



February 2025

70 Fulton Street • Middletown, NY 10940 • (845) 341-1888
www.PromenadeSenior.com



Promenade Team

Assoc. Dir. Jarelyss Gordon
Wellness Bernadette Wessels
Med. Mgr. Aisha Santiago
Case Mgmt. Arlene Fearon
Comm. Rel. Karen M. Treacy
Food Svc. Dir. Jasin Salvadoron
Activity Dir. Ann Marie Ehler
Maintenance Michael Cassara
Exec. Dir. Benizia Bastidas



February Birthdays

Lynn P.	2
Nancy R.	6
Lucille Z.	9
Gerald F.	11
Leonard C.	14
Annie B.	18
Andre K.	18
Carol Z.	19



Nancy B. says Happy 2025!



Shalom! Ann M., Marjorie S. from our Activity staff and Howard K. light the menorah to celebrate the Festival of Lights.



We said goodbye and Godspeed to Rose last month! See page 3.



Auld Lang Syne

Sharon M., Harriet C. and Carol E. kick up their heels at the Promenade's annual New Year's Eve bash. Great times were had by all attending! See page 2 for more fun details about the party!



Rob M. shows off his painting! See pg. 2 ...



Art Time



We welcomed back Joelis Bastidas, daughter of ED Benizia Bastidas, as she led the residents in an oil on canvas painting session during her college break.



Above and below: Sharon M. (above) and Jane L. (below) proudly display their artwork.



Above: Florence, Unette and Sandra of our care staff got into the party spirit!
Below: Diane D. and Bill B. show their moves on the dance floor as the band played on.



Above: As Grace L. looks on and enjoys the entertainment, Bill B. and Diane D. pay rapt attention to the music.



Top: Herb S. and Lucille Z. have a quiet moment.
Center: Felicia P. reflects on a good time at our New Year's Eve bash.
Above: Wendy A. shows off her party headgear.

We'll Miss You, Rose!

Last month, we said goodbye to Housekeeper Rose Wisniewski, a fixture in the community who worked here at the Promenade for over 30 years. Rose took her well-deserved retirement and we celebrated with her and her family as we honored her time here with our Promenade family.

We wish Rose and her family all the best as she relaxes and enjoys her time off!



It's never too early to get a head start on the next set of decorations! Pink and red hearts for Valentine's Day were the order of the day as we spent the afternoon crafting and painting.



Surrounded by her family and Activity Director Ann Marie Ehler, Rose opened her cards and gifts from a grateful staff.



L-R: Maintenance tech David Dugar, Facility Compliance Coordinator Mike Cassara, Lead Housekeeper Sherry Budd, Rose Wisniewski, Housekeepers Widline Saint-Preux and Midline Arisvil, and Maintenance Tech Henry Westberry all helped us wish Rose a happy and healthy retirement.

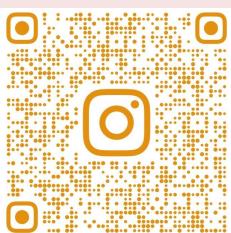


YUM!

Hot Chocolate History

Warming up with a mug of hot chocolate is a sweet and simple winter ritual. We have the Indigenous people of Mexico and Central America to thank for coming up with the concept of grinding cocoa beans into a rich, foamy beverage.

The original version was a lot different from what we enjoy today, though; for starters, their drink was served cold! But you can still raise a toast to tradition by adding in a complementary warmth with ground cayenne pepper, one of the key ingredients in Mexican hot chocolate.



Scan the QR Code and visit us on Instagram!



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