



PROMENADE AT MIDDLETOWN

70 Fulton Street • Middletown, NY 10940 • (845) 341-1888
www.PromenadeSenior.com

May 2018



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Celebrate Older Americans Month

May is Older Americans Month. This year, the theme is "Engage at Every Age," highlighting the belief that you are never too old to try something new!

Keeping your mind, body and spirit active helps promote longevity and it's fun, too!



May Birthdays

Darlene D.	7
Shirley V.	14
Maryann H.	25
Pearl W.	28
Geraldine L.	29
Werner R.	30



Top 5 Mother's Day Films

- **Mamma Mia:** Meryl Streep in an adaptation of the hit Broadway musical
- **Stepmom:** Julia Roberts and Susan Sarandon in a tear-jerking look at blended families
- **The Blind Side:** Sandra Bullock in the true story of a foster son who gets to the NFL
- **Steel Magnolias:** Sally Field and Dolly Parton head an all-star cast about a Southern beauty shop
- **Mother's Day:** Jennifer Aniston stars in a look at three generations of a family



Did You Know...

- That May is Strawberry Month and Chocolate Custard Month?
- That the month is named after Maia, the Greek goddess of fertility?
- That May's birthstone, the emerald, signifies love and success?

Cinco de Mayo!

Cinco de Mayo, or May 5, celebrates the victory of the Mexican army over the French in the Battle of Puebla in 1868.

The day is celebrated with parades, carnivals, street fairs and fireworks. People also dress up in traditional Mexican clothing.

Happy Mother's Day From All of Us at the Promenade at Middletown!



News!



Wedding Bells for Cassie!

What a vacation for Activities Assistant Cassie B!

During a recent trip to Colorado, while she was sitting in a photo booth, her boyfriend Nick surprised her with a proposal and a ring!

Wedding bells for the happy couple are a few years off, but let's wish Cassie and Nick all the luck and love in the world!



How Did the Cookie Crumble?

Who makes the ultimate chocolate chip cookie? We decided to hold a contest to see who bakes the absolute best!



Check out our scrumptious selections!

Entries ranged from a classic Tollhouse recipe, a mint chocolate chip, a chocolate chip butter cookie coated in powdered sugar, and a "crack cookie" made with saltines, melted chocolate chips and toffee.



Look at the selection! There was only one caveat: chocolate chips must be used in the entry! This left the door open for all sorts of creative goodies.



Dottie W., Jean S., and Carole S. enjoy the sweet life.



Lilly L. and Theresa S. decide which is best.

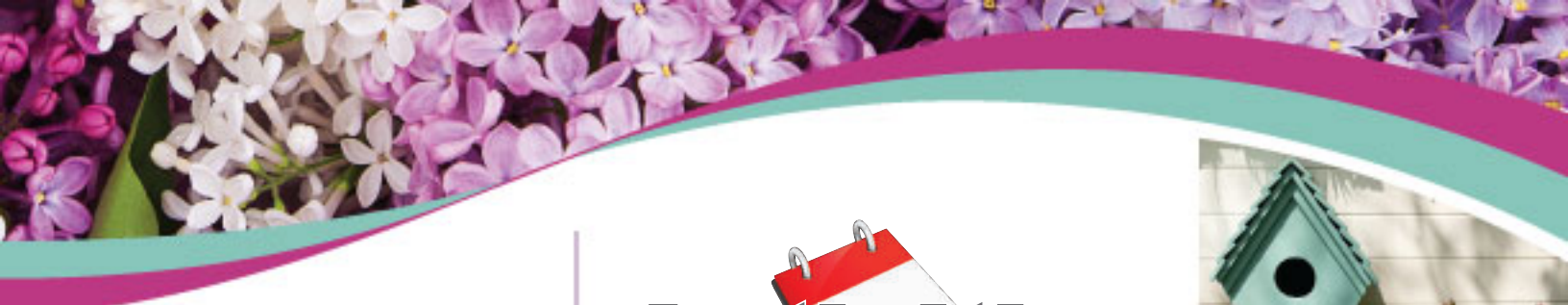


Judging was intense.

Our contest participants were: Karen T., Patricia T., Ilisa L., Madison E., John E., Jenn R., and Steven D.



And the votes are in! Madison E's mint chocolate chip cookies were voted #1! John E's soft chocolate chip cookies placed a close second, and Karen T's butter cookies with chips placed third. Thanks to all those bakers out there!



Employee of the Month



Aisha and Alivia!

Med Tech Mainstay

Our May Employee of the Month, Aisha Santiago, knows what it's like to juggle many different roles.

Aisha has been with Promenade since January 2012. She started here as a home health aide and has since worked her way up to becoming a med tech.

When she's not at work, Aisha cares for her gorgeous 3-year-old daughter. Later this year, she's going to add another layer to her life as she plans to start nursing school in the fall!

Activities

May Highlights

- 1 Trip out for Pizza
- 2 Cocktail Party
- 4 Trip to Westchester Theatre
- 9 Trip to Dollar Tree
- 11 Come Sail Away Brunch!
- 12 Saturday Social
- 15 Trip To Rita's Ices
- 16 Cocktail Party
- 17 Trip out for Breakfast
- 22 Trip to Dollar Tree
- 23 Cocktail Party
- 24 Trip to lunch at Dairy Queen
- 28 Memorial Day Social
- 29 Trip out for Ice Cream
- 30 May Birthday Party
- 31 Trip out for Breakfast



Logic Problem

Betty, Gloria and Eddie went to the counter to pick up their food orders: a cheeseburger, a plate of fries, and a slice of pizza. "Who ordered what?" the man behind the counter asked.

Gloria said, "I didn't order the pizza."
"Oh, I thought you did," said the girl who ordered the fries.

After hearing this, the man handed out the correct orders. What did each person eat?



Looking Back




Dancing the night away!



Almost summertime!



Chopstick challenge!

 find us on facebook!



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