



# PROMENADE AT CHESTNUT RIDGE

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606  
www.PromenadeSenior.com

April 2018

## Our Management Team at Promenade Chestnut Ridge

Executive Dir. .... Gail Spencer  
Marketing ..... Debbie Corwin  
Wellness RN ..... Michelle Hoke  
Res Care ..... Deloris Ritchie LPN  
Case Mg ..... Marcia Saunders  
Maintenance ..... Benji Magboo  
Food Service ..... Michael Logan  
Life Enrichment ..... Nilly Landa  
Office Mgr. .... Cynthia Hastings



## WELCOME HOME, MICHELLE!!!



Promenade at Chestnut Ridge warmly welcomes back

**Michelle Hoke**  
**Director of Wellness**  
**Promenade at Chestnut Ridge**

It is with tremendous joy that we welcome Michelle back to Chestnut Ridge. Michelle began her Promenade career as Wellness Director here, had the same role at our sister community in Tuxedo, and now she's back!

*"It is with great pleasure that I return to Chestnut Ridge as Director of Wellness. The Promenade Family is home and home is where the heart is. I look forward to being reunited with the residents and their families as well as the TEAM of caring staff that make Promenade Chestnut Ridge so special."*



Resident Mae, (Michelle's mother), Michelle and Michelle's sister, Donna.

## VISIT US ONLINE!

To view our activities calendar online or for more information about Promenade Senior Living communities, please visit:

**www.PromenadeSenior.com**

If you'd like to receive our calendars by mail, please call Debbie Corwin at (845) 620-0606.



## PROMENADE FRIENDS AND FAMILY SUPPORT GROUP

The next meeting of our Support Group facilitated by our on-site social worker,

Judy Tamaroff, will be on

**Thursday, April 12, at 7:30 p.m.**  
This group is open to the greater community. For more information or to RSVP, call (845) 620-0606.



## Dedication



## All In The Family!



## Celebrating Over 15 Years of Service



Pictured above from l to r: Karin Greenberg, Wellness and Cynthia Hastings, Office Manager

If you've been reading our newsletters for the past few months, you may have noticed a common thread: the longevity of Promenade at Chestnut Ridge staff.

There are two amazing women who truly exemplify the warmth, caring, and overall family-feel of our community. They are not only coworkers, but they've become very close friends.

Karin Greenberg and Cynthia Hastings have been working here for more than 15 years. They have assisted hundreds of residents (including Karin's own mother and Cynthia's mother-in-law), as well as friends and family of residents in need of support and guidance.

Promenade just wouldn't be the same without you!!



Home Health Aide, Lymena Pierre, enjoyed a surprise potluck lunch with delicious food prepared by her coworkers.

We wish Lymena a happy, joyful, relaxing and well-deserved retirement! Thank you 15 years of providing care for our residents!

Most importantly, no one was alone.  
We were all here TOGETHER.

### **Aging Americans Will Outnumber Kids by 2035**

You may be noticing that there seem to be many Assisted Living Facilities popping up in the area. Why this sudden saturation? Well, there's really no mystery. The following was just published in The Bloomberg Report on March 14, 2018:

*"The U.S. Census Bureau forecasts that the older American adult population will exceed children by nearly 2 million in 2035, growing almost 5 million to 78 million by 2035, reports Bloomberg. This means members of the baby boom generation, whose average age is 65 and over, will outnumber younger generations for the first time. Children's growth rate is expected to be slower. This transition is in the developing stages for the United States, while the trend is already well underway in other countries, particularly Japan and some European nations."*

So... the overwhelming task of looking for a community that best meets the needs of you or your loved one is now even more overwhelming with so many places to explore. Here's some simple advice: Stay calm!

- Start off by making phone calls and getting rate information, as the first thing you'll need to know is whether or not the facility is affordable. If finances are a concern, ask about whether Medicaid is an option.
- If you get a good feel from your initial conversation, then schedule a time to go visit so you can get a more accurate feel for the place.

If you'd like more info about Promenade at Chestnut Ridge or would like to schedule a visit, please give us a call.



## Celebrate!



# Happy Birthday

### **Happy Birthday**

to our residents:

Ann D. - April 6th  
Ruth H. - April 7th  
Lillian G. - April 10th  
Shirley S. - April 10th  
Diana C. - April 13th  
Lenora S. - April 20th  
Jennie S. - April 26th  
Sheila D. - April 26th

and to our staff:

Cynthia H. - April 1st  
Mo H. - April 2nd  
Courtney S. April 2nd  
Priscilla B. - April 10th  
Jodi G. - April 18th  
Irma S. - April 27th  
David P. - April 27th

## Welcome

We warmly welcome:

George W.  
Florence T.  
Florence M.

We're so glad you  
joined our family!



Clowning Around with RSVP

### **Last Month's Blizzard**

Residents were warm and cozy in their comfy apartments and their families were able to sleep easy knowing their loved ones were safe during last month's huge blizzard. Activities continued throughout the day as always, (including a great hour of staff and resident Karaoke!) as did our meal service-- including three meals served in our dining room, snacks served in our parlor, and our evening movie shown on our big screen with surround sound.

We always make sure we are fully staffed no matter what the driving conditions are. We are pro-active and provide accommodations for our staff to comfortably stay overnight and not run the risk of not being able to report to work when they are scheduled to be here for our residents. Many Home Health Aides, Med Techs and Directors (including Dir. of Housekeeping/ Maintenance, Dir. of Activities, Dir. of Food/Beverage, Dir. of Wellness(RN), Dir. of Community Relations and our Executive Director) stayed over many nights.



Staff had a ball at the Surprise Retirement Party for Home Health Aide, Lymena Pierre! Coworkers prepared delicious food for the potluck lunch. We thank Lymena for her 15 years of service at Promenade and wish her a relaxing retirement. She earned it! (See more pictures inside.)

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