



PROMENADE

AT CHESTNUT RIDGE

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.PromenadeSenior.com

July 2017



Our Management Team at Promenade Chestnut Ridge

Executive Dir. Gail Spencer
 Marketing Debbie Corwin
 Wellness RN Karin Ninchriz
 Case Mgr. ... Shellanna James, LPN
 Res Care Deloris Ritchie, LPN
 Maintenance Benji Magboo
 Food Service Michael Logan
 Life Enrichment Nilly Landa
 Office Mgr. Cynthia Hastings



Promenade Staff Honored for Years of Service

Promenade residents and their families take great comfort knowing that so many of our staff have been here for many years.

As a follow-up to last month's newsletter when we announced the ten year anniversary of our Executive Director, Gail Spencer, here is a list of our fabulous employees who have been here for ten or more years:

Fernande LaBarre

Wellness - 21 years

Edmonde Zamore

Wellness - 21 years

Rose Buskin

Activities - 19 years

Lenes Hilaire

Kitchen - 18 years

Karin Greenberg

Wellness - 15 years

Amonce Pierre

Housekeeping - 15 years

Iris Quintana

Housekeeping - 15 years

Irmagella St. Louis

Dining Room - 15 years

Cynthia Hastings

Office Manager - 14 years

Lymena Pierre

Wellness - 14 years

William Daniel

Kitchen - 12 years

Marie Joseph

Wellness - 12 years

Donna Barnaby

Wellness - 10 years

Mo Harris

Wellness - 10 years

Gail Spencer

Executive Director - 10 years

Fay Thomas

Dining Room - 10 years

Marsha Wright

Dining Room - 10 years

Please go to p.3 to see pictures from our surprise party honoring these dedicated individuals.

VISIT US ONLINE!

To view our activities calendar online or for more information about Promenade Senior Living communities, please visit:

www.PromenadeSenior.com

If you'd like to receive our calendars by mail, please call Debbie Corwin at (845) 620-0606.

Hydrating Foods

Staying hydrated is important, especially when the temperature soars. In addition to drinking water, try snacking on these fruits and vegetables that are more than 90 percent water: strawberries, watermelon, tomatoes, cucumbers, baby carrots and celery.

PROMENADE FRIENDS AND FAMILY SUPPORT GROUP

The next meeting of our Support Group facilitated by our on-site social worker,

Judy Tamaroff, will be on

Thursday, July 13, at 7:30 p.m.
 This group is open to the greater community. For more information or to RSVP, call (845) 620-0606.



VETERANS

Promenade Senior Living Residents & Staff who are Veterans and Widows of Veterans SALUTE YOU, JERRY!



Longtime Rockland Veterans Agency Director, Jerry Donnellan, To Retire

Donnellan, who has served at the agency for three decades, leads by example. He tells of his own catastrophic injury — riddled with shrapnel, a leg blown off in battle during the Vietnam War. He frequently discusses personal and ongoing struggles with post-traumatic stress. He has worked closely with the U.S. Department of Veterans Affairs but has called out its shortcomings loudly and repeatedly.

Donnellan, 70, has done much to make sure local vets are remembered and properly honored. He worked for years to get notification from the VA when a service member returned home. He helped establish FAVOR, which stands for Find and Assist Vets of Rockland, which provides discounts from local merchants. He helped establish the county's Public Service

(continued from above)

In war, watch fires served as signals to lost troops; now they demonstrate that we will always remember.

Donnellan's advocacy for Rockland's veterans — and really all things Rockland — is deeply rooted. Gerald Thomas Patrick Donnellan, youngest of five, grew up in Nyack. In many ways the quintessential mid-century Rockland kid, he played in and along the Hudson. He got to see the building of the first Tappan Zee Bridge.

While Donnellan is acknowledged by his fellow veterans' advocates as a lion for the cause, he admits he didn't even identify himself as a vet until well after his service ended. In the 1970s and 80s, Donnellan was busy working as Frank Sinatra's road manager. He

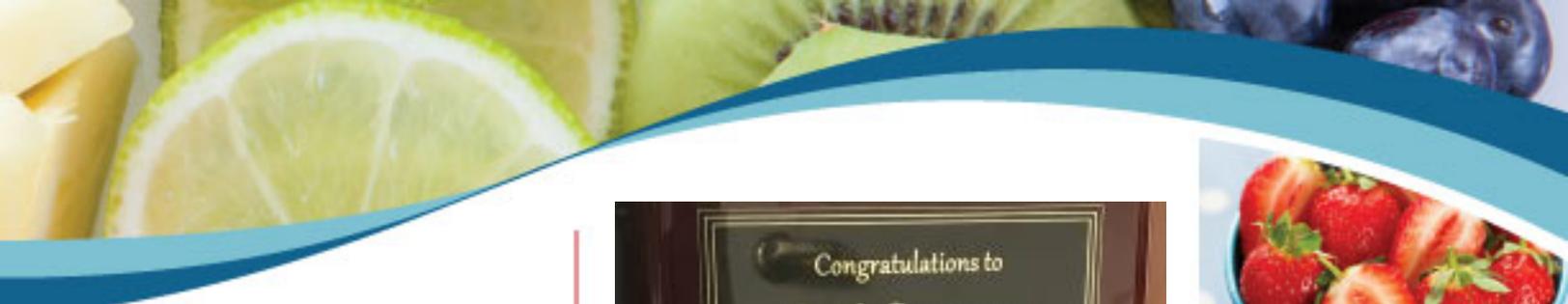
Medal to honor those who served in Afghanistan, Iraq, or as part of the global war on terrorism. These and similar efforts, though, were also about connecting with local veterans who may be wary of the government. That way, his office could provide support and advocacy now or whenever it was needed.

Donnellan helped set up a Rockland-based veterans health clinic in 1996, which can provide certain care so vets don't always have to travel to Montrose, Castle Point or the Bronx VA medical facilities. The satellite clinic model has since been replicated around the nation. He helped establish Rockland's Memorial Day watch fires that burn from midnight to midnight.

worked hard to prove to others — but mostly to himself — that he wasn't sidelined by his physical or psychological injuries. He recounted in a 2014 Sound and Story Project interview at the New City Library.

In the late 1980s, Donnellan said he wondered aloud why no one was helping Vietnam vets who struggled with the health impacts of Agent Orange, combat injuries and other issues. A friend said to him, "well, you're a veteran." That, he said in the 2014 oral history, is how "I found out I was a vet." He's used his own status and story to help thousands. Veterans and civilians who care are grateful for Donnellan's efforts.

(edited from article published in The Journal News, 6/7/17)



Celebrate!

Happy Birthday

to our Residents:

- Dorothy A. - 11th
- Alda H. - 12th
- Lorelei G. - 25th
- Joan M. - 26th
- Sasha B. - 28th

... and to our Staff and Volunteers:

- Donna B. - 2nd
- Ben L. - 2nd
- Liz B. - 4th
- Debbie C. - 26th
- Deloris R. - 30th

Welcome New Residents

We warmly welcome our New Residents:

- Rose M.
- Janet E.

We're so glad you joined our family!



241 Years of Service!

Promenade at Chestnut Ridge residents and staff enjoyed surprising seventeen of our wonderful, dedicated staff members who have been assisting our residents for over ten years!

Steven Laufer, co-founder and CEO of Promenade Senior Living, presented them with certificates of appreciation along with gift cards, thanking them for their years service.





PROMENADE
Senior Living

*Resident Lil with her daughter Debbie,
Director of Community Relations, Promenade at Chestnut Ridge*



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