



PROMENADE AT MIDDLETOWN

70 Fulton Street • Middletown, NY 10940 • (845) 341-1888
www.PromenadeSenior.com

October 2017




Promenade Team

Exec. Dir. Berna Bader
Community Karen M. Treacy
Wellness Nancy Aris
Wellness Jenn Reese
Resident Care Marian Malcuit
Activity Dir. AnnMarie Ehler
Case Mgmt. Benizia Davila
Maintenance Michael Cassara
Food Serv. Anna Arocho
Senior Day Illisa Lipkin



Happy Birthday

Ofelina P.	6
Barbara T.	8
Ansel M.	9
Ruth S.	9
Eleanor E.	17
Carolyn A.	28
Gussie L.	18
Dorothy D.	19
John U.	23
Laura D.	26

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Halloween Fun Facts

- Scottish girls believed they could see images of their future husband if they hung wet sheets in front of the fire on Halloween.
- Some girls believed they would see their boyfriend's faces if they looked into mirrors while walking downstairs at midnight on Halloween.
- If a person wears their clothes inside out and then walks backwards on Halloween, they will see a witch at midnight.
- Girls who place the apple they bobbed for under their pillows are said to dream of their future love.
- During the pagan celebration of Samhain, on which Halloween is based, bonfires were lit to ensure the sun would return after the long, hard winter.

Did You Know...

- That October's flower is the calendula?
- That it's considered bad luck to wear jewelry set with an opal if you weren't born in October?
- That October is National Apple Month and National Popcorn Popping Month?





Resident Spotlight

Out and About

Employee Appreciation Day



We recently honored our dedicated staff on Employee Appreciation Day with a catered luncheon and cake. Thank you for all you do!



Shanelle B. and Lakidia M. enjoy the luncheon!



Lourdes A. from our Adult Day Care



The cake was delicious!

Thank You

Meet Zaida M.

When you've spent your career working at Saks Fifth Avenue, you're bound to meet someone famous. Well, our own Zaida M. met two legendary actors: Sidney Poitier and Grace Kelly. "Mr. Poitier signed a card for me that said 'Happiness Always.'"

Zaida has family all over the country; some live in New York City, some in Texas and her daughter lives in Miami. What does she like the most about living here at the Promenade? "It is so clean! It's spotless."

Coming Next Month:

- Pictures of our Promenade Senior Stars at the Walk to End Alzheimer's on Oct. 16, 2017!



Zaida M.

Guess Who?

See if you can guess who our next spotlight will be:

- She's a former librarian from Montgomery.
- She loves working her puzzle book.
- She used to be a nun!

Grandparents Day Celebration

Last month we honored our residents and their families with a special autumn-themed and decorated Grandparents Day celebration.



Eleanor and Kenneth E. enjoy the party!



Pat W. and Marion L. love the decorations.



What would the day be without family? Fran G. and her daughter listen to the music.



Activities

October Highlights

- 3 Trip to Gardens
- 3 Cocktail Party with Kevin
- 5 Trip to DeBuck Farm
- 6 Music Therapy
- 7 Walk to End ALZ
- 10 Trip to Dollar Tree
- 10 Cocktail Party with Chris
- 12 Pizzazz Shop
- 13 Cocktail Party with Eric
- 17 Trip to Movies
- 18 Cocktail Party with Rich
- 19 Trip to Lunch
- 20 Music Therapy
- 21 Halloween Party with Big Steve
- 24 Trip to Dunkin' Donuts
- 25 October Birthday Party
- 26 Trip to Breakfast
- 31 Halloween Party with Joe Maz



Car Show!



Tony C. would love to get his ride on!



Margaret B. loves Steve's classic car.



Mary Ann G. likes the look of the classic vehicle.



Kevin M. and Karen show Cameron what hot wheels REALLY look like!



Florence F. thinks the Harley is the ultimate thrill.



Karen T., Jenn R. and Ashley W. man the raffle ticket table.



Howard S. and "his" hog!

Car Show Fun

Last month, we held our 2nd Annual Car Show to help raise money for our Promenade team as we participate in the Walk to End ALZ.

The Promenade family would like to thank Donna Kessler and Steve Heater for all their help and support.



Many thanks to Joanne Kron from the Alzheimer's Association for spending the day with us. End ALZ!

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Congratulations!
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**TOGETHER, WE CAN END
ALZHEIMER'S DISEASE.**



Come join our Promenade Senior Stars team on Saturday, Oct. 7, 2017 at Thomas Bull Memorial Park and walk to END ALZ!

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