



PROMENADE AT MIDDLETOWN

70 Fulton Street • Middletown, NY 10940 • (845) 341-1888
www.PromenadeSenior.com

November 2017



Promenade Team

Exec. Dir. Berna Bader
 Community Karen M. Treacy
 Wellness Nancy Aris
 Wellness Jenn Reese
 Resident Care Marian Malcuit
 Activity Dir. AnnMarie Ehler
 Case Mgmt. Benizia Davila
 Maintenance Michael Cassara
 Food Serv. Anna Arocho
 Senior Day Illisa Lipkin




Happy Birthday

November Birthdays

| | | |
|----|-------|-------------|
| 3 | | Sam F. |
| 4 | | Lena Y. |
| 5 | | Audrey D. |
| 6 | | Warren S. |
| 10 | | Nancy B. |
| 12 | | Fay C. |
| 17 | | Theresa P. |
| 20 | | Jane C. |
| 20 | | Kathleen S. |
| 21 | | William E. |
| 21 | | Theresa S. |
| 26 | | Nina K. |
| 26 | | Dorothy We. |

Veterans Day Facts

Unlike Memorial Day, Veterans Day pays tribute to all American veterans—living or dead—who served their country honorably during war or peacetime.

- Veterans Day occurs on November 11 every year in the United States.
- In 1954, President Dwight D. Eisenhower officially changed the name of the holiday from Armistice Day to Veterans Day.
- In 1968, the Uniform Holidays Bill was passed by Congress, which moved the celebration of Veterans Day to the fourth Monday in October.
- The law went into effect in 1971, but in 1975 President Gerald Ford returned Veterans Day to November 11, due to the important historical significance of the date.

Did You Know...

That November is:

- National Raisin Bread Month, National Stuffing Month and National Sweet Potato Awareness Month?
- That "No Beard November" was instituted several years ago to raise awareness about men's health issues?



Thank You for Your Service!





Out and About

Congratulations!



We recently helped resident Ruth S. celebrate her 104th birthday. Many happy returns!



Promenade team members dish out lunch.

Meet Dolores A.

Our own Dolores A. was born in Manhattan but spent several of her formative years in Kansas City, MO. She has a BA in English Literature from Rosemont College and holds master's degrees in both Elementary Education and Library/Media Science from SUNY New Paltz.

Dolores spent 12 years as a Sister of the Holy Child Jesus, where she taught kindergarten and third grade. After leaving the order, she married and in 1974 moved to Walden.

She worked in Golden Hill Elementary School in Florida, NY as a librarian. Her favorite hours included reading to the children and showing them the ins and outs of the library.

Dolores moved here eight years ago and has witnessed many changes during that time. Her favorite things include her word search puzzles and "the activities! I enjoy all the activities here!"



Dolores A.

Guess Who?

See if you can guess our next Featured Resident.

- He used to hold an important position at Horton Hospital.
- He's an avid fan of the New York Mets!



Team Senior Stars!

Walk to End ALZ

Last month, Team Promenade Senior Stars joined forces with the Alzheimer's Association of Orange and Sullivan Counties to raise funds to End ALZ.



Each flower represents a loved one lost to ALZ.

Our team raised over \$3,000 for ALZ research! Much thanks to Lisa Ramundo who raised \$690 and all those who donated to End ALZ.

Activities

Life on the Farm

Last month, a group of residents spent the day out in the fresh air and sunshine as they visited DeBucks Farm in Pine Island. Luncheon was served al fresco as they enjoyed the sights and sounds of rural life.



Lunchtime at DeBucks Farm!



Residents enjoy a late summer lunch at DeBucks Farm.

November Highlights

- 2 Breakfast at Maddy's
- 3 Xylophone Sing-Along
- 7 Trip to Vote
- 8 Cocktail Party with Gene
- 10 Trip to Pizza Place
- 11 Veterans Day Remembrance
- 14 Trip to Dollar Tree
- 15 Baby Steps
- 15 Cocktail Party with Rick
- 16 Middletown Day Nursery visits
- 16 Trip to Target
- 17 Xylophone Sing-Along
- 21 Trip to Movies
- 22 Country Western Party with Eric
- 23 AM Pastry Parade Party
- 28 Trip to Dollar Tree
- 29 Trip to Westchester Broadway
- 30 November Birthday Party



Ellie B. and Dorothy W. take in the beautiful gardens.



Farm Life



Robert V. loves that fresh corn on the cob!



Al fresco dining



Steven D. shows off his family's farm

Watch Your Step

The autumn foliage is a colorful sight, but it can also create a fall hazard when combined with the season's rainy, cold weather. Be mindful that walkways can become slick surfaces when they fill up with wet leaves.

 find us on facebook!



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