



PROMENADE AT CHESTNUT RIDGE

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.PromenadeSenior.com

July 2018



Our Management Team at Promenade Chestnut Ridge

Executive Dir. Gail Spencer
Marketing Debbie Corwin
Wellness RN Michelle Hoke
Res Care Deloris Ritchie LPN
Case Mg Marcia Saunders
Maintenance Benji Magboo
Food Service Michael Logan
Life Enrichment Nilly Landa
Office Mgr. Cynthia Hastings



Giving Back to the Community

My homeland, Manchester, Jamaica, is a place where I look forward to visiting yearly. A community of selfless, kind, loving, caring individuals who've helped to mold and guide children and adolescents into being successful at whatever they do. That is why my brother Maurice and I have been giving back to our community over the years by doing good deeds for people who are in dire need of assistance. Last year, we made meals and presented gift bags to some senior citizens who lived alone and had no help.

This year, we want to present kids in the community with backpacks for the upcoming school season, containing basic school supplies. This will help their parents, who do not have the financial means to provide these necessary items. Items needed

include backpacks, books, pens/pencils, erasers, school glue, crayons/markers, pen/pencil cases, folders/binder sheets.

If you would like to donate any items, please call and ask to speak with Debbie or myself. We will be shipping these items on Monday, July 16th.



With sincere appreciation,
Marcia Saunders, Promenade
Case Manager

VISIT US ONLINE!

To view our activities calendar online or for more information about Promenade Senior Living communities, please visit:

www.PromenadeSenior.com

If you'd like to receive our calendars by mail, please call Debbie Corwin at (845) 620-0606.



Have a Happy 4th of July!

PROMENADE FRIENDS AND FAMILY SUPPORT GROUP

The next meeting of our Support Group facilitated by our on-site social worker,

Judy Tamaroff, will be on

Thursday, July 12th, at 7:30 p.m. This group is open to the greater community. For more information or to RSVP, call (845) 620-0606.



RESPIRE

Do you know someone who's been contemplating making a move to a senior community, but just hasn't made that final decision yet? Our *Summer Respite Stay* might be just what they're looking for! It's a great way to experience all the warmth our community has to offer this summer.

Residents can take advantage of our services and amenities and enjoy our wonderful activities while family members can take great comfort knowing their loved ones will be safely looked after. Caregivers can also enjoy a much needed break from their constant responsibilities.

It's a great way to introduce seniors to a whole new lifestyle and make some new friends in the process!

For more info, please call Debbie at 845-620-0606.

Promenade Senior Living Is a Proud Supporter of Zahal Shalom

Zahal Shalom was created in 1993 by a group of private citizens in Bergen County, NJ. They are part of an Overseas Delegation program that traces its origins to the Six Day War and involves two Israeli organizations, the Zahal Disabled Veterans (ZDVO) and Beit Halochem ("The Warrior's House").

Each year they bring delegations of 8-12 disabled Israeli war veterans for two weeks, during which they are hosted by local families. Each host family also has a "buddy" family.

Zahal Shalom's executive committee, consisting strictly of volunteers, organizes a detailed program including trips to various sites in the metropolitan NY area as well as a 3- day trip to Washington D.C. The evenings and weekends are packed with more social activities than most of us experience in a year, including

dinners, pool parties, Broadway shows, and so much more. The delegation visits local schools where the vets have an opportunity to discuss their wartime experiences. Many of the vets have never been outside of their local community. The experience with their hosts & buddies frequently enables them to reveal painful memories that they've never discussed with even their own families. It is not uncommon for them to suffer from varying degrees of post traumatic stress syndrome (PTSD).

Observing how these veterans strive to lead a normal life in spite of serious physical and/or emotional challenges is truly inspirational. The warm and long lasting relationships developed from this experience create familial bonds that last a lifetime.

Promenade Senior Living Staff Jane Koch, Nilly Landa, Milana Kirshensteyn, Gail Spencer and Michael Logan-- US Veteran who volunteers his time helping American Veterans with PTSD-- attended this year's Zahal Shalom Gala. They are pictured below with their spouses and two female IDF Veterans from this year's delegation: Ilana and Shoval.



Photo credits: Jo Rosen Photography



Pictured above left to right is one of this year's hosts, Debbie Zingler, IDF Veteran Ilana Sudry, and Promenade's Debbie Corwin, Ilana's buddy.



Reception Desk Makeover

Residents, Family, Staff and Guests have all watched our front desk transform to this beautiful and welcoming space.



Picture Perfect



Our new 75 inch TV located in our Media Center



Basic First Aid Class



Practice makes perfect. We pride ourselves on the training we give our staff.



Celebrate!



HAPPY BIRTHDAY
to our residents:
Alda H. - 12th
Robert S. - 23rd
Lorelie G. - 25th
Joan M. - 26th
Sasha B. - 28th

and to our staff:
Donna B. - 2nd
Ben L. - 2nd
Stephania P. - 4th
Yensy S. - 10th
Steven M. - 11th
Christine P. - 12th
Michelle H. - 17th
Marie L. - 23rd
Debbie C. - 26th

Welcome New Residents

We warmly welcome our New Residents:

Catherine B.
Jean C.
Bill C.
Clarence B.
Robert G.
Norma W.

We're so glad you joined our family!

PROMENADE *Senior Living*

*Resident Lil with her daughter Debbie,
Director of Community Relations, Promenade at Chestnut Ridge*



Find the Perfect Fit

**55+ HOUSING • INDEPENDENT LIVING
LICENSED ASSISTED LIVING • LICENSED MEMORY CARE**



**ASSISTED LIVING
MIDDLETOWN, NY
845.341.1888**



**50+ SENIOR HOUSING
ASSISTED LIVING
TUXEDO PARK, NY
845.351.0000**



**ASSISTED LIVING
CHESTNUT RIDGE, NY
845.620.0606**



**ASSISTED LIVING • MEMORY CARE
PEARL RIVER, NY
845.735.6846**

VISIT US ON THE WEB AT PROMENADESENIOR.COM



The Promenade at Chestnut Ridge
168 Red Schoolhouse Road
Chestnut Ridge, NY 10977
(845) 620-0606
www.PromenadeSenior.com