PROMENADE
AT CHESTNUT RIDGE

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.PromenadeSenior.com

May 2018

Honoring Nurses

The important role of nurses in health care is recognized during National Nurses Week, beginning May 6. The annual celebration ends May 12, the birthday of Florence Nightingale, founder of the modern nursing profession.

We want to join this celebration by recognizing our Wellness Team:

Michelle Hoke, RN, Director of Wellness;
Deloris Ritchie, LPN Resident Care Coordinator;
Marcia Saunders, Case Manager.

Our wellness team works with many other nursing professionals in your doctors' offices, visiting home care agencies, rehabilitation centers, hospitals and even our own residents who are nurses. We don't want to leave anyone out, so we will wish **ALL NURSES** a very special day. The work you do is so important to the Assisted Living Industry as well as to all our Promenade Senior Living Communities.

NURSES
INSPIRE
INNOVATE
INFLUENCE
NATIONAL NURSES WEEK 2018
AMERICAN NURSES ASSOCIATION

ROYAL WEDDING WATCH

The time is upon us: Prince Harry and Meghan Markle are about to make it official with the wedding of the year. PBS is ramping up for this global event with *Royal Wedding Watch*, a five-part nightly series starting May 14, which will culminate in the live broadcast of the wedding of the prince and the actress on May 19.

Our residents will be keeping up with the Royals and are excited to watch the wedding. We may have to get up early to watch, but it will be worth it. Congratulations to the happy couple!

Happy Mother's Day !

May 2018

CALENDAR KEY

AR ..... Activity Room
AR2 .... 2nd Fl. Act. Room
PA ..... Parlor
LIB ..... Library
TV ..... TV Room
C ..... Courtyard
PD ..... Pvt Dining Room
Bus ..... Bus
L ..... Lobby
DR ..... Dining Room

Volunteers

Edith A. Bogert School
Church Presentation
Jill Issacs, Ombudsman

Resident Volunteers

Sidney G., President
Roberta B., Linda B.,
Sundries Shop
Volunteer Shopper
Lynn P.
Mary K. Resident Editor
Shirley M., Welcome
Committee

Activity Department

Director

Nilly Landa

Leaders

Cheryl Beson
Tamar Brutus
Rose Buskin

Sundries Shop

Open Tuesdays and Thursdays at 9:30am in the Activities Room (AR)

Shower & Bath Supplies
Toiletries, Candy
Cards & Stamps

Sunday	Monday	Tuesday
		May Day/Laughter Day 1 Leaders- Tamar & Nilly 9:30 PA **Dance Around the Maypole** 10:15 PA **Make Em Laugh** 10:45 AR **Mother's Day Corsages** 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Let's Make A Maypole 3:30 PA **Curious George** 6:15 AR Front Row Seats
6 Leaders- Rose & Nilly 10:00 AR Communion Service 10:30 PA Down Memory Lane 11:00 PA Sunday Stretch 11:30 PA **Run For the Roses** 1:30 AR Bingo Bonanza 1:30 PA Friendly Get-Together 3:00 PA **Mint Julep Social** 3:30 PA **Off to the Races** 6:15 AR Showtime Sunday	7 Leaders- Nilly 9:30 PA Forever Fit 10:15 PA Daily Chronicles 10:30 AR **The Stitching Circle** 11:00 PA Stories Out of The Box 1:30 LIB Scrabble/AR Bingo 1:30 PA Crafters Circle 3:30 PA **Move to the Beat w/Rafael** 6:30 PA **The Lakeside Choraliers Performance**	**Senior Citizen Day** 8 Leaders- Tamar & Nilly 9:30 PA Tone-Up Time 10:15 PA Daily Chronicles 10:45 AR **The Artist Studio** 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Nilly's Knickknacks 3:00 PA **Nurses Day Social** 3:30 PA **Volley Ball Fun w/George** 6:15 AR A Timeless Classic
Mother's Day 13 Leaders- Rose 10:00 AR Communion Service 10:30 PA **A Tribute to Mom** 11:00 PA Sunday Stretch 11:30 PA **Famous Mother's** 1:30 AR Bingo Bonanza 1:30 PA Just Among Friends 3:30 PA **Mother's Day Social w/Stephanie Romm** 6:15 AR **Mom's Choice**	14 Leaders-Nilly 9:30 PA Stretch & Tone 10:15 PA Daily Chronicles 10:30 AR **Yarn Works** 11:00 PA The Trouble Shooters 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Game Time 3:30 PA **Disco Fever w/Rafael** 6:15 AR Monday Night Movie	**Senior Citizen Day** 15 Leaders- Tamar 9:30 PA **Senior Fitness** 10:15 PA **Seniors Are Great** 10:45 AR **Expressions of Art** 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Soothing Moments 3:30 PA **Put on Your Thinking Caps w/George** 6:15 AR On the Big Screen
20 Leaders-Nilly 10:00 AR Communion Service 10:30 PA Those Were the Days 11:00 PA Sunday Stretch 11:30 PA You Heard It First 1:30 AR Bingo Bonanza 1:30 PA Getting to Know You 3:30 PA World Geo Bee Challenge 6:15 AR Hollywood's Best	21 Leaders- Nilly 9:30 PA Forever Fit 10:15 PA Daily Chronicles 10:30 AR **The Knitting Nook** 1:30 LIB Scrabble/AR Bingo 1:30 PA Hands on Fun 3:00 PA **Dolly Madison Ice Cream Social** 3:30 PA **Music In Motion w/Rafael** 6:15 AR Resident's Choice	22 Leaders- Tamar & Nilly 9:30 PA **Fun & Games w/Bogert School** 10:15 PA Daily Chronicles 10:45 AR **Watercolor Wonder** 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA The Crafty Crew 3:30 PA **Senior PGA** 6:15 AR Show Stoppers
Senior Health Day 27 Leaders- Rose & Nilly 10:00 AR Communion Service 10:30 PA Sentimental Journey 11:00 PA **Exercise for Your Health** 11:30 PA **A Healthy Life-Style** 1:30 AR Bingo Bonanza 1:30 PA Circle of Friends 3:30 PA Give It a Whirl - Trivia 6:15 AR Sunday's Best	**Memorial Day** 28 Leaders- Nilly 9:30 PA **Patriotic Stretch** 10:15 PA **Patriotic Tunes** 11:00 PA **Our War Heroes** 12:00 DR **Holiday BBQ** 1:30 LIB Scrabble/AR Bingo 3:00 PA **Moment to Remember** 3:30 PA **Memorial Day Tribute w/Rick Sallucci** 6:15 AR **Patriotic Movie**	29 Leaders- Tamar & Nilly 9:30 PA **Let's Have Fun w/ Bogert School** 10:15 PA Daily Chronicles 11:00 PA Family Feud 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Crafts & Keepsakes 3:00 PA **Soda Fountain Treats Social** 3:30 PA **Lotsa Fun w/ George** 6:15 AR Movie Madness

Wednesday	Thursday	Friday	Saturday
2 Leaders- Nilly 9:30 PA Fit for Life 10:00 AR **Mother's Day Card Making** 10:00 TV PBS Presents 11:30 BUS: **The Lunch Bunch** 1:30 AR Bingo 3:30 BUS: **Hop on the Bus** 3:30 PA Outdoor Fun 4:00 AR Eucharist Meditation 6:15 AR Netflix Top Ten Movie	**AVI** **3** Leaders- Tamar & Nilly 9:30 PA The Fitness Club 10:15 PA Daily Chronicles 10:45 PA **Fiesta Crafting - Piñatas** 12:00 PA **Newcomers Lunch** 1:30 PA Resident Council 2:15 AR Lost and Found 3:30 AR **Bingo** 3:30 L Afternoon Stroll 6:15 AR Reel to Reel	**4** Leader: Tamar 9:30 PA Fit for Life 10:15 PA Daily Chronicles 10:15 AR **The Beadery** 11:00 PA The Word Vault 1:30 AR B-I-N-G-O 1:30 PA Friday Fun 3:30 PA **Table Top Games** 3:30 AR **Shabbat w/Rabbi Friedman** 6:15 AR Best of Hollywood	**Cinco De Mayo/Kentucky Derby** **5** Leaders- Tamar 9:30 PA **Mexican Hat Dance** 10:15 PA Daily Chronicles 11:00 PA **Travels - Mexico** 1:30 LIB Scrabble/AR Bingo 2:30 PA **Fiesta Celebration Social** 3:30 PA **Mrs. Swensen's Students Perform** 6:15 AR Weekend's Best
9 Leaders- Nilly 9:30 PA Stretch & Flex 10:15 AR Daily Chronicles 11:00 PA The Town Crier 1:30 BUS: **Local Shopping** 1:30 AR Bingo 3:15 PA **Sing Your Heart Out Karaoke** 4:00 AR Eucharist Meditation 6:15 AR It's Showtime	**10** Leaders- Tamar & Nilly 9:30 PA Stretch-R-Cise 10:15 PA Daily Chronicles 10:45 AR **The Garden Club** 12:00 AR **Birthday Lunch** 1:30 LIB Scrabble/AR Bingo 1:30 PA Fantastic Fun w/Tamar 3:30 PA **Birthday Wishes w/Chris** 6:15 AR On The Big Screen	**11** Leader: Tamar 9:30 PA Fun & Fitness Friday 10:15 PA Daily Chronicles 10:15 AR **Just Bead It** 11:00 PA Words With Friends 1:30 AR B-I-N-G-O 1:30 PA Manicures and More 3:30 PA **Games We Love to Play** 3:30 AR Shabbat Service 6:15 AR The Actors Studio	**12** Leaders- Tamar 9:30 PA Senior Fitness 10:15 PA **It's Puzzling** 11:00 PA **The King Pins** 1:30 LIB Scrabble 1:30 AR Bingo 3:30 PA **Joy Musical Performance** 6:15 AR On the Silver Screen
16 Leaders-Nilly 9:30 PA Fit for Life 10:15 PA Daily Chronicles 11:00 PA **Clowning Around w/R.S.V.P.** 1:30 AR Bingo 3:15 PA **Food Committee** 4:00 AR Eucharist Meditation 6:15 AR the Academy Presents	**AVI** **17** Leaders- Tamar 9:30 PA **Lotsa Fun w/The Students From Frisch** 10:15 PA Daily Chronicles 1:30 LIB Scrabble 1:30 AR Bingo 3:30 PA **Springtime Melodies w/Justyna** 6:15 AR Front Row Seats	**18** Leader: Tamar 9:30 PA Fit for Life 10:15 PA Daily Chronicles 10:15 AR **Jewels & Gems** 11:00 PA Fact or Fiction Friday 1:30 AR B-I-N-G-O 3:30 PA **Calling All Players** 3:30 AR **Shavuot Service w/ Rabbi Friedman** 6:15 AR Classic Oldie	**Shavuot Begins** **19** **Royal Wedding** **Armed Forces Day** Leaders- Tamar 7:00 am AR **Wedding Bells Are Ringing** 1:30 LIB Scrabble/AR Bingo 3:00 AR **Salute Our Soldiers Social & Patriotic Tunes** 3:30 PA Name That Tune 6:15 AR Lights, Camera, Action
23 Leaders- Nilly 9:30 PA Stretch & Flex 10:00 BUS: **Local Shopping** 10:15 PA Daily Chronicles 11:00 PA The Match Game 1:30 AR Bingo 1:30 BUS: **The Snack Attack** 1:30 PA Full of Sunshine Mural 3:15 C **Courtyard Fun & Games** 4:00 AR Eucharist Meditation 6:15 AR Film Fans	**Red Nose Day** **24** Leaders- Tamar & Nilly 9:30 PA The Fitness Club 10:15 PA Daily Chronicles 10:45 PA **Fly a Kite Making** 12:00 AR **Red Hat Spring Tea Luncheon** 1:30 LIB Scrabble/AR Bingo 1:30 PA Game Time 3:30 PA **Rockin' & Rollin' w/Neil Dankman** 6:15 AR Resident's Choice	**25** Leader: Tamar 9:30 PA Fit for Life 10:15 PA Daily Chronicles 10:15 AR **Stringing Beans** 11:00 PA Would You Rather 1:30 AR B-I-N-G-O 1:30 PA Fantastic Friday w/Tamar 3:30 PA **Cards, Dice & Dominoes** 3:30 AR Shabbat Service 6:15 AR Movie Critics	**26** Leaders- Tamar 9:30 PA Weekend Work-Out 10:15 PA **Crossword Fun** 10:15 AR **Picture Perfect** 11:00 PA **Parlor Games** 1:30 AR Bingo 3:30 PA Don't Forget the Lyrics 6:15 AR Movie Encore
30 Leaders- Nilly 9:30 PA Fit for Life 10:15 PA Daily Chronicles 11:00 BUS: **Picnic in the Park** 1:30 AR Bingo 3:30 C **Fun in the Sun** 4:00 AR Eucharist Meditation 6:15 AR the Best of Hollywood	**31** Leaders- Tamar & Nilly 9:30 PA Stretch-R-Cize 10:15 PA **The Art of Baking** 12:00 AR **Romeo Luncheon** 1:30 AR Bingo 1:30 PA Manicures and More 3:30 C **Outdoor Games/ Horse Racing** 6:15 AR Hollywood Legions	**Resident Birthdays** **Happy Birthday To...** **Beatrice B. - 3rd** **Dorothy D. - 3rd** **Arlene F. - 6th** **Madeline P. - 10th** **Emma M. - 11th** **Bertha Z. - 26th** **Marie G. - 28th**	**Employee Birthdays** **Happy Birthday To...** **Iris Q. - 3rd** **Sheila P. - 5th** **Fabienne N. - 13th** **Nilly L. - 16th** **Marie J. - 17th** **William D. - 17th** **Carole N. - 20th**

May 2018

Warm wishes to you and your family on Memorial Day. Our deepest gratitude goes to the fallen men and women who gave us a chance to make this world a better place.

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