

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026						9:30-10:00-MS-Activity Rm "MOVE" 10:15-11:15-MS-Activity Rm-UNO 11:15-11:45-MS-Activities-TRIVIA 1:30-2:30-MS-Activity Rm-BINGO! 2:30-3:00-MS-Activity Rm ICE CREAM SOCIAL 3:00-4:00-AE/MS-BANQ RM SUNSHINE DANCE STUDIO RECITAL 3:30-4:30-MS-ACTIVITIES Rm SPIRITUAL PROGRAM YOU ARE SPECIAL
9:30-10:00-MS-Activity Rm "MOVE"-SITTERCISE 10:15-11:15-MS-Activity Rm-POKENO 1:00-1:45-Vol-BANQUET RM- The King's Table (religious program) 2:00-3:00-MS-Activities-BINGO 3:00-3:30-DIETERY-Activity Rm AFTERNOON SOCIAL & MUSIC 4:00-4:45-MS-Activity Rm WORD SCRAMBLE	9:30-10:00-AE-Activity Rm "MOVE"- 10:15-11:45-AE-Activities LUCKY STRIKES BOWLING 1:00-2:00-ELISSA-Banquet Rm THE PROMEDEERS PRACTICE 2:15-3-AE-Activity Rm-BINGO 3:00-5:00-AE/DIETERY-Activity Rm AFTERNOON SOCIAL & MOVIE MATINEE 6:30 pm- ACTIVITY RM-MONDAY MOVIE MADNESS	9:30-10:00-AE-Activity Rm "MOVE" 10:00-10:45-Vol-Banquet Rm CATHOLIC MASS 11-11:45-AE-Activities-UNO 2:00-3:00-AE-Activities-BINGO 3:00-3:30-DIETERY-Activity Rm AFTERNOON SOCIAL & MUSIC 3:45-4:45-AE-WORD GAMES	9:30-10:00-MS-Activity Rm "MOVE" 10-11-CASSIE- ACTIVITY RM MUSIC THERAPY 11:15-11:45-MS-ACT RM-TRIVIA 1:00-2:00-BANQ RM COLOR ME CRAZY with CHERYL ADULT COLORING GROUP 2:00-3:00-MS-Activities-BINGO 3:00-3:30-MS-Act Rm-AFTERNOON SOCIAL 3:45-4:45-MS-WORD GAMES 6:30 pm in ACTIVITY RM-BINGO AT NIGHT	9:30-10:00-MS-act Rm "MOVE" 10:15-11:15-AE-Activities-UNO 12-1:30-MS-PATIO-BARBECUE MUST SIGN UP IN ACTIVITIES LIMITED SEATING 2:00-3:00-MS-Activities-BINGO 3:00-3:30-MS-Act Rm- AFTERNOON SOCIAL & MUSIC 3:45-4:45-MS-WORD GAMES	9:30-10:00-MS-Activity Rm "MOVE" 10:00-11:45-AE/MS-Activities FUN & GAMES with the YMCA KIDS 1:00-2:00-BANQ RM- COLOR ME CRAZY with CHERYL 2:00-3:00-MS-Activities-BINGO 3:4:30-AE-BUS TRIP TO DOLLAR TREE 3:00-3:30-MS-Activities AFTERNOON SOCIAL 3:45-4:45-MS-WORD GAMES	9:30-10:00-MS-Activity Rm "MOVE" 10:15-11:45-MS-Activities LUCKY STRIKES BOWLING 2:00-3:00-MS-Activities-BINGO 3:00-3:45-DIETARY-Activity Rm ICE CREAM SOCIAL 3:30-4:30-VOL-ACTIVITIES Rm SPIRITUAL PROGRAM TRUTH OF GOD
9:30-10:00-MS-Activity Rm "MOVE"-SITTERCISE 10:15-11:15-MS-Activity Rm-POKENO 1:00-1:45-Vol-BANQUET RM- The King's Table (religious program) 2:00-3:00-MS-Activities-BINGO 3:00-3:30-DIETERY-Activity Rm AFTERNOON SOCIAL & MUSIC 4:00-4:45-MS-Activity Rm WORD SCRAMBLE	9:30-10:00-MS-Activity Rm "MOVE" 10:15-11:45-MS-Activities LUCKY STRIKES BOWLING 11:30-2:00-AE-BUS TRIP TO PIZZERIA MUST SIGN UP IN ACTIVITIES 1:00-2:00-ELISSA-Banquet Rm THE PROMEDEERS PRACTICE 2:15-3-MS-Activity Rm-BINGO 3:00-5:00-MS/DIETERY-Activity Rm AFTERNOON SOCIAL & MOVIE MATINEE 6:30 pm in ACTIVITY RM-MONDAY MOVIE MADNESS	9:30-10:00-AE-Activity Rm "MOVE" 10:00-10:45-Vol-Banquet Rm CATHOLIC MASS 11-11:45-AE-Activities-UNO 2:00-3:00-AE-BANQUET RM SING ALONG with NINA & BOB 3:45-4:45-AE-BINGO	9:30-10:00-AE-Activity Rm "MOVE" 10-11-CASSIE- ACTIVITY RM MUSIC THERAPY 1:00-2:00-BANQ RM- COLOR ME CRAZY with CHERYL 2:00-3:00-AE-Activities-BINGO 3:00-3:30-DIETERY-Activities AFTERNOON SOCIAL 4:00-4:45-AE-Activity Rm WORD SCRAMBLE 6:30 pm in ACTIVITY RM-BINGO AT NIGHT	9:30-10:00-MS-act Rm "MOVE" 10:30-2:00-AE/MS PARKING LOT FUN DAY IN THE SUN DAY! WATER GAMES 2:00-3:00-MS-Activities-BINGO	9:30-10:00-MS-Activity Rm "MOVE" 10:00-11:45-BANQUET CHAT with HAL & VISIT with KORA THERAPY DOG 1:00-2:00-BANQ RM- COLOR ME CRAZY with CHERYL 2:00-3:00-MS-Activities-BINGO 3:00-3:30-DIETERY-Activity Rm AFTERNOON SOCIAL & MUSIC 3:45-4:45-MS-Activities-WORD GAMES 6:00-8:30-AE-BUS TRIP TO CONCERT IN THE PARK (WEATHER PERMITTING)	9:30-10:00-MS-Activity Rm "MOVE" 10:15-11:45-MS-Activities LUCKY STRIKES BOWLING 2:00-3:00-MS-Activities-BINGO 3:00-3:45-DIETARY-Activity Rm ICE CREAM SOCIAL 3:30-4:30-MS-ACTIVITIES Rm SPIRITUAL PROGRAM YOU ARE SPECIAL
9:30-10:00-MS-Activity Rm "MOVE"-SITTERCISE 10:15-11:15-MS-Activity Rm-POKENO 1:00-1:45-Vol-BANQUET RM- The King's Table (religious program) 2:00-3:00-MS-Activities-BINGO 3:00-3:30-DIETERY-Activity Rm AFTERNOON SOCIAL & MUSIC 4:00-4:45-MS-Activity Rm WORD SCRAMBLE	9:30-10:00-MS-Activity Rm "MOVE" 10:15-11:45-MS-Activities LUCKY STRIKES BOWLING 1:00-2:00-ELISSA-Banquet Rm THE PROMEDEERS PRACTICE 2:00-3:00-MS-Activities-BINGO 3-4-AE-BUS TRIP TO RITA'S ICES 3:00-3:30-DIETERY-Activity Rm AFTERNOON SOCIAL & MUSIC 4:00-4:45-MS-Activity Rm-WORD GAMES 6:30 pm in ACTIVITY RM-MONDAY MOVIE MADNESS	9:30-10:00-AE-Activity Rm "MOVE" 10:00-10:45-Vol-Banquet Rm CATHOLIC MASS 10:45-11:45-AE-Activities DOLLS WE LOVE PROGRAM 2:00-3:00-AE-Activities-BINGO 3:00-3:30-DIETERY-Activity Rm AFTERNOON SOCIAL & MUSIC 3:45-4:45-AE-WORD GAMES	9:30-10:00-AE-Activity Rm "MOVE" 10-11-CASSIE- ACTIVITY RM MUSIC THERAPY 1:00-2:00-BANQ RM- COLOR ME CRAZY with CHERYL 1-2:00-BANQUET RM- INTERFAITH RELIGIOUS SERVICE 2:30-3:30-AE-Activities-BINGO 3:00-3:30-AE-Activities-AFTERNOON SOCIAL 4:00-4:45-AE-Activity Rm-WORD GAMES 6:30 pm in ACTIVITY RM-BINGO AT NIGHT	9:30-10:00-MS-act Rm "MOVE" 10:30-11:30-MS-Activities-UNO 12-1:30-MS-PATIO-BARBECUE MUST SIGN UP IN ACTIVITIES LIMITED SEATING 2:00-3:00-AE/MS-BANQUET RM PARTY with JEFF SELEAR 3:00-3:30-AE/MS-Activities AFTERNOON SOCIAL & IN THE NEWS 3:45-4:45-MS-Activity Rm-BINGO	9:30-10:00-MS-Activity Rm "MOVE"-SITTERCISE 10:15-11:45-AE/MS-ACTIVITIES BINGO MARATHON 1:30-4:30-AE/MS-ACTIVITIES BINGO MARATHON GUEST CALLERS, TREATS & PRIZES!	9:30-10:00-MSActivity Rm "MOVE" 10:15-11:45-MS-Activities LUCKY STRIKES BOWLING 2:00-3:00-MS-Activities-BINGO 3:00-3:45-MS-Activity Rm ICE CREAM SOCIAL 3:45-4:45-MS-WORD GAMES
9:30-10:00-MS-Activity Rm-MOVE 10:15-11:15-MS-Activity Rm-POKENO 1:00-1:45-Vol-BANQUET RM- The King's Table (religious program) 2:15-2:45-MS-ActivitiesSNACK TIME 3:00-3:30-BANQUET Rm BEST OF BROADWAY SHOW featuring THE PROMADEERS & GUEST SINGER SAMANTHA SULLIVAN 4:00-4:45-MS-Activity Rm-BINGO	9:30-10:00-MS-Activity Rm-"MOVE" 10:15-11:45-MS-Activities LUCKY STRIKES BOWLING 1:00-2:00-ELISSA-Banquet Rm THE PROMEDEERS PRACTICE 2:00-3:00-MS-Activities-BINGO 3:00-3:30-DIETERY-Activity Rm AFTERNOON SOCIAL & MUSIC 4:00-4:45-MS-Activity Rm-WORD GAMES 6:30 pm in ACTIVITY RM-MONDAY MOVIE MADNESS	9:30-10:00-AE-Activity Rm "MOVE" 10:00-10:45-Vol-Banquet Rm CATHOLIC MASS 11-11:45-AE-Activities-UNO 2:00-3:00-AE-Activities-BINGO 3:00-3:30-DIETERY-Activity Rm AFTERNOON SOCIAL & MUSIC 3:45-4:45-AE-WORD GAMES	9:30-10:00-VOL-Activity Rm "MOVE" 10-11-CASSIE- ACTIVITY RM MUSIC THERAPY 11:00-12:00-ACTIVITIES-BINGO 1:00-2:00-ACT RM- COLOR ME CRAZY with CHERYL ADULT COLORING GROUP 2:00-3:00-BANQUET RM PARTY TIME with STEPHANIE 6:30 pm in ACTIVITY RM-BINGO AT NIGHT	9:30-10:00-MS-act Rm "MOVE" 10:15-11:15-AE-Activities RESIDENT COUNCIL MEETING 12-1:30-MS-PATIO-BARBECUE MUST SIGN UP IN ACTIVITIES 2:00-3:00-MS-Activities-BINGO 3:00-3:30-MS-Act Rm- AFTERNOON SOCIAL & MUSIC 3:45-4:45-MS-WORD GAMES 3:4:30-AE-BUS TRIP TO DOLLAR TREE	9:30-10:00-MS-Activity Rm "MOVE" 10:00-11:45-BANQUET CHAT with HAL & VISIT with KORA THERAPY DOG 1:00-2:00-BANQ RM- COLOR ME CRAZY with CHERYL 2:00-3:00-AE/MS-Activities- DRAMA CLUB MEETS! 3:00-3:30-MS-Activities AFTERNOON SOCIAL 3:45-4:45-MS-BINGO	9:30-10:00-MSActivity Rm "MOVE" 10:15-11:45-MS-Activities LUCKY STRIKES BOWLING 2:00-3:00-MS-Activities-BINGO 3:00-3:45-AE/MS-Activity Rm ICE CREAM SOCIAL 3:30-4:30-MS-ACTIVITIES Rm SPIRITUAL PROGRAM SPANISH CHURCH OF MIDDLETOWN
9:30-10:00-MS-Activity Rm "MOVE"-SITTERCISE 10:15-11:15-MS-Activity Rm-POKENO 1:00-1:45-Vol-BANQUET RM- The King's Table (religious program) 2:00-3:00-MS-Activities-BINGO 3:00-3:30-DIETERY-Activity Rm AFTERNOON SOCIAL & MUSIC 4:00-4:45-MS-Activity Rm WORD SCRAMBLE	9:30-10:00-MS-Activity Rm "MOVE" 10:15-11:45-MS-Activities LUCKY STRIKES BOWLING 11:30-2:00-AE-BUS TRIP TO HOOK & REEL MUST SIGN UP IN ACTIVITIES 1:00-2:00-ELISSA-Banquet Rm THE PROMEDEERS PRACTICE 2:15-3-MS-Activity Rm-BINGO 3:00-5:00-MS/DIETERY-Activity Rm AFTERNOON SOCIAL & MOVIE MATINEE 6:30 pm in ACTIVITY RM-MONDAY MOVIE MADNESS	PROMENADE MIDDLETOWN ASSISTED LIVING COMMUNITY ACTIVITIES CALENDAR 70 FULTON STREET, MIDDLETOWN, NEW YORK 10940				