

The Promenade At Blue Hill
 582 Veterans Memorial Drive
 Pearl River, NY 10965
 Phone: 845-735-6846

June 2019

Country Cottage

Janice Rhodes/Country Cottage Coordinator
 Kathy Jackelow/Activity Leader
 Warren DeJarnett/Activity Leader/Bus Driver
 Lise Exceus/ Activity Leader
 Carol -Volunteer

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|--|--|
| <p>30 Janice/Warren/Kathy 10:00 Walking Club 10:30 <i>Mass on tv</i>**/Coffee & News 11:00 Game Time/Songs 1:00 Stroll Around 1:30 <i>Scenic Drive</i>/Table Time Game 2:30 Snack/Word Games/Walk 3:00 Sunday Stretching/Dancing 4:00 Games w/Warren/Ball Throw</p> | <p>MONTHLY BIRTHDAYS Robert –June 28th</p> <p>SPECIAL EVENT ERIC LIPPER PERFORMS TUESDAY, JUNE 25 2-3PM</p> | <p>Activities are subject to change</p> <p>Pet Therapy Tuesdays @ 2pm Wednesdays 3-4pm</p> | <p>SPECIAL EVENTS: ESVP Clowns –June 5 Cooking Demo w/Ahmed-June 6 Eryan-June 7 Sean-June 8 Rafael-June 9 Stephanie –June 14 Girl Scouts—June 14 Eric– June 15 Chris M. June 16 Morning Music Club –June 19 Rick S-June 21 Chris D. June 22</p> | <p>MONTHLY CAREGIVER SUPPORT GROUP TUESDAY JUNE 11 @ 6:30PM IN CONFERENCE ROOM</p> | <p>Hair & Nail Salon Open Sundays (10:00am-5:00pm) Make Appointments</p> | <p>1 Kathy 10:00 Walking Club 10:30 Morning Stretching/Ball Volley 11:00 Words w/pen/Balloon Swat 1:00 Word Fun w/Kathy/Stroll Around 1:30 Marilyn Monroe/Music & Dance 2:30 Snack/Mixed Up Boating/Walking 3:00 Let's Move It/Pictionary 4:00 Trivia/Basket Throw</p> |
| <p>2 Janice/Warren/Kathy 10:00 Morning Stroll/Singing 10:30 Sunday News/Lou Gehrig 11:00 <i>Mass on tv</i>**/Ball Games 1:00 Types of Pets 1:30 <i>Scenic Drive</i>/Ring Toss 2:30 Snack/Walk Around 3:00 Exercises/Parachute 4:00 Ring Toss/Bean Bags</p> | <p>3 Janice/Warren/Kathy 10:00 Stroll Around 10:30 <i>Drive Around</i>/Daily News/Dancing 11:00 Casey at the Bat/Bowling 1:00 Ball w/Carol/wALK 1:30 Basketball/Bull's Eye 2:30 Snack/Marine Mammals/Stretch 3:00 Balloon Toss/Exercise Time/Walking 4:00 Neil Diamond Music/Poetry</p> | <p>4 Kathy/Janice 10:00 Walking Club 10:30 Cat Benefits/News Today 11:00 Frisbees/Morning Stretching 1:00 Music & Dance/Walk Around 1:30 Ring Toss/Famous Landmarks 2:30 Snack/<i>Pet Therapy</i>/Ring Toss 3:00 Sing-a-long/Catch Balloons 4:00 Bocci Ball/Afternoon Exercises</p> | <p>5 Janice/Lise 10:00 <i>Prayer Service</i>**/Walking 10:30 Today's News/RSVP Clowns 11:00 Morning Stretching/Parachute 1:00 Bank Practice/Afternoon Stroll 1:30 Track Stars/50's Music 2:30 Snack/Kickball/Exercises 3:00 <i>Pet Therapy</i>/Art Work 4:00 Frisbee/Basketball</p> | <p>6 Lise/Janice 10:00 Morning Stroll/News 10:30 Sweden Chat/Morning Stretch 11:00 Rhymes w/Six/Bocci Ball 1:00 Walking Club/Jumbles 1:30 <i>Cooking Demo w/Chef Ahmed</i> 2:30 Snack/Repeater Words/Exercises 3:00 <i>Drive In Discussion</i>/76 Trombones 4:00 Robert Scott/Sing-a-long</p> | <p>7 Kathy/Lise 10:00 Stroll Around/News Today 10:30 Dean Martin/Let's Move It 11:00 Make a List/Parachute 1:00 Donut Jokes/Walking 1:30 Afternoon Exercises/Balloons 2:00 Bryan Entertains/Hand Massage 3:00 Snack/Popular Ice Cream 4:00 Songs/<i>Shabbat</i>**/dd words</p> | <p>8 Lise 10:00 Daily Walk 10:30 News/List of Sea Animals 11:00 Parachute/Famous Actresses 1:00 <i>Prayer Service w/Rev. Angela TH</i> 1:30 Walking/Dancing/Pictionary 2:00 Sean Performs/Basketball 3:00 Snack/70's Music/Exercises 4:00 Frisbee's/Stroll Around</p> |
| <p>9 Kathy/Warren/Janice 10:00 Let's Promenade!/ Dancing 10:30 Singing/Father-Daughters 11:00 <i>Mass on tv</i>**/Cole Porter 1:00 Walking/It's Superman! 1:30 <i>Ride Around</i>/Rafael 1:45 2:30 Snack/Exercises/Balloons 3:00 Canada Talk/Favorite Pictures 4:00 Vet's Green Day/Ball Toss</p> | <p>10 Janice/Warren/Kathy 10:00 We're Walking/SOS Talk 10:30 <i>Scenic Drive</i>/Sing-a-long 11:00 Writing Tools/Parachute 1:00 Little league Talk/Stroll Around 1:30 Candy Man Talk/Bean Bags 2:30 Snack/West Point Chat/Games 3:00 Summer Drinks/Golf Anyone? 4:00 Frisbee/Basketball Toss</p> | <p>11 Kathy/Janice 10:00 Stroll Around/Bull's Eye 10:30 Triple Crown Chat/Ring Toss 11:00 Kim K. /Singing/Stretching 1:00 Things Australian/Walking 1:30 The 7 Dwarfs/Card Sharks 2:30 <i>Pet Therapy</i>/Snack 3:00 Our Oceans/Ball Toss/Exercises 4:00 Football w/Vince/Word Jumbles</p> | <p>12 Janice/Lise 10:00 <i>Prayer Service</i>**/Stroll Around 10:30 News Time/Let's Stretch 11:00 Ring Toss/Good & Plenty Chat 1:00 Toss w/Carol/Walking 1:30 Birthday-Baseball 2:30 Snack/Let's Talk Roses/Walking 3:00 <i>Pet Therapy</i>/PB Cookies 4:00 Balloon Swat/Sonny & Cher</p> | <p>13 Lise/Janice 10:00 Stretch Your Legs Walking 10:30 Bean Bag Fun/Ball Toss 11:00 Sing-a-long/News Talk 1:00 Horoscopes/Word Fun 1:30 Bocci Ball/Card Games 2:30 Snack/Things w/Holes 3:00 Nurse Talk/Who's A klutz? 4:00 Poetry/Roller Coasters/Stretch</p> | <p>14 Kathy/Lise 10:00 Let's Take a Hike/Dancing 10:30 Exercise Time!!!/Ball Throw 11:00 Patriotic Songs/Player Piano 1:00 H.B. Stowe/Walking Club 1:30 Strawberry Short Cake Recipes 2:00 Stephanie Performs/Balloons 3:00 Snack/Girl Scouts/Exercises 4:00 <i>Shabbat w/Rabbi Drill</i>**</p> | <p>15 Kathy/Lise 10:00 Stroll Around Time/Singing 10:30 Morning Stretching/Bean Bags 11:00 Nature Photographs//KO Words 1:00 Words w/Kathy/Walk Around 1:30 Volunteer Discuss/Humor Time 2:00 Eric Entertains/Horticulture 3:00 Snack/Exercises/Ball Volley 4:00 Jumbles/Music</p> |
| <p>16 Warren/Kathy/Janice Father's Day 10:00 Stroll Around 10:30 Bowling/Basketball 11:00 <i>Mass on tv</i>**/Bull's Eye 1:00 Walking Club 1:30 <i>Scenic Drive</i>/Frank Sinatra 2:00 Snack/Chris M. Performs 3:00 Exercises/Piano Play 4:00 Double ee word/Unscrambles</p> | <p>17 Warren/Janice/Kathy 10:00 Walk Around 10:30 <i>Scenic Drive</i>/Today's News 11:00 Frisbee Throw/Dancing 1:00 Games w/Carol/wALKING 1:30 Ball Toss/Strawberry Recipes 2:30 Snack/Stretching/Basketball 3:00 Sing-a-long/Ring Toss 4:00 List of Musical Instruments</p> | <p>18 Janice/Kathy 10:00 Morning Stroll 10:30 News/Bull's Eye 11:00 Kick Ball/Morning Stretch 1:00 Picnic Items/Walking 1:30 Famous Actors/Parachute 2:30 Snack/<i>Pet Therapy</i>/Coloring 3:00 Balloon Swat/Frisbee Throw 4:00 Sushi Facts/Bocci Ball</p> | <p>19 Janice/Lise 10:00 <i>Prayer Service</i>**/Walking 10:30 Morning Exercises/Songs 11:00 News Today/Basket Throw 1:00 Volley w/Carol/Stroll Around 1:30 Table Games/Weather Jumbles 2:00 Snack/Morning Music 3:00 <i>Pet Therapy</i>/Exercises/Songs 4:00 Word Games/Balloon Swat</p> | <p>20 Lise/Janice 10:00 Daily Walk 10:30 Dancing & Singing 11:00 News Today/Frisbee Throw 1:00 Ring Toss/Walk Around 1:30 Pictionary/Midday Walk 2:30 Snack/Celebrity Photos 3:00 Afternoon Stroll/Parachute 4:00 Bull's Eye/Balloon Swat</p> | <p>21 Kathy/Lise 10:00 Walk Around/Frisbees 10:30 Daily News/Cuckoo Facts 11:00 Dancing/Exercise Time 1:00 Words w/Kathy/Walking 1:30 Bocci Ball/Balloon Swat 2:00 Rick S. Entertains/Plant Care 3:00 Snack/Summer Activities 4:00 <i>Shabbat</i>**/Ball Toss</p> | <p>22 Kathy/Lise 10:00 Stroll Around/News 10:30 Stretching/Ring Toss 11:00 Camp Stories/Bull's Eye 1:00 Make a List/Walking Club 1:30 Dean Martin/Basket Throw 2:00 Chris D. Performs/Funny Jokes 3:00 Snack/Bean Bags/Exercises 4:00 Favorite Desserts/Balloons</p> |
| <p>23 Warren/Kathy/Janice 10:00 Stroll Around 10:30 Morning Exercises 11:00 <i>Mass on tv</i>**/News Today 1:00 Walking Club 1:30 <i>Bus Ride</i>/Tea Time 2:30 Snack/Pennsylvania Trivia 3:00 Sunday Stretching/Bean Bags 4:00 Math Discussion/Balloons</p> | <p>24 Warren/Kathy/Janice 10:00 Walking Club 10:30 <i>Scenic Drive</i>/Coffee Chat 11:00 Advice Columnist 1:00 Volley w/Carol/Stroll Around 1:30 Things That Are Pink/Card Games 2:30 Snack/ Tea Words/Sensory Time 3:00 Stretching to Music/Parachute Fun 4:00 Milkman Discuss/Ball Throw</p> | <p>25 Kathy/Janice 10:00 Morning Walking & Singing 10:30 Morning Stretching/Frisbees 11:00 French Phrases/Dancing/List Dogs 1:00 Famous Canadians/A-Z Colors 1:30 Reminiscing/Stories/Bull's Eye 2:00 Eric Lipper Performs/<i>Pet Visit</i> 3:00 Tuesday Toning/Ball Throw/Snack 4:00 Blue Things/Sing-a-long</p> | <p>26 Janice/Lise 10:00 <i>Catholic Mass</i>/Walking Club 10:30 Let's Stretch/Table Art 11:00 Music & Dancing 1:00 Ball Games w/Carol/Strolling 1:30 Bowling/Bingo 2:30 Snack/Walk Around 3:00 <i>Pet Therapy</i>/Official State Foods 4:00 Exercise Time/Jumbles</p> | <p>27 Janice/Lise 10:00 Stroll Around Time 10:30 Let's Exercise/Music 11:00 Make a List/Parachute 1:00 Summer Camp/Walking 1:30 Celebrity Photos/Table Games 2:30 Snack/German Phrases 3:00 Let's Exercise/Balloon Swat 4:00 Bocci Ball/Basket Throw</p> | <p>28 Kathy/Lise 10:00 Sing & Walking Club 10:30 Move It Friday/Frisbee Toss 11:00 Richard Rodgers Music/Balloon 1:00 Rhymes w/Jumbles/Walking 1:30 Small Groups w/Kathy/Lise 2:30 Snack/U. S. Holidays/Ball Games 3:00 Friday Fitness/Music & Dancing 4:00 <i>Shabbat</i>**/Ring Toss</p> | <p>29 Kathy/Lise 10:00 Let's Take a Hike 10:30 L Words/Saturday Stretching 11:00 Lena Horne Songs/Bull's Eye 1:00 Word Fun/Walking 1:30 Favorite Vacations/Bean Bags 2:30 Snack/Fishing Jumbles 3:00 Music & Singing/Dancing 4:00 Swimming Exercises/Balloons</p> |