



THE PROMENADE

AT TUXEDO PLACE

November 2010

40 Hospital Rd • Tuxedo Park, NY 10987 • (845) 351-0000

Our Management Team

Jodi Gittelman

Executive Director

Mindy Quinn

Director of Community Relations

Judith Adamson

Property Manager

Linda O'Donnell

Activity Director

Randall Davis

Food Service Director

David Conrad

Maintenance Director

OUR MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to ensure our residents can lead the happy, healthy and productive lives they deserve. It is our desire to have your family and friends become members of our Promenade family.
(845) 351-0000
www.PromenadeSenior.com



NOVEMBER 2

What a day we have in store! Our veterans have been invited to a Veteran's Recognition Breakfast at the Dellwood Country Club from 9 to 11 a.m. This is an exceptional event that is hosted yearly by the United Hospice of Rockland to "honor (our veterans') bravery, service and sacrifice". Then at 2 p.m. all residents are invited to a live African drumming program at the Tuxedo Park Library. Presented by Maxwell Kofi Donkor, who will give the history of African drumming, demonstrate and allow audience participation in drumming and singing African songs.

Jodi's Pumpkin Facts

- **A pumpkin is really a squash**, part of the Cucurbita family.
- **Pumpkins are grown all over the world.** Six of the seven continents can grow pumpkins. Antarctica is the only continent where they won't grow.
- **The "pumpkin capital" of the world is Morton, Illinois.** This self-proclaimed pumpkin capital is the home of the Libby corporation's pumpkin industry.
- **The Irish brought the tradition of pumpkin carving to America.** It originally started with the carving of turnips. When the Irish came to the U.S., they found pumpkins aplenty and easier to carve.
- **The largest pumpkin weighed 1,140 lbs.**



WISHING EVERYONE A HAPPY AND HEALTHY THANKSGIVING!



Trivia Whiz

Staying Afloat

The annual Macy's Thanksgiving Day Parade still boasts the biggest stage in New York City even after going off Broadway. The 84th annual parade on Nov. 25 begins its second year on a new route. The parade that starts at Central Park West now marches down Seventh Avenue. Until 2009, the parade used Broadway as its main route.

Act I. The first parade in November 1924 was called the Christmas Parade and included animals such as camels and elephants.

Taking one for the team. There was no parade from 1942 to 1944 because of World War II, but 650 pounds of rubber usually used to make balloons was donated to the war effort.

The cat's meow. Felix the Cat was the first parade balloon in 1927.

Thanksgiving Celebration

Our chef, Randy, is taking on a pre-Thanksgiving meal with the original peasant fare such as cornbread, dried fruits and fresh baked ham. A reading of the history of Thanksgiving as well as the symbolism of each of the dishes served during this more old-time feast will be part of our revisiting the holiday as it was once celebrated.

Of course, a traditional Thanksgiving feast will be served on Thursday, Nov. 25, and will include roasted turkey with giblet gravy, chestnut/tarragon stuffing, cranberry sauce, corn and pumpkin pie!



What Fun We Had!

On Monday, Oct. 4, residents from our sister communities, The Esplanade at Chestnut Ridge and the Promenade at Blue Hill, came to spend the afternoon with us.

Our activity leader, Randy, ran a really fun Jeopardy program, which was followed by a wine and cheese party and then live entertainment with Dave and Mike.

Dave was on the drums and Mike on our baby grand piano. Doowop was the genre of entertainment and our residents and 14 visitors were just thrilled with this show. So much so that resident Al V. and volunteer Loretta just had to kick up their heels.

Happy Birthday!

Resident Marie V. will be celebrating her birthday on Nov. 21!

After running a program where each resident discovered which day of the week they were born on... we know that Marie was born on a Monday.

Happy birthday, Marie!



Thought for the Day

"I have always been delighted at the prospect of a new day, a fresh try, one more start, with perhaps a bit of magic waiting somewhere behind the morning."

J.B. Priestley



On Nov. 11 ...

Be sure to thank a veteran.

Employee Spotlight



Wit & Wisdom

"Turkey, unlike chicken, has very elegant characteristics. It has more of a cachet than chicken. Turkey is a delicacy, so it should be presented in such a way."
—Todd English

—Todd English

"What we're really talking about is a wonderful day set aside on the fourth Thursday of November when no one diets. I mean, why else would they call it Thanksgiving?"
—Erma Bombeck

—Erma Bombeck

"A boy doesn't have to go to war to be a hero; he can say he doesn't like pie when he sees there isn't enough to go around."
—E.W. Howe

—E.W. Howe

"Vegetables are a must on a diet. I suggest carrot cake, zucchini bread and pumpkin pie."
—Jim Davis

—Jim Davis



MIA RAMSEY

The Activity Department is pleased to celebrate the hard work and dedication of Mia Ramsey.

Our Activity Director, Linda, is so happy with what Mia has brought to the department not only on Mondays during the summer, but also now as part of every Sunday afternoon throughout the year. Whether it be her very popular meditation program, massage or the meaning of color Mia has reached our residents as only she can do with her multiple talents and gifts.

Mia, you are a true gem!



FLAMING FRUIT DESSERT

Residents enjoyed a special social when their dessert was set aflame.

Not only was it an impressive presentation, but it also tasted amazingly good.

Recipe for Flaming Fruit Dessert

1-16 oz. can of sliced peaches
(drained)

1-16 oz. can of dark sweet cherries
(drained)

1- 11 oz. can of Mandarin oranges
(drained)

1 teaspoon of vanilla

1 teaspoon of almond extract

2 tablespoons of butter or margarine

Mix all together and place in a corningware type bowl.

On the side, soak sugar cubes in lemon extract for about 10 minutes. Place the sugar cubes on top of the fruit mixture and ignite.



Caregiving Through the Holidays

A program presented by Donna Davies, Care Consultant for the Alzheimer's Association to help caregivers cope with the challenges that can accompany the holiday season

Tuesday, November 16, 2010, 6:00-7:00 p.m.

Promenade at Tuxedo Place Billiard's Room

Register by calling the Alzheimer's Association at (845) 695-2247

Light refreshments will be served



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