

Haircut (no style) \$14.

Shampoo/Set \$16.

Shampoo/Blow Dry \$16.

Perms \$65 and up.

Fashion Color

(single process) \$40 and up.

Frosting & Foils \$45 and up.

Temporary Rinse \$ 3.

#### Men's Services

Haircut \$12.

#### Nails and Waxing

Manicure \$13.

Pedicure \$25.

Waxing

Brow \$5.

Lip \$7.

Combo \$12.

Appointments available on Wednesdays.

### Sunshine Club

We are proud to announce that a Sunshine Club has been established here at The Promenade!

The purpose of this club is to send cards to any of our residents who are in the hospital or rehab.

Resident Sarah has offered to take on this responsibility. All greeting cards and postage will be provided by the Promenade.

Thank you so much, Sarah, for taking this on. It is so important that we let community members know we are thinking of them when they are away.





## COUNTRY STORE

Watch for the grand opening of our new country store!

Housed in our front lobby, we will begin carrying all personal sundries for your convenience. Now you don't have to panic when running out of toothpaste, soap, shampoo, denture cream, razors or shaving cream.

We are also considering having over-the-counter medicines such as antacids, first-aid creams and laxatives. Please discuss your feelings about our carrying these items with Tom.

One-stop shopping will be available thanks to our resident Tom G. graciously agreeing to spearhead this project. Assisting Tom will be resident Marilyn S.

Of course, we've had requests for snack items as well and will shop for specials on chocolate and hard candies, including sugar-free, as well as potato chips and pretzels.

Greeting cards will also be added to our selection shortly. Any other requests?

This is a nonprofit endeavor and all attempts will be made to keep the prices competitive.

Tom will have the store opened on Mondays- Fridays from 10 to 10:30 a.m. and again from 1:30 to 2 p.m.



# Community News

## BUS TRIPS

We've already begun our weekly outings on the community bus.

After visiting the local farmers' market, taking a scenic drive on Seven Lakes Drive, visiting a butterfly garden, shopping at Walmart and Target and lunching out at Sonny's Pizza, we are well on our way to more fun times!

The bus is equipped with a wheelchair ramp and anyone who can transfer themselves from their wheelchair to the regular bus seat is welcome to join us on these excursions ...

In addition to these weekly trips, we are hoping to arrange for our residents to visit the other Promenade communities on a monthly basis.

Wouldn't it be fun to share in activities with members of our other communities?



One of the fabulous desserts created by our chef, Randy!



## On the Move!

Team Promenade Senior Living is walking to help fight Alzheimer's disease. Residents, staff, families and friends, you are invited to join us Saturday, Oct. 2, at Thomas Bull Memorial Park in Montgomery, N.Y., to show your support for this cause.

It doesn't take much time, and you don't need to run out and "get into shape." Your efforts will make a big difference in the lives of those who have Alzheimer's disease, and those caring for them.

To find out how you can help, please call Mindy Quinn at 845-351-0000, ext. 203, or visit [www.alz.org](http://www.alz.org) and click on Memory Walk 2010.



**HAVE YOU WONDERED WHAT LIES BEHIND THE GATES OF TUXEDO PARK?**

**JOIN US, ALONG WITH PRESENTER CHRISTIAN SONNE,  
TOWN HISTORIAN FOR TUXEDO PARK.**

**WEDNESDAY, AUG. 25 AT 3:30**

**TUXEDO PARK: THE HISTORIC HOUSES**

**SEATING IS LIMITED, SO PLEASE CALL  
MINDY QUINN AT THE PROMENADE AT TUXEDO PLACE  
TO RESERVE A SEAT.**

The Promenade at Tuxedo Place  
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