

PROMENADE AT BLUE HILL

582 Veterans Memorial Drive • Pearl River, NY 10965 • (845) 735-6846

July Birthday

If you're having a birthday this month, we hope it's the beginning of a year full of happy memories and wonderful moments. And we'd like to celebrate! Everyone is invited to our monthly birthday social for cake, and fun!

- Sandra W. July 3
- Antoinette M. July 6
- Evelyn Z. July 12
- Frances P. July 16
- Martin G. July 27
- Lucille J. July 29



Resident Meeting Reminder

Our resident meetings are a terrific opportunity to share input, have your questions answered, and stay in the loop with what's happening in our community. Make plans to attend this month's meeting; check the calendar for the date and time.

Happy Fourth!

Happy Independence Day to all our residents! We hope you have a fun and festive holiday.

July 2018

Take Advantage of Fun Activities

Our activities schedule is designed to appeal to a variety of personalities and hobbies. Please join us! If there's an activity you'd like to see added to the schedule, please let us know. We will do everything we can to make it happen!

Time for Bingo!

Grab a card and join in a round or two of bingo. We play a variety of games, and it's always fun to see who will be the first to yell, "Bingo!" See our calendar for the dates and times of this month's games.

Let's Go for a Walk!

Summer is here to stay, and our walking club is in full swing! Check the calendar for times and join us for some fresh air and exercise.

Join Us for Crafts



Do you enjoy creating handmade projects? If so, join us for our weekly arts and crafts! We love to have fun, and we welcome all skill levels and abilities. Check the calendar for the dates and times.

Signing In and Out

For the safety of all our residents, staff members and visitors, please remember to sign out when leaving the community and to sign in when arriving to the community. Thank you!

That's Entertainment!

We have various performers who come to entertain us with their talent. We would love to have you in the audience! Check the calendar for details.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Janice / Kathy / Warren 1 9:30 SD Leave for Church 10:00 SD Saint Aedans Church 10:30 LR Morning Exercise 11:00 LR News And Views 1:30 LR Searching for July Puzzles 2:00 LR Brief History of Medicare in America 2:30 LR Snack Social 3:00 LR Discuss the medical accomplishments that have taken place over the past hundred years. 4:00 TS Bingo Blast 6:00 LR Wheel Of Fortune	Janice / Kathy / Warren 2 10:00 LR Swing Exercise 10:30 LR Test your July IQ 11:00 LR Jumble Solution 1:30 SD Scenic Van Drive 2:00 LR Daily Trivia 2:30 LR Snack Social 3:00 LR Let's talk about the halfway point of 2018. 4:00 TS Bingo Mania 6:00 LR Jeopardy	Aurora / Janice / Joe 3 10:00 LR Walking Club 10:30 LR Today News 11:00 LR Fill in the words 1:30 LR Pet Therapy 2:00 LR Arts and Crafts 2:30 LR Snack Social 3:00 LR Outburst Trivia 4:00 LR Show and Tell 6:00 LR Wheel Of Fortune	Happy 4th of July /Aurora 4 10:00 LR Communion Service 10:30 LR 4th of July News 11:00 LR Rosary 1:30 LR Holiday Trivia 2:00 TS 4th Of July celebration and Music 2:30 LR Snack Social 3:00 LR Learn how other countries celebrate their Independence. 4:00 LR Therapy Music 6:00 LR Jeopardy	Aurora / Janice / Joe 5 10:00 LR Walking Club 10:30 LR News and more.. 11:00 LR Crossword Puzzle 1:30 LR Tai Chi with Maryknoll 2:00 LR Pet Therapy 2:30 LR Snack Social 3:00 LR Sylvester Graham Biography 4:00 LR Wii Play 6:00 LR Wheel Of Fortune	Aurora / Joe / Kathy 6 10:00 LR Walking Club 10:30 LR Current Events 11:00 LR Unscramble Letters 1:30 LR President Trivia 2:00 TS George T. Performs 2:30 TS Wine and Cheese Social 3:00 LR Domino Game 4:00 TS Shabbat Service 6:00 LR Jeopardy	Aurora / Joe / Kathy 7 10:00 LR Light and Lively Exercise 10:30 LR News and Views 11:00 LR Unscramble Letters 1:30 LR Hot Dog Trivia 2:00 TS Entertainment with Van Martin 2:30 TS Ice Cream Social 3:00 LR Picture Guessing Game 4:00 LR Music Therapy with Echo Alexa 6:00 LR Domino Game with Aurora
Janice / Kathy / Warren 8 9:30 SD Leave for Church 10:00 SD Saint Aedans Church 10:30 LR Morning Exercise 11:00 LR News Around 1:00 LR Presbyterian with Angela M. 2:30 TS Snack Social 3:00 LR Seven Fun passport facts from across the globe 4:00 TS Bingo Time 6:00 LR Wheel Of Fortune	Janice / Kathy / Warren 9 10:00 LR Swing Exercise 10:30 LR Daily Gazette 11:00 LR Sharpen your mind 1:30 SD Resident Shopping 2:00 LR Share some humorous Quotes 2:30 LR Snack Social 3:00 LR July Trivia 4:00 TS Independence Day Bingo 6:00 LR Night News	Aurora / Janice / Joe 10 10:00 TS RSVP Clown 10:30 LR News Today 11:00 LR Brainteaser 1:30 LR Pet Therapy 2:00 TS Cooking Demo with Ahmed 2:30 LR Snack Social 3:00 LR Chicken Soup for the Soul 4:00 LR Learn about culture in the Bahamas. 6:00 LR Jeopardy	Aurora / Janice / Joe 11 10:00 LR Communion Service 11:00 LR Rosary 1:30 TS Interactive with Rafael 2:00 LR Reminisce about your past pets and see if anyone has a picture they could share. 2:30 LR Snack Social 3:00 LR July Puzzle 4:00 LR Independence Day Secret Quote 6:00 TS Bingo Game with Joe	Aurora / Janice / Joe 12 10:00 LR Build your Strength 10:30 LR Uplifting News 11:00 LR Unscramble to Solve 1:30 TS Red Tie Singers Perform 2:30 LR Snack Social 3:00 LR Pet Therapy 4:00 LR You are What You eat Discussion 6:00 LR Wheel Of Fortune	Aurora / Joe / Kathy 13 10:00 LR Fitness Exercise 10:30 LR Current Events 11:00 LR Guess the Word 1:30 LR Scattergories 2:00 TS Music with Chris M. 2:30 TS Wine and Cheese Social 3:00 LR Sing a long Summer Song 4:00 TS Shabbat Service 6:00 LR Jeopardy	Aurora / Joe / Kathy 14 10:00 LR Morning Workout 10:30 LR News Around the World 11:00 LR Bastille Day Word Search 1:30 LR Find out how other countries celebrate Bastille Day. 2:00 SD Entertainment with Chris D. 2:30 LR Ice Cream Social 3:00 LR Domino Play 4:00 LR Bowling Wii 6:00 LR Wheel Of Fortune
Janice / Kathy / Warren 15 9:30 SD Leave for Church 10:00 SD Saint Aedans Church 10:30 LR Sunday Exercise 11:00 LR Today News 1:45 TS Interactive with Rafael 2:00 LR Trivia For Fun 2:30 LR Snack Social 3:00 LR What Am I? 4:00 TS Bingo Blast 6:00 LR Wheel Of Fortune	Janice / Kathy / Warren 16 10:00 LR Tone Exercise 10:30 LR Daily Chronicle 11:00 LR Brain Games 1:30 SD Trip to the Store 2:00 LR How many different kinds of dancing can you list? 2:30 LR Snack Social 3:00 LR Charade 4:00 TS Bingo Blast 6:00 TS Activity with Janice	Aurora / Janice / Joe 17 10:00 LR Sittercise 10:30 LR News Items 11:00 LR Creative Game 1:30 LR Pet Therapy 2:00 LR Arts and Crafts 2:30 LR Snack Social 3:00 LR There is an old adage that says, "You Learn something new every day." 4:00 LR Trivia with Echo Alexa 6:00 LR Wheel Of Fortune	Aurora / Janice / Joe 18 10:00 LR Communion Service 10:30 LR News and Views 11:00 LR Rosary 1:30 TS Interactive with Rafael 2:00 LR Discuss the life and times of this amazing man, Nelson Mandela. 2:30 LR Snack Social 3:00 LR Domino Play 4:00 LR Charades 6:00 LR Jeopardy	Aurora / Janice / Joe 19 10:00 LR Stretch Exercise 10:30 LR News and more... 11:00 LR Anagrams 1:30 LR :Learn a few words in Spanish 2:00 LR Pet Therapy 2:30 LR Snack Social 3:00 LR Question and Answer 4:00 LR You be the Judge 6:00 LR Wheel Of Fortune	Aurora / Joe / Kathy 20 10:00 LR Weight Exercise 10:30 LR Friday News 11:00 LR Man on the moon word Search 2:00 TS Bryan Performs 2:30 LR Wine and Cheese Social 3:00 LR Discussion: Apollo 11 was launched on July 16, 1969. 4:00 TS Shabbat Service 6:00 LR Jeopardy	Aurora / Joe / Kathy 21 10:00 LR Core Exercise 10:30 LR News to talk 11:00 LR Letters to Play 1:30 LR Learn about the history of Junk food. 2:00 TS Live Music w/ George R. 2:30 TS Ice Cream Social 3:00 LR Inspirational Story 4:00 LR Bowling Wii 6:00 LR Wheel Of Fortune
Janice / Kathy / Warren 22 9:30 SD Leave for Church 10:00 SD Saint Aedans Church 10:30 LR Morning Exercise 11:00 LR July Puzzle 1:30 LR Hangman 2:30 LR Snack Social 3:00 LR Share a few parenting Jokes. 4:00 TS Bingo Mania 6:00 LR Jeopardy	Janice / Kathy / Warren 23 10:00 LR Time To Stretch 10:30 LR Daily News 11:00 LR Hangman 1:30 SD Picnic in the Park 2:00 LR Discussion Do You know the difference between jelly and jam? 2:30 LR Snack Social 3:00 LR Famous Quotes 4:00 TS Bingo Play 6:00 LR Wheel Of fortune	Aurora / Janice / Joe 24 10:00 LR Movement Exercise 10:30 LR Uplifting News 11:00 LR Mind Game 1:30 LR Pet Therapy 2:00 LR Motivational Story 2:30 LR Snack Social 3:00 LR Tell Jokes today but keep them clean 4:00 LR Music Therapy with Echo Alexa 6:00 LR Jeopardy	Aurora / Janice / Joe 25 10:00 TS Catholic Mass 11:00 LR Rosary 1:30 LR Food Service Meeting 2:00 LR Resident Council Meeting 2:30 LR Snack Social 3:00 LR Afternoon Workout 3:30 LR Learn more about how hypnosis works. 4:00 LR Table Game 6:00 LR Wheel Of Fortune	Aurora / Janice / Joe 26 10:00 LR Flex Exercise 10:30 LR News Update 11:00 LR Jumble Solution 1:30 LR Favorite summertime food 2:00 LR Pet Therapy 2:30 LR Snack Social 3:00 LR Daily Fun facts and other trivia 4:00 LR Bowling Wii 6:00 LR Jeopardy	Aurora / Joe / Kathy 27 10:00 LR Shake Exercise 10:30 LR News to Discuss 11:00 LR Fill in the blanks 1:30 LR Table Game 2:00 TS Music and Motion with Dolan 2:30 TS Wine and Cheese Social 3:00 LR Crochet Club 4:00 TS Shabbat Service 6:00 LR Let's talk about the Korean War with Kathy.	Aurora / Joe / Kathy 28 10:00 LR Build your Muscles 10:30 LR News Around 11:00 LR Word Search 1:30 LR Horoscope Reading 2:00 TS Monthly Birthday Social w/ Randy 2:30 LR Ice Cream Social 3:00 LR Movie in the Afternoon 4:00 LR Chicken Soup for the Soul 6:00 LR Wheel Of Fortune
Janice / Kathy / Warren 29 9:30 SD Leave for Church 10:00 SD Saint Aedans Church 10:30 LR Weekend Exercise 11:00 LR Word Unscrambler 1:45 TS Interactive with Rafael 2:00 LR Inspirational Story 2:30 LR Snack Social 3:00 LR Easy Does It Random Trivia 4:00 TS Bingo Game 6:00 LR Jeopardy	Janice / Kathy / Warren 30 10:00 LR Physical Exercise 10:30 LR News to Discuss 11:00 LR Creative Game 12:00 SD Lunch Bunch 1:30 LR Reminisce about learning or teaching someone to drive. 2:00 LR Discuss the life and the history of the automobile today. 2:30 LR Snack Social 3:00 LR Celebrity Trivia 4:00 TS Bingo Bonanza 6:00 LR Wheel Of Fortune	Aurora / Janice / Joe 31 10:00 LR Warm Up Exercise 10:30 LR News Report 11:00 LR Color Word Puzzle 1:30 LR Pet Therapy 2:00 LR You be the Judge 2:30 LR Snack Social 3:00 LR Trivia Challenge 4:00 LR Music With Echo Alexa 6:00 LR Movie at Night	Reminders Activities are subject to change. Changes will be posted on the daily listings on the white board outside of the town square. Please check the communication board for update.	Volunteers Needed Do you have a talent that you would love to share with others? How about a topic that you could present to a group? Vacation photos to show off? Or maybe you would just like to sit down for a friendly chat or card game. We are always looking for volunteers of all types. If you know anyone who is interested in volunteering call Aurora Garcia, Director of Activities, at 845-735-6846 ext. 33	<div style="text-align: center;">  </div> <div style="text-align: center;">  </div>	



"This Month In History"

JULY

1904: The ice cream cone debuts at the World's Fair in St. Louis.

1913: Alfred Carlton Gilbert is granted a patent for the Erector Set. His invention became one of the most popular toys of all time.

1922: A new sport is invented on a lake in Minnesota when 18-year-old Ralph Samuelson skis on water using two planks of wood.

1930: Congress creates the Veterans Administration.

1946: The new flag of the Philippines is raised over Manila after the U.S. grants the Asian nation full independence.

1957: John Glenn, then a major in the U.S. Marines, sets a new transcontinental speed record, flying a jet from California to New York in 3 hours, 23 minutes.

1963: To help speed up mail delivery, the Postal Service begins implementing the ZIP code system.

1976: Bicentennial celebrations are held all over the U.S. to celebrate the 200th anniversary of the signing of the Declaration of Independence.

1981: President Ronald Reagan announces he will nominate Sandra Day O'Connor to be the new associate justice of the U.S. Supreme Court. She was the first woman to serve on the court.

1999: The U.S. women's soccer team wins the World Cup, defeating China in front of a record crowd at the Rose Bowl in California.

2005: NASA's space probe Deep Impact slams into a comet as part of a mission to learn more about the solar system.

2015: Star ballerina Misty Copeland becomes the first African-American principal dancer of the prestigious American Ballet Theatre.