



# PROMENADE AT MIDDLETOWN

70 Fulton Street • Middletown, NY 10940 • (845) 341-1888  
www.PromenadeSenior.com

## July 2018



Exec. Dir. .... Berna Bader  
Community ..... Karen M. Treacy  
Wellness ..... Nancy Aris  
Wellness ..... Jenn Reese  
Resident Care ..... Marian Malcuit  
Activity Dir. .... AnnMarie Ehler  
Case Mgmt. .... Benizia Davila  
Maintenance .... Michael Cassara  
Food Serv. .... Anna Arocho  
Senior Day ..... Illisa Lipkin



### July Birthdays

Lucy S. ....	1
Dolores A. ....	5
Patricia W. ....	6
Marion B. ....	11
Edyse L. ....	12
Anna S. ....	12
Florence R. ....	19
Roger S. ....	24



### Top 5 Patriotic Movies

Looking for a good flick to watch on July 4th? Here are some suggestions:

- **Independence Day:** US Air Force vs. aliens out to destroy the planet. The President mans a fighter jet. The Earth is saved!
- **Yankee Doodle Dandy:** James Cagney as George M. Cohan in a soaring musical love letter to America
- **Forrest Gump:** Life is like a box of chocolates, says the eternal optimist.
- **Apollo 13:** Directed by Ron Howard, this space epic details the fight to save an almost-doomed moon mission.
- **Born on the Fourth of July:** Tom Cruise got an Oscar nod for his portrayal of paraplegic vet Ron Kovic

### Who Screams For Ice Cream?

- The first known ice cream recipe dates back to 1685.
- Chocolate ice cream is older than vanilla ice cream.
- Apple pie a la mode was invented at the Cambridge Hotel in New York.

### Did You Know?

...That July is named after the Roman emperor Julius Caesar?  
...That July and April start on the same day of the week each year?  
...That the flower for July is either the water lily or the larkspur and that July's birthstone is the ruby?

### Celebrate Amelia Earhart

July 24th marks the 115th birthday of aviatrix Amelia Earhart. The Kansas-born pilot disappeared over the Pacific in July of 1937.  
Her plane was never found. Experts speculated that Earhart's flight landed on the uninhabited Gardner Island.



## Out and About



Part of the crew that went to Westchester Dinner Theater to see a production of **Sister Act!**



Enjoying our bi-weekly brunch at Maddy's Diner is a Promenade tradition.



Our brunches are always standing room only and are one of the most popular highlights of our activity schedule.



Last month, we went out to the ballpark to see the Rockland Boulders, a semi-pro team based in Pomona, NY. We even had a skybox at the park!



The skies were gloomy, but the view was great!

# Brain Games

### Brain Bender: Fun on the Farm

The same five letters can be rearranged into four different words that will complete the story below. Can you figure out the missing words?

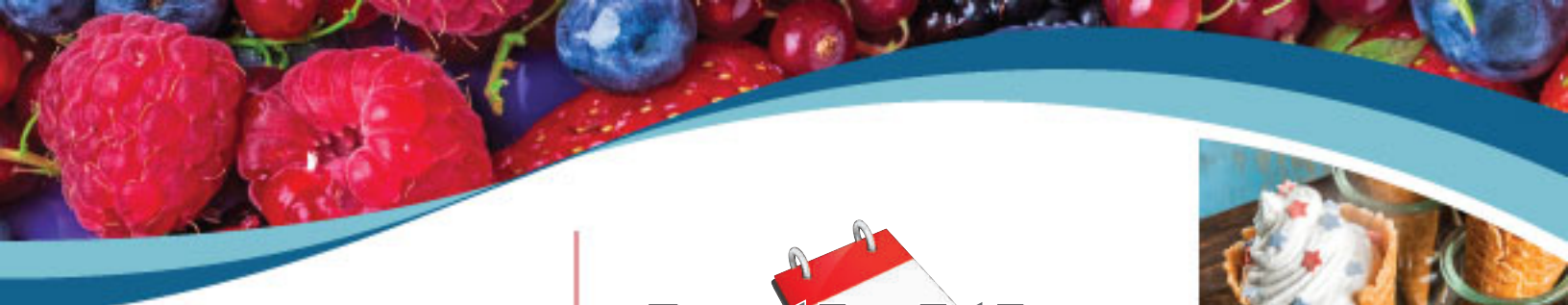
A farmer has hundreds of \_\_\_\_\_ and deeply \_\_\_\_\_ about the amount of rainfall. He \_\_\_\_\_ around with a watering hose when the ground is dry enough to \_\_\_\_\_ him about the possibility of crop failure.

(Answer: acres, cares, races, scare)



It's not every day you get a luxury box!

 find us on facebook!



# Employee of the Month



Theresa Morelli-Muscrow

Med Tech Theresa Morelli-Muscrow, who is this month's Employee of the Month, is a Middletown native who joined our Promenade family last year.

Family is extremely important to her! She dotes on both her children and her grandchildren.

This is probably why she loves being here at the Promenade-our family has become her extended family!

Congratulations, Theresa!

## Congratulations!

# Activities

## July Highlights

- 3 ..... Trip to Maddy's Diner
- 4 ..... Independence Day Celebration
- 9 ..... Pizazz Shop
- 11 ..... Cocktail Party with Rich
- 12 ..... Evening BBQ on the Patio
- 14 ..... Saturday Social with Joe Maz
- 17 ..... Middletown Garden Lovers
- 18 ..... Trip to Dollar Tree
- 18 ..... Cocktail Party with Gene
- 19 ..... Evening BBQ on the Patio
- 20 ..... Trip to Pizza Hut
- 24 ..... Picnic at High Point
- 25 ..... Birthday Party with Stephanie
- 26 ..... Evening BBQ on the Patio
- 27 ..... Trip to Evening Concert



Her Majesty, the cockatiel, is not amused.

## Summer Appetites

Your appetite may decrease during hot summer months, but continue to eat regular meals, even if you choose smaller portions. Skipping meals causes your metabolism to slow down, which leads to a sluggish feeling.



## For the Birds



However, she seems to be happy on her new perch.



Benizia made a new friend!





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