



THE PROMENADE

AT TUXEDO PLACE

October 2010

40 Hospital Rd • Tuxedo Park, NY 10987 • (845) 351-0000

Our Management Team

Jodi Gittelman

Executive Director

Mindy Quinn

Director of Community Relations

Judith Adamson

Property Manager

Linda O'Donnell

Activity Director

Randall Davis

Food Service Director

David Conrad

Maintenance Director

OUR MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to ensure our residents can lead

the happy, healthy and productive lives they deserve.

It is our desire to have your family and friends become members of our Promenade family.

(845) 351-0000

www.PromenadeSenior.com

INTERGENERATIONAL PROGRAM

We are so pleased to announce that we will again be offering an intergenerational program. Colleen M. Schilly's 3rd-grade class from Tuxedo Park School will be visiting our residents on a monthly basis, beginning in October.

The plan is to foster relationships and allow both students and residents to work with one another on community service projects for our local and global communities.

Residents will once again be able to look forward to these always delightful visits.



JODI'S CORNER

The Promenade at Tuxedo Place would like to extend a warm welcome to St. Francis Home Care. I especially want to thank all of the wonderful and caring care managers who are now working with our residents.

It is also my pleasure to introduce Grace Berk. Grace is the new Wellness Director who will be overseeing the care in the home. She has been a nurse for over 30 years and is delighted to join the Promenade team.

On another note, we celebrated National Assisted Living Week during the month of September. Our residents have been graciously telling their life stories and what beautiful and full lives they have. Thank you for sharing with each other.

Give Someone a Big Grin

Oct. 1 is World Smile Day.

AUTUMN

Youth is like spring—an over-praised season more remarkable for biting winds than genial breezes. Autumn is the mellower season, and what we lose in flowers, we more than gain in fruits.

—Samuel Butler





Trivia Whiz

A Monster Hit

The Frankenstein monster is known by many as big, bad and green. However, the literary character's skin was actually yellowish. In any case, this oversized fictional figure has gripped imaginations for decades.

British author Mary Shelley, challenged to write a ghost tale, breathed life into Frankenstein's monster with her 1818 novel.

In his book "In Search of Frankenstein," Radu Florescu deduced that Shelley's inspiration for the title of her tale can be credited to Burg Frankenstein, a German castle.

In 1931, Universal Studios brought Frankenstein to the big screen, and its success helped launch the horror movie genre.

OCTOBER

For many of us, the month of October brings fond memories of carefree, childhood days. The new school year was well under way, but 3 p.m. dismissal left enough time to enjoy the long days before daylight saving time disappeared at month's end. Remembering those October days is a nostalgic delight to all of our senses ... golden afternoons under vivid tree canopies of red, orange and yellow; listening to the crunch while riding a bike through fallen leaves; the aroma of fireplace smoke, wafting out the chimneys; the sweet taste of fresh apple cider; the smooth touch of a pumpkin destined to be our Halloween jack-o'-lantern.

These are memories we cherish today ... and though the faces and places of our lives may have changed, the beauty of October will always be with us.

By Judith Adamson

Something New

We welcome Cameron Buettner as a volunteer. Cameron has the idea of sharing his talent for the Internet and all things technological.

He will introduce the Internet to our residents and even take photos of the residents and assist them in sending these photos to their families.

Cameron plans on playing on-line games and doing research on whatever topics are of interest.

We ask that any resident family and friends who wish to share their e-mail address and/or Facebook page, for the sole purpose of staying in touch with your loved one, get this information to Linda in the Activities Department.

RANDY ACCARDI



The Activities Department is thrilled to have Randy Accardi join us as an Activity Leader on Monday. Randy, who once was a Director of Activities, has a wonderful way with the residents and he is sure to liven things up every week—in addition to his performing monthly as our very own song and dance man.

Randy, welcome aboard!

Community News

Welcome, new resident Inez L. from Tuxedo Park, New York. Inez has lived in the Park for more than 50 years and was the president of the Auxiliary for the Tuxedo Hospital. We are delighted that Inez has joined our community.

Happy Birthday, resident Seraphina A., on the 12th!





THERE'S A NEW MENU IN TOWN ...

By now you've all experienced the new menu. The focus is on making the main entrée very special, as well as upgrading salads, soups, sides, etc. As time progresses, we will use more fresh items, which will translate into even better taste.

We have all been working hard to incorporate everyone's favorites; but, if you haven't seen yours, you will have a chance to add yours to a future menu. Randy will be supplying us with a list of main courses in a questionnaire. Activities will set aside a special time to fill out each individual resident preference by checking off their favorites. Dining Services will then do their best to accommodate the greatest majority.

Bon Appétit!



Halloween Party



Plans are well under way for our Halloween Party. Our brainstorming sessions have been so much fun, as well as hunting down the loads of decorations we have on hand.

Residents will make their own Halloween costumes, craft decorations, fill goodie bags and join in making the snacks that will be served at the party.

We are inviting two local senior clubs to come join in the fun.

We are looking to hire an entertainer who will be able to work both our lounge and billiards room ... providing amusement to the residents and friends while allowing everyone to socialize.

Idea anyone?? Offers to help with our projects???



Applesauce

Oh, what fun we had making applesauce from scratch. Peeling and coring one afternoon and then mashing the warm apples into sauce.

Not only did we enjoy at the day's social, but also as a great accompaniment to an evening meal of roast pork.

10 pounds of apples sure went a long way.





Halloween Fun at The Promenade at Tuxedo Place

Saturday, October 30
2:00-4:30pm

Join us for spook-tacular refreshments and entertainment.

Prize for best costume.



Please RSVP to Linda O'Donnell

845-351-0000 Ext. 211



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