

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				<h1>March 2019</h1>			
Leader Care staff 10:00 Sittercise-AR 10:45 Favorite Hymn Sing-along 2:00 Sunday Matinee 6:30 Evening Movie	3 Leader JJ 10:00 Balance Class-AR 10:45 Name that Personality-AR 2:00 Match up Game-AR 2:00 Baking Group-AK 3:00 Chat & Nibble Cafe-AR 6:30 Evening Movie-AR	4 Leader JJ 10:00 Stretching Exercise-AR 10:45 Unscramble the Words associated with Mardi Gras-AR 2:00 Mardi Gras Party with Robert Vale-AR 6:30 Chocolate Bingo-AR	5 Leader JJ 10:00 Sittercise-AR 10:45 Name Challenge Find the Words-AR 2:00 M.O.M "Memories of Mom Music Performance" -AR 6:30 Evening Movie-AR	6 Leader JJ 10:00 Balance Class-AR 10:45 Concentration Puzzles 2:00 Floor Bowling-AR 3:00 Chat & Nibble Cafe 6:30 Evening Movie	7 Leader JJ 10:00 Stretching Exercise-AR 10:45 Its not Easy been Green Trivia-AR 2:00 Wheel of Fortune: Solve the Irish Songs Puzzles-AR 3:00 Cheese & Crackers -AR Mocktail Hour-AR 6:30 Evening Movie -AR	Employee Appreciation Day! Leader JJ 10:00 Stretching Exercise-AR 10:45 Advise to Dear Abby-AR 2:00 Dice & Grab Bag-AR 3:00 Employee Appreciation Ice Cream Social-AR 6:30 Evening Movie -AR	Leader Care staff 10:00 Sittercise-AR 10:45 Fill in the Blanks-AR 2:00 Bingo Game-AR 6:30 Evening Movie -AR
Leader Care staff 10:00 Sittercise-AR 10:45 Favorite Hymn Sing-along 2:00 Sunday Matinee 6:30 Evening Movie <small>Daylight Saving Time Begins</small>	10 Leader JJ 10:00 Balance Class-AR 10:45 Truth or Blarney Irish Trivia-AR 2:00 Jukebox Music Bingo-AR 3:00 Chat & Nibble Café-AR 6:30 Evening Movie-AR	11 Leader JJ 10:00 Name that Tune-AR 11:00 Zumba Gold with Concetta-AR 2:00 Food Forum-AR 2:00 Residents Council-AR 3:00 Chat & Nibble Cafe-AR 6:30 Chocolate Bingo -AR	12 Leader JJ 10:00Stretching Exercise 10:45 "Blarney Stone" find the words AR 2:00 Bingo Game-AR 3:00 Chat & Nibble Cafe-AR 6:30 Evening Movie -AR	13 Leader JJ 10:00 Balance Class-AR 10:45 Famous Irish Folks-AR 12:30 -1:30 Albany Public Library Po-up Visit-Library 2:00 Sing-along-AR 2:00 St. Patrick's Day Craft-AR 6:30 Evening Movie -AR	14 Leader JJ 10:00 Stretching Exercise-AR 10:45 St. Patrick's Day Hangman 2:00 Music Performance by the Gone Grey Band-AR 3:00 Cheese & Crackers Mocktail Hour-AR 6:30 Evening Movie -AR	Leader Care staff 10:00 Sittercise-AR 10:45 Finish the Movie Title-AR 2:00 Bingo Game-AR 6:30 Evening Movie	
Leader Care staff Wear Green Day 10:00 Sittercise-AR 10:45 Favorite Hymn Sing-along 2:00 St. Patrick's Day Party with Gerry King 6:30 Evening Movie <small>St. Patrick's Day</small>	17 Leader JJ 10:00 Balance Class-AR 10:45 Face-up Card Game-AR 2:00 Can you List This? -AR 2:00 Baking Group-AK 3:00 Chat & Nibble Café-AR 6:30 Evening Movie-AR	18 Leader JJ 10:30 Worship Service-AR 11:00 Stretching Exercise-AR 2:00 Folk music with Joe Gorman-AR 3:00 Chat & Nibble Cafe-AR 6:30 Chocolate Bingo -AR	19 Leader JJ 10:00 Sittercise-AR 10:45 Name Challenge Find the Words-AR 2:00 Music & Dance with Brian Zapel-AR 3:00 Welcome Spring Ice-Cream Social-AR 6:30 Evening Movie-AR	20 Leader JJ 10:00 Balance Class-AR 10:45 The Telephone Game-AR 2:00 Floor Bowling-AR 3:00 Chat & Nibble Cafe-AR 6:30 Evening Movie-AR	21 Leader JJ 10:00 Stretching Exercise-AR 10:45 Advise to Dear Abby-AR 2:00 March Birthday Party with D.J Mark-AR 6:30 Evening Movie -AR	Leader Care staff 10:00 Sittercise-AR 10:45 Finish the Song Title-AR 2:00 Bingo Game-AR 6:30 Evening Movie -AR	
Leader Care staff 10:00 Sittercise-AR 10:45 Favorite Hymn Sing-along 2:00 Sunday Matinee 6:30 Evening Movie	24 Leader JJ 10:00 Balance Class-AR 10:45 Hangman word Game-AR 2:00 Crossword Puzzles-AR 3:00 Welcome New Residents Root Beer Float Social-AR 6:30 Evening Movie-AR	25 Leader JJ 10:00 Stretching Exercise-AR 10:45 What would you do? -AR 2:00 Drama Club: "A Friend in Need" -AR 3:00 Chat & Nibble Cafe-AR 6:30 Chocolate Bingo-AR	26 Leader JJ 10:00 Sittercise-AR 10:45 Name Challenge Find the Words-AR 2:00 Activity Store-AR 2:30 Bingo Game-AR 6:30 Evening Movie-AR	27 Leader JJ 10:00 Balance Class-AR 10:45 Coffee & Donuts Social-AR 2:00 Humor & Songs with Stan-AR 6:30 Evening Movie -AR	28 Leader JJ 10:00 Stretching Exercise-AR 10:45 Family Feud-AR 2:00 State Trivia Bingo-AR 3:00 Cheese & Crackers Mocktail Hour-AR 6:30 Evening Movie-AR	Leader Care staff 10:00 Sittercise-AR 10:45 Fill in the Blanks-AR 2:00 Bingo Game-AR 6:30 Evening Movie -AR	
Leader Care staff 10:00 Sittercise-AR 10:45 Favorite Hymn Sing-along 2:00 Sunday Matinee 6:30 Evening Movie	31 	Activities are subject to change or re-scheduled if group leader is absent or due to inclement weather conditions. Activities are conducted by JJ & Care Staff <u>Activities Location Key</u> AR= Activities Room**** AK= Activity Kitchen					

Calendar created by Jumone Johnson (JJ) Director of Recreation. If you have questions please contact JJ @ jj@promenadesenior.com. Or call 518-514-9500 ext. 510