



# PROMENADE AT MIDDLETOWN

70 Fulton Street • Middletown, NY 10940 • (845) 341-1888  
www.PromenadeSenior.com

## February 2018



### Promenade Team

Exec. Dir. .... Berna Bader  
Community ..... Karen M. Treacy  
Wellness ..... Nancy Aris  
Wellness ..... Jenn Reese  
Resident Care ..... Marian Malcuit  
Activity Dir. .... AnnMarie Ehler  
Case Mgmt. .... Benizia Davila  
Maintenance .... Michael Cassara  
Food Serv. .... Anna Arocho  
Senior Day ..... Illisa Lipkin



## Happy Birthday

Dorothy S. ....	2
Marion S. ....	2
Gladys P. ....	4
Frances S. ....	7
Helen P. ....	10
Florence F. ....	12
Joan D. ....	12
Paul P. ....	14
Joseph D. ....	17
William T. ....	17
Edmee L. ....	18
Rita S. ....	20
Lorraine D. ....	23
Anna Mae H. ....	23
Anthony C. ....	27
Ruth E. ....	28

### A Tale of Two Presidents

Presidents Day is viewed as a time of patriotic celebration.

Lincoln's and Washington's birthdays changed to Presidents Day in the late 1960s when Congress enacted the Uniform Monday Holiday Act.

This change was seen as a way to create more three-day weekends for the nation's workers.

This law also combined Washington's Birthday with Abraham Lincoln's, which fell February 12.



### Will You Be My Valentine?

### Did You Know...

...That February is National Hot Breakfast Month, Potato Lovers Month and Chocolate Lovers Month?

...The Roman month Februarius was named after the Latin term februum, which means purification?



### They Call It Puppy Love!



## Happy 2018!



Enjoying the New Year's festivities!



Bill B., Phil S., Pat S. and Sam F. look forward to 2018.



Time to party!



Harold H., Toni B., and Shirley V. wait for the New Year's Countdown.



### Guess Who?

Our February Guess Who? served in the military and was stationed in Rapid City, SD, where he said the snow never stopped all winter. "The drifts blew to over 50 feet!"

After his tour of duty ended, he worked as a computer programmer for New York Life for 26 years. He is an avid fan of the movies and playing with his Alexa.

See if you can guess who's under the scarf!



Dancin' to the music!



Tom Y. and Josephine Z. watch the festivities.



Florence R. and Lorraine D. are ready for the New Year!

### Waiting for the Weatherman

Be patient while waiting for the groundhog to pop out for its annual weather prediction on Feb. 2. The rodents' dens can be up to 6 feet deep and wind more than 20 feet underground.



Frank W. can bust a move!





# Employee Spotlight



Kathy S.

## Midnight Rider

Working the graveyard shift is tough duty for anyone, but our full-time night concierge, Kathy S., is up for the challenge.

A native of South Blooming Grove, Kathy dotes on her two senior cats and when weather permits, likes going to the beach to work on her tan. She's a horror movie aficionado and "I like to make people laugh, especially the residents of the Promenade!"

Let's thank Kathy for being here and congratulate our January Employee of the Month.

 find us on facebook!

# Activities

## February Highlights

- 2 ..... Zylophone
- 4 ..... Super Bowl Party 3 p.m.
- 6 ..... Promenade Winter Olympics Start
- 6 ..... Thank a Mailman Day!
- 14 ..... Valentine's Day Party with Gene
- 15 ..... Promenade Winter Olympics End
- 16 ..... Zylophone
- 18 ..... Interfaith Service
- 21 ..... Cocktail Party with Stephanie
- 24 ..... Music with Joe Maz
- 28 ..... February Birthday Party w/ Rich



Last month, the Promenade hosted a group of Korean students as part of a cultural exchange with a local school. The students shared their heritage and tons of information about their country and traditions.



Tuesday, Feb. 13, is Shrove Tuesday, Fat Tuesday, or Mardi Gras! Did you know that the official colors of Mardi Gras are purple, gold and green? Purple signifies justice, gold means power, and green stands for faith.



## Celebrate!

Resident Fran G. recently celebrated her 91st birthday in grand style with a beautiful cake.



Make a wish, Fran!



Who caught Director of Community Relations Karen T. on the local news last month?

## Stay Warm!

With the cold weather here, it's imperative to take the proper steps to avoid hypothermia.

- Dress in layers. Lightweight, warm layers are a smart choice.
- Wear a hat!
- Eat well and keep hydrated.
- Stay indoors!



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