

PROMENADE

AT CHESTNUT RIDGE

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.PromenadeSenior.com

April 2019



Pet Therapy and Our Seniors

One form of Pet Therapy - Visitation therapy is arguably the most familiar kind of pet therapy for our residents and usually involves dogs or cats visiting our community. Therefore, residents get to enjoy the animal's loving attention without having to care for the animal. We love our visits from Red Wing and Ranger Blue. If you have a trained pet therapy animal that wants to visit us, please contact Nilly L.



Monthly Newsletter Cats and Dogs

Did you ever notice that each month's activity calendar and newsletter features a cat or dog?

The inspiration for this centers around the pets featured here. Our Staff are Pet Enthusiasts. Sasha the cat (top left) is a 1st place beauty contest winner and is Gail's cat. Bottom left are the pets of Janice. Not only does Janice have a dog and a cat (Arya and Merle), she also has horses. Nilly's cat (featured top right) is beautiful Alfi. On page 2 at the bottom you will see Cheryl's cat, Hank. If you would like your pet featured in our newsletter, just send us a picture!

CALENDAR KEY

AR..... Activity Room
 AR2..... 2nd Fl. Act. Room
 PA..... Parlor
 LIB..... Library
 TV..... TV Room
 C..... Courtyard
 PD..... Pvt Dining Room
 Bus..... Bus
 L..... Lobby
 DR..... Dining Room

Volunteers

Edith A. Bogert School
 Church of the
 Presentation

Resident Volunteers

Roberta B., President
 Rosalind W., Vice
 President

Roberta B., Linda B.,
 Sundries Shop

Volunteer Shopper
 Lynn P.

Shirley M., Welcome
 Committee

Activity Department

Director
 Nilly Landa

Leaders

Tamar Brutus
 Cheryl Beson
 Melinda Roc

Sundries Shop

Open Tuesdays and
 Thursdays at 9:30am in
 the Activities Room (AR)
 Shower & Bath Supplies
 Toiletries, Candy
 Cards & Stamps



Meet Hank

Sunday	Monday	Tuesday
Daily Social at 3 p.m. In the Parlor The Beauty Parlor Will Be Open Every Wednesday and Friday Please Make Appointments at the Front Desk Resident Store Open Tue & Thur at 9:30am In Activities Room 8:00 AR Evening Social	April Fools' Leaders- Cheryl & Nilly 9:30 PA Forever Fit 10:15 PA The Joke's On You 10:45 AR The Bake-Off 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Crafters' Corner 3:30 PA Song & Dance Man w/Randi Accardi 6:15 AR Comedy Central 6:15 PA Card Sharks	Leaders- Cheryl & Nilly 9:30 PA Fun & Games w/Bogert School 11:00 PA Favorite Pastime 12:00 AR Men's Home Run Lunch 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Spring Village 3:30 PA Volleyball Fun w/George 6:15 AR Field Of Dreams
Leaders- Nilly & Melinda 10:00 AR Communion Service 10:30 PA Sentimental Journey 11:00 PA Sunday Stretch 11:30 PA Hot Off the Press 1:30 AR Bingo Bonanza 1:30 PA Forever Friends 3:30 PA Easter Egg Decorating 6:15 AR The Best on Sunday	Leaders- Tamar & Nilly 9:30 PA Let's Have Fun w/Frisch School 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Flower Power 3:30 PA Rockin' & Rollin' w/Rafael 6:15 AR Monday Night Movie	Leaders- Tamar & Nilly 9:30 PA Lotsa Fun w/Bogert School 10:15 PA Daily Chronicles 11:00 PA Twistin' Tuesday 11:30 PA Scruples 12:00 AR Red Hat Lunch 1:30 LIB Scrabble/AR Bingo 1:30 PA Creative Circle 3:30 PA Put On Your Thinking Caps w/George 6:15 AR Film Fans
Palm Sunday Leaders- Melinda 10:00 AR Palm Sunday Communion Service 10:30 PA Down Memory Lane 11:00 PA Sit & Be Fit 11:30 PA News & Views 1:30 AR Bingo Bonanza 3:30 PA Buzzword 6:15 AR Sunday's Best	Leaders- Cheryl & Nilly 9:30 PA Tabletop Games w/Frisch School 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Game Time 3:30 PA Music In Motion w/Rafael 6:15 AR It's Showtime 6:15 PA Card Sharks	Leaders- Cheryl & Nilly 9:30 PA Tone-Up Time 10:15 AR Let's Make Easter Bonnets 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Fun & Games 3:30 PA Casino Royal 6:15 AR Netflix Pix
Easter Sunday Leaders- Nilly 10:00 PA Easter Sunday Communion Service 10:30 PA Once in A Lifetime 11:00 PA Sunday Stretch 12:00 DR Easter Luncheon 1:30 AR Bingo Bonanza 1:30 PA Friendly Get-Together 3:30 PA Easter Bonnet Parade 6:15 AR Easter Parade	Leaders- Tamar & Nilly 9:30 PA Stretch & Tone 10:15 PA The Trouble Shooters 10:45 AR Spring Florals Craft 12:00 AR Newcomers' Lunch 1:30 AR Bingo 1:30 PA Nilly's Knickknacks 3:30 PA Let's Boogie w/Rafael 6:15 AR Show Stoppers	Leaders- Tamar & Nilly 9:30 PA Twistin Tuesday 10:15 PA Daily Chronicles 10:45 PA The Artist Studio 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Let's Have Fun w/Nilly 3:30 PA Curious George 6:15 AR The Best of Hollywood
Leaders- Nilly 10:00 AR Communion Service 10:30 PA I Remember When 11:00 PA Sunday Stretch 11:30 PA Sit & Be Fit 1:30 AR Bingo Bonanza 3:30 PA Instant Recall 6:15 AR Hollywood Legions	Earth Day Leaders- Cheryl & Nilly 9:30 PA Forever Fit 10:15 PA Our Favorite Planet - Earth 10:45 AR It's My Nature - Garden Club 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Spring Mural 3:30 PA Disco Fever w/Rafael 6:15 AR Movie Encore	Leaders- Cheryl & Nilly 9:30 PA Tone-Up Time 10:15 PA Daily Chronicles 10:45 PA A Flair for Art 1:30 LIB Scrabble 1:30 AR Game Time 3:30 PA George's Surprise 6:15 AR Movie Greats

Wednesday	Thursday	Friday	Saturday
3 Leaders- Tamar & Nilly 9:30 PA Stretch & Flex 10:15 AR It's For The Birds 10:15 AR Yarn Works 11:30 BUS: The Lunch Bunch 1:30 LIB Scrabble 1:30 AR Bingo 3:30 PA Scavenger Hunt 4:00 AR Eucharist Meditation 6:15 AR On the Big Screen	4 AVI Leaders- Tamar & Nilly 9:30 PA Fit for Life 10:00 BUS: Local Shopping 10:15 PA Daily Chronicles 11:00 PA The Know It All 1:30 PA Patchwork/AR Bingo 1:30 PA Lost & Found 2:30 PA Resident Council 3:30 PA April Showers w/Chris Durante 6:15 AR Curtain Calls	5 Leaders- Cheryl & Tamar 9:30 PA The Daily Warm-Up 10:15 PA Daily Chronicles 10:45 AR Just Bead It 10:45 AR Sort It Out 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Crafts & Keepsakes 3:30 PA Target Toss 3:30 AR Shabbat w/Rabbi Friedman 6:15 AR On The Silver Screen	6 Leaders- Cheryl & Tamar 9:30 PA Weekend Workout 10:15 PA It's Puzzling 10:15 AR The Walking Club 11:00 PA Target Toss 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA The Crafty Crew 3:30 PA The Match Game 3:30 AR Pamper Yourself 6:15 AR Weekend's Best
10 Leaders- Cheryl & Nilly 9:30 PA Stretch-R-Cize 10:15 PA Daily Chronicles 10:00 BUS: Dollar Tree 11:00 PA Personality Plus 1:30 LIB Scrabble/AR Bingo 1:30 BUS: Ice Cream Run 3:30 PA Games Galore 4:00 AR Eucharist Meditation 6:15 AR Blockbuster Video 6:15 PA Players' Club	11 Leaders- Cheryl & Nilly 9:30 AR The Fitness Club 10:00 BUS: Local Shopping 10:15 AR Daily Chronicles 11:00 AR The College Of Knowledge 1:30 LIB Scrabble/AR Bingo 1:30 PA Spring Scrapbooking 3:30 PA Broadway Melodies w/Stephanie Romm 6:15 AR Critic's Choice	12 Leaders- Cheryl & Tamar 9:30 PA Fun & Fitness Friday 10:45 AR The Beadery 10:45 AR Spot It 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Friday Fun w/Tamar 3:30 PA Calling All Players 3:30 AR Shabbat Service 6:15 AR Movie Madness	13 Leaders- Cheryl & Tamar 9:30 PA Senior Fitness 10:15 PA As Webster Defines 10:15 AR The Walking Club 11:00 PA Active Games 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Crazy About Crafts 3:30 PA Don't Forget The Lyrics 3:30 AR Dazzling Ladies 6:15 AR Netflix Top Ten
17 Leaders- Tamar & Nilly 9:30 PA Stretch & Flex 10:15 PA Daily Chronicles 10:00 BUS: Walmart 11:00 PA Words With Friends 1:30 AR Purim Craft 1:30 LIB Scrabble/AR Bingo 2:30 PA Food Committee 3:30 PA Jukebox Karaoke 4:00 AR Eucharist Meditation 6:15 AR Hollywood's Best	18 AVI Leaders- Tamar & Nilly 9:30 PA Fit For Life 10:00 BUS: Local Shopping 10:15 PA Daily Chronicles 11:00 PA Word Wizards 12:00 PA Birthday Lunch 1:30 LIB Scrabble/AR Bingo 1:30 PA Embellish This 3:30 PA Birthday Bash w/George 6:15 AR A Timeless Classic	19 Good Friday/Passover Begins at Sundown Leaders- Cheryl, Tamar & Nilly 9:30 PA The Daily Warm-up 10:15 PA Daily Chronicles 11:00 AR Passover Mock Seder w/Rabbi Friedman 11:00 PA PBS Presents 1:30 LIB Scrabble/AR Bingo 1:30 PA Fun w/ Friends 3:30 PA Cultural Showcase 6:15 AR Hollywood Starz	20 Passover Leaders- Cheryl & Tamar 9:30 PA Weekend Workout 10:15 PA Crossword Fun 10:15 AR The Walking Club 11:00 PA The King Pins 1:30 LIB Scrabble/AR Bingo 1:30 PA Grab Bag w/ Tamar 3:30 PA Name That Spring Melody 3:30 AR Manicures & Music 6:15 AR Critics' Choice
24 Leaders- Cheryl & Nilly 9:30 PA Stretch-R-Cize 10:15 AR Appliqué Fun 10:15 AR The Stitching Circle 11:30 BUS: Movie & Lunch 1:30 LIB Scrabble AR BINGO 3:30 PA Volunteer Appreciation 4:00 AR Eucharist Meditation 6:15 AR Front Row Seats 6:15 PA Players Club	25 Leaders- Cheryl & Nilly 9:30 PA The Fitness Club 10:00 BUS: Local Shopping 10:15 PA Daily Chronicles 11:00 PA The Words Out 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Game Time 3:30 PA Spring Fling w/Anne Mazzuco 6:15 AR Movie Encore	26 Arbor Day Leaders- Cheryl & Tamar 9:30 PA Fun & Fitness Friday 10:15 PA Daily Chronicles 10:45 AR String Beads 10:45 PA What Tree AM I? 1:30 LIB Scrabble 1:30 AR Bingo 1:30 PA Leaf Printing 3:30 PA Take Your Best Shot 3:30 AR Shabbat Service 6:15 AR Lights, Camera, Action	27 Leaders- Cheryl & Nilly 9:30 PA Senior Fitness 10:15 PA Spill and Spell 10:15 AR The Walking Club 11:00 PA The Race Is on 1:30 LIB Scrabble/Bingo 1:30 PA Gather Around w/Tamar 3:30 PA Family Feud 3:30 AR Glamour Girls 6:15 AR From the Actors' Studio
Happy Birthday, Residents: Joyce M. - April 2nd Lillian G. - April 10th Shirley S. - April 10th Rose R. - April 10th Diana C. - April 13th Ruth S. - April 15th Nettie P. - April 17th Lenora S. - April 20th Jennie S. - April 26th Sheila D. - April 26th Jean C. - April 26th		Activities Are Subject to Change. Please Check the TV Screen for Updates and Changes During the Month. Happy Birthday, Staff: Cynthia H. - April 1st Moe H. - April 2nd Courtney S. - April 2nd Priscilla B. - April 10th Jodi G. - April 18th Irma S. - April 27th David P. - April 27th	PLEASE NOTE THAT DUE TO THE RENOVATION OF THE PARLOR, THE LOCATION OF ACTIVITIES MAY CHANGE DURING THIS MONTH. PLEASE CHECK THE ACTIVITIES SCREEN FOR ANY CHANGES AND LOCATIONS.

April 2019



Thank you
Anthony Papa
For your
beautiful Piano
Recital. We are
so fortunate to
have you as a
volunteer.



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