



PROMENADE AT MIDDLETOWN

70 Fulton Street • Middletown, NY 10940 • (845) 341-1888
www.PromenadeSenior.com

September 2018



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Food Serv. Anna Arocho
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Assisted Living Week!

National Assisted Living Week takes place from Sunday, Sept. 9 through Saturday, Sept. 15. This year's theme is "Capture the Moment."

Organizers hope the theme will inspire residents to realize their dreams and seize the day.



Happy Birthday

September Birthdays

Katherine R.	4
Ann T.	5
Patricia L.	9
Lillian D.	14
Marion L.	18
Ruth S.	18
Dorothy T.	29



Did You Know?

...That September's flower is the morning glory and its birthstone is the sapphire?

...That September is National Blueberry Popsicle Month, Chicken Month and Better Breakfast Month?

...That September is not considered a "summer month"?

Top 5 Back to School Movies

- **Dead Poets Society:** One of Robin Williams' best roles as an unconventional teacher at an elite boarding school
- **National Lampoon's Animal House:** The ultimate frat boy film. TOGA! TOGA!
- **Mr. Holland's Opus:** Richard Dreyfuss' Oscar-nominated role as a frustrated composer turned high school music teacher
- **Ferris Bueller's Day Off:** Ever want to skip school and get away with it? John Hughes directed this ode to high school slackers
- **Sixteen Candles:** Your sister's getting married and your family forgets your Sweet Sixteen. Look for a breakout performance from Gedde Watanabe as a foreign exchange student

Summer's Finale

Labor Day, which takes place on Monday, Sept. 3, is the traditional hallmark of the end of summer.

It's also a federal holiday where we recognize the contributions to our society by working men and women throughout the year.



Students Visit!



Roger S. shows our Korean exchange student friends some Jenga moves.



Time to get moving and have fun!



Agnes S. shows the crowd it's always time to learn new things.



Thanks for coming and celebrating with us!



Fran G., a former dancer, shows Steven a few moves at our July 4th bash!

Celebrating July 4th!

What better way to celebrate our country's birth than with a star-spangled party complete with entertainment by Kevin Curry and as much red, white and blue as we could handle!

See how we showed the world how proud we are to be Americans!



Find us on 



Employee of the Month



Meet Stanicia Hogue

Our Employee of the Month, Stanicia (Stan) Hogue, has been a care manager and part of our Promenade family for approximately two years.

Stan is always one of the first to pitch in and help out wherever and whenever we need a helping hand.

When she's not at the Promenade, she can be found watching movies, doting on her four children, and boasting about her extensive sneaker collection!

Thank you, Stan, for all you do for us!

Activities

September Highlights

- 3 Labor Day
- 7 Boat Trip on the Hudson
- 9-15 Assisted Living Week
- 9 Grandparents Day
- 9 Rosh Hashanah
- 11 9/11 Remembrance Day
- 11 Trip to Dollar Tree
- 12 Pizazz Shop
- 13 Trip for Brunch
- 15 Car Show
- 18 Yom Kippur begins at sundown
- 20 Trip out for Lunch
- 23-29 Apple Week
- 24 Apple Trivia
- 26 Apple Picking Trip
- 27 Hoe-Down
- 28 Apple Crafts



When it's Thursday night, you know it's time to barbeque on the patio!



Prize Winners!



Our Green Thumb's prize-winning herbs at the Orange County Fair!



Cilantro, anyone?



Blue ribbons for all!



CAPTURE THE **MOMENT**

NATIONAL ASSISTED LIVING WEEK®
SEPTEMBER 9-15, 2018

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