

THE PROMENADE

AT TUXEDO PLACE

June 2010

40 Hospital Rd • Tuxedo Park, NY 10987 • (845) 351-0000

Our Management Team

Jodi Giffelman

Executive Director

Mindy Quinn

Director of Community Relations

Judith Adamson

Property Manager

Lisanne Mayo

Recreation Director

Randall Davis

Food Service Director

Larry Lane

Maintenance Director

OUR MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to ensure our residents can lead the happy, healthy and productive lives they deserve. It is our desire to have your family and friends become members of our Promenade family.
(845) 351-0000
www.PromenadeSenior.com

No Sew Blankets

The students from The Tuxedo Park School came to make "No Sew Blankets" with our residents. The blankets will be given to an orphanage in Bucharest. These blankets are made of soft fleece. A small square is cut out from the corners and a 2" cut is made all along the outside edge on all four sides. The fringe-like ends are then tied to each other, creating a very pretty border. They had a great time creating these warm blankets, which will be donated to a very worthy cause.



COMMUNITY PROGRAM



The Promenade at Tuxedo's local Senior Group, called the "Silver Dollars," joined together for an evening of Bingo! We had about 25 avid Bingo players with room for some more. The Silver Dollars enjoy a full schedule of events that any senior is invited to attend. These include: dinner theater, casino trips and going to Boothbay Harbor, Maine, in August. Some of our residents are already members. Feel free to check them out!

Contact Andy Berish at
(845) 351-2543



FATHER'S DAY ...

The Promenade at Tuxedo Place staff would like to wish all of the fathers a Happy Father's Day. Take some time to enjoy the day with your loved ones!

NEW WEBSITE

Please take the time to visit our new website:
www.PromenadeSenior.com.
If you are interested in having the monthly newsletter and/or calendar e-mailed to you, please contact Lisanne at Lisanne@PromenadeSenior.com.

A Father Is a Guy Who Has Snapshots in His Wallet Where His Money Used to Be!



EVENTS

June 8
"End of the Year"
Party with
Tuxedo Park
School Children
10 a.m.

June 14
U.S. Flag Day

June 16
Diabetes Seminar
2 p.m.

June 20
Father's Day

June 21
Summer Begins

June 30
Entertainment
Ron Romaine
3 p.m.



Amorous Attitude

"If a June night could talk, it would probably boast it invented romance."

—Bern Williams



VOLUNTEER "THANK YOU" SOCIAL

The week of April 18-24 was National Volunteer Week. That week was first celebrated in the U.S. in 1972 and sponsored by the National Volunteer Center. The national observance began in 1974 when President Nixon signed an executive order establishing the week as an annual celebration of volunteering. We celebrated on April 22 with a "Thank You" social for our volunteers.

A poem was read by the residents to our volunteers to express their gratitude. Each volunteer was given a certificate of appreciation.

HAPPY BIRTHDAY!

JUNE BABIES:

Dolores 6/4

Tom 6/6

Staff:
Mindy 6/29



Family Karaoke Night

The lounge turned into Les Promenade just for one night! Tablecloths draped over the tables and flickering tea lights gave just the right amount of ambiance to a night of fun with Family Karaoke. A full schedule was planned with our families rounding out the evening with their own performances. Special numbers were also performed by some of our staff. Loud singing and hand clapping could be heard throughout the home. Everyone had a great time and they are looking forward to the next Family Karaoke Night.

They can't wait to select a new song! Refreshments were served, and everyone went off to their rooms singing a happy tune ... What a great night!



Marie V., Emma S.



Marie V., Anne D., Emma S. and Family

JODI'S CORNER

June is named for the Roman goddess Juno, wife of Jupiter. Historically, some married in the month of June to honor Juno, the goddess of marriage. Brides in the 15th century chose to marry in June because it coincided with their "annual bath"—you read right—thus ensuring a relatively sweet-smelling honeymoon. Centuries later, June has remained the most popular month to wed. In MGM's 1954 Academy Award-winning musical *Seven Brides for Seven Brothers*, the song "June Bride" trills: "Oh, they say when you marry in June, you're a bride all your life."

Let's examine the following celebrity June brides to see if that old adage holds true in this new millennium.

June 11, 2002—**Heather Mills** and Paul McCartney. You know how this one turned out: After lavishing millions on a wedding and neglecting to sign a prenup (gulp), the divorce was final on March 17, 2008, and the United Kingdom could once again breathe a sigh of relief.

June 25, 2004—**Nicole Kidman** and Keith Urban. When her marriage to Tom Cruise dissolved in 2001, Kidman opined that she was still able to "believe in love" and declared that she was "open to anything that will happen." Proving it wasn't merely lip service, Kidman met and married country crooner Keith in a private ceremony in Australia.

The truth is, the month you choose to wed has less to do with the probability of success of marriage than those other crucial requirements: compatibility, dedication and shared values. ... Unless, of course, you only take one bath a year.

P.S. I was married June 14, Flag Day, to my wonderful husband. We are celebrating 25 years and two beautiful children.



DID YOU KNOW ...

The First Sign of Cheese

Most authorities consider that cheese was first made in the Middle East. The earliest type was a form of sour milk which came into being when it was discovered that domesticated animals could be milked. A legendary story has it that cheese was "discovered" by an unknown Arab nomad. He is said to have filled his saddlebag with milk to sustain him on a journey across the desert by horse. After several hours of riding, he stopped to quench his thirst, only to find that the milk had separated into a pale, watery liquid and solid white particles. Because the saddlebag, which was made from the stomach of a young animal, contained a coagulating enzyme known as rennin, the milk had effectively separated into curds and whey by the combination of the rennin, the hot sun and galloping motions of the horse. The nomad, unconcerned with technical details, found the whey drinkable and the curds edible.

Now you know! ~ Randy



Bright Spots

Here comes the sun!

While the summer may call you to spend more time outdoors, we hope you remember to put on sunscreen before heading out. Several medications, such as antihistamines, antidepressants or antibiotics, may increase your sensitivity to the sun. You may sunburn more easily or you may become more susceptible to sunstroke. Talk to your doctor about whether any of the drugs you are taking make you more sensitive to the sun or its heat. You may need to put on a hat in addition to your sunscreen. In the meantime, make sure you take all the normal precautions and have a great time while you get a little extra vitamin D.



THE PROMENADE

AT TUXEDO PLACE

Presentation on Diabetes Awareness

Date: Wednesday, June 16, 2010
Time: 2:00 pm
Speaker: Theresa Ann Pietrantonio, RN
Location: The Promenade at Tuxedo Place
40 Hospital Road, Tuxedo, NY 10987
RSVP to: Mindy Quinn, Director of Community Relations at 351-0000 Ext 203

This presentation is sponsored by the Healthcare Speakers' Bureau of the
Bon Secours Charity Health System

Refreshments and community tours will be available.

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