

PROMENADE

AT CHESTNUT RIDGE

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www.PromenadeSenior.com

Promenade at Chestnut Ridge

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 Fabienne Nore/Gem Angeles Wellness
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To View our Activities Calendar online, or for
 more information about Promenade at
 Chestnut Ridge, please visit us at
www.PromenadeSenior.com
 Follow us on Instagram
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**Yom
Kippur**
 DAY OF ATONEMENT



September 2026

BEST EMPLOYEE OF THE MONTH



GUIRSIMON.K

We are proud to celebrate Guirsimon as this month's Employee of the Month. Her positive attitude, genuine kindness, and warm smile brighten every mealtime for our residents and staff, making our community a happier place for all.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Activity Leader Stephanie Nicole & Aniaka 9:45 PA Morning Announcements 10:00 PA Ribbon & Rhythm 10:30 PA Daily Chronicle 11:00 PA Monthly Gazette 11:00 BU Wegmans Shopping Trip 1:30 BR BINGO 1:30 PA Scrabble Competition 3:30 PA Ping-Pong Paddle Practice 4:00 LB Tech Support Tuesday 6:00 BR Bingo After Dark!	Activity Leaders Stephanie & Nicole 9:45 PA Morning Announcements 10:00 PA Pool Noodle Pilates 10:30 PA Daily Chronicle 11:00 PA Piano Performance 1:30 BR BINGO 1:30 LB Delightful Dominoes 3:30 PA Team Jeopardy 3:45 BR Catholic Rosary 6:00 PA Reel Fun at Six	Activity Lead Stephanie & Catherine 9:45 PA Morning Announcements 10:00 PA Thursday Tai Chi 10:30 PA Daily Chronicle 11:00 PA Family Feud 1:30 BR BINGO 1:30 PA Nail Painting Stephanie 3:00 PA Musical Entertainment w/ Tommy Spin 6:15 MR Throwback Thursday Theater!	Activity Leads Catherine & Aniaka National Wildlife Day 9:45 PA Morning Announcements 10:00 PA Motion and Movement 10:30 PA Daily Chronicle 11:00 BR Bible Study 11:00 PA Wildlife Documentary 1:30 BR BINGO 1:30 PA Puzzle Club 3:00 BR Shabbat Services 3:30 PA Word Search and Crosswords 6:15 PA Film Fans Friday!	Activity Lead Aniaka & Nicole 9:45 PA Morning Announcements 10:00 PA Pool Noodle Pilates 10:30 PA Daily Chronicle 11:00 PA Famous Micheals 1:30 BR BINGO 1:30 OP Gardening Club 3:30 BR Musical Art Boxes 6:15 PA Rollin' Reels!
Activity Lead Stephanie & Nicole Bowling League Day 9:45 PA Morning Announcements 10:00 PA Sit & Fit Zumba 10:30 PA Daily Chronicle 10:30 BR Sunday Mass 11:00 PA True or False [Animal Edition] 1:30 BR BINGO 1:30 LB Jewelry Making 3:30 PA Bowling Tournament 6:00 PA Silver Screen at Six	Activity Lead Stephanie & Nicole Labor Day 9:45 PA Morning Announcements 10:00 OP Sunny Steps 10:30 PA Daily Chronicle 11:00 PA Mystery Job 1:30 BR BINGO 1:30 PA Ultra Uno 3:30 BR Autumn Wood Painting 6:00 BR Poker Night	Activity Lead Stephanie & Nicole 9:45 PA Morning Announcements 10:00 PA Ribbon & Rhythm 10:30 PA Daily Chronicle 11:00 PA Video Trivia 1:30 BR BINGO 1:30 PA Kerplunk 3:30 PA Jeopardy 4:00 BR Mass With Father Richard 6:00 BR Bingo After Dark!	Activity Lead Stephanie & Nicole 9:45 PA Morning Announcements 10:00 PA Pool Noodle Pilates 10:30 PA Daily Chronicle 11:00 PA Fall Scattergories 1:30 BR BINGO 1:30 LB Delightful Dominoes 3:30 PA Practice Putts 3:45 BR Catholic Rosary 6:00 PA Reel Fun at Six	Activity Lead Stephanie 9:45 PA Morning Announcements 10:00 PA Thursday Tai Chi 10:30 PA Autumn Movie Showcase 10:30 BU Nyack Farmers' Market 1:30 BR BINGO 1:30 PA Nail Painting Stephanie 3:30 PA Musical Entertainment W/ Randy Accardi 6:15 MR Throwback Thursday Theater!	Activity Lead Aniaka / Rosh Hashanah Begins 9:45 PA Morning Announcements 10:00 PA Motion and Movement 10:30 PA Daily Chronicle 10:30 BR Rosh Hashanah Service 11:00 PA Ball Toss 1:30 BR BINGO 1:30 PA Puzzle Club 3:30 PA Word Search and Crosswords 6:15 PA Film Fans Friday!	Activity Lead Aniaka & Nicole Happy B-Day Ann Marie H 9:45 PA Morning Announcements 10:00 PA Pool Noodle Pilates 10:30 PA Daily Chronicle 11:00 PA Word Game 1:30 BR BINGO 1:30 OP Gardening Club 3:30 PA Wii Sports 6:15 PA Rollin' Reels!
Assisted Living Week Begins 9:45 PA Morning Announcements 10:00 PA Sit & Fit Zumba 10:30 PA Daily Chronicle 10:30 BR Sunday Mass 11:00 PA Trivial Pursuit 1:30 BR BINGO 1:30 LB Coloring Book Workshop 3:30 PA Sunday Soundbox 6:00 PA Silver Screen at Six	Activity Lead Stephanie & Nicole 9:45 PA Morning Announcements 10:00 OP Sunny Steps 10:30 PA Daily Chronicle 11:00 PA Name The Celebrity 1:30 BR BINGO 1:30 PA Ultra Uno 3:30 PA Music& Movement with Rafael 6:00 BR Poker Night	Activity Lead Stephanie & Nicole 9:45 PA Morning Announcements 10:00 PA Ribbon & Rhythm 10:30 PA Daily Chronicle 10:30 BU IHOP Brunch Outing 11:00 PA This Or That 1:30 BR BINGO 1:30 PA Scrabble Competition 3:30 PA Ping-Pong Paddle Practice 4:00 LB Tech Support Tuesday 6:00 BR Bingo After Dark!	Activity Leader Stephanie 9:45 PA Morning Announcements 10:00 PA Pool Noodle Pilates 10:30 PA Daily Chronicle 11:00 BU JCC Lunch & Crafts for High Holidays 11:00 PA Mexico Independence History 1:30 BR BINGO 1:30 LB Delightful Dominoes 3:30 PA Armchair Travel Mexico 3:45 BR Catholic Rosary 6:00 PA Reel Fun at Six	Activity Lead Stephanie & Catherine / Happy B-Day Steve S 9:45 PA Morning Announcements 10:00 PA Thursday Tai Chi 10:30 PA Daily Chronicle 11:00 BR Fall Collage 1:30 BR BINGO 1:30 LB Book Club Meeting 1:30 PA Nail Painting Stephanie 3:30 PA Likewise 6:15 MR Throwback Thursday Theater!	Activity Lead Catherine & Aniaka 9:45 PA Morning Announcements 10:00 PA Motion and Movement 10:30 PA Daily Chronicle 11:00 BR Bible Study 1:30 BR BINGO 1:30 PA Puzzle Club 3:00 BR Shabbat Services 3:30 PA Word Search and Crosswords 6:15 PA Film Fans Friday!	Activity Leads Aniaka & Nicole 9:45 PA Morning Announcements 10:00 PA Pool Noodle Pilates 10:30 PA Daily Chronicle 1:30 BR BINGO 1:30 OP Gardening Club 3:30 PA Drum Circle W/Nicole 6:15 PA Rollin' Reels!
Activity Lead Stephanie Nicole Yom Kippur Begins 9:45 PA Morning Announcements 10:00 PA Sit & Fit Zumba 10:30 PA Daily Chronicle 10:30 BR Sunday Mass 11:00 PA Word Outburst 1:30 BR BINGO 1:30 LB Jewelry Making 3:30 PA Bowling Tournament 6:00 PA Silver Screen at Six	Activity Leader Stephanie Nicole Yom Kippur 9:45 PA Morning Announcements 10:00 OP Sunny Steps 10:30 PA Daily Chronicle 11:00 PA Name That Dog 1:30 BR BINGO 1:30 PA Ultra Uno 3:30 BR Fall Sip & Paint 6:00 BR Poker Night	Activity Lead Stephanie Aniaka & Nicole 9:45 PA Morning Announcements 10:00 PA Ribbon & Rhythm 10:30 PA Daily Chronicle 11:00 PA Finish That Phrase 1:30 BR BINGO 1:30 PA Kerplunk 3:30 BR Ping-Pong Paddle Practice 4:00 BU Dinner Club 6:00 BR Bingo After Dark!	Activity Lead Stephanie & Nicole 9:45 PA Morning Announcements 10:00 PA Pool Noodle Pilates 10:30 PA Daily Chronicle 11:00 PA Riddle Me This 1:30 BR BINGO 1:30 LB Delightful Dominoes 3:30 PA Cornhole Competition 3:45 BR Catholic Rosary 6:00 PA Reel Fun at Six	Activity Lead Stephanie & Catherine 9:45 PA Morning Announcements 10:00 PA Thursday Tai Chi 10:30 PA Daily Chronicle 11:00 PA Food Trivia 1:30 BR BINGO 1:30 PA Nail Painting Stephanie 3:30 PA September Karaoke Birthday Celebration 6:15 MR Throwback Thursday Theater!	Activity Lead Catherine & Aniaka 9:45 PA Morning Announcements 10:00 PA Motion and Movement 10:30 PA Daily Chronicle 11:00 PA Pick & Share 1:30 BR BINGO 1:30 PA Puzzle Club 3:00 BR Shabbat Services 3:30 PA Word Search and Crosswords 6:15 PA Film Fans Friday!	Activity Lead Aniaka & Nicole 9:45 PA Morning Announcements 10:00 PA Pool Noodle Pilates 10:30 PA Daily Chronicle 11:00 PA Word Game 1:30 BR BINGO 1:30 OP Gardening Club 3:30 BR Scarecrow Making 6:15 PA Rollin' Reels!
Activity Lead Stephanie & Nicole 9:45 PA Morning Announcements 10:00 PA Sit & Fit Zumba 10:30 PA Daily Chronicle 10:30 BR Sunday Mass 11:00 PA Name That Celebrity 1:30 BR BINGO 1:30 LB Coloring Book Workshop 3:30 PA Sunday Soundbox 6:00 PA Silver Screen at Six	Activity Lead Stephanie & Nicole 9:45 PA Morning Announcements 10:00 OP Sunny Steps 10:30 PA Daily Chronicle 11:00 PA Get To Know Your Neighbor 1:30 BR BINGO 1:30 PA Ultra Uno 3:30 PA Music& Movement with Rafael 6:00 BR Poker Night	Activity Lead Stephanie Aniaka & Nicole 9:45 PA Morning Announcements 10:00 PA Ribbon & Rhythm 10:30 PA Daily Chronicle 11:00 PA Finish That Word 11:00 BU Stop & Shop Shopping Trip 1:30 BR BINGO 1:30 PA Scrabble Competition 3:30 PA Resident Council Meeting/ Food Committee Meeting 6:00 BR Bingo After Dark!	Activity Lead Stephanie & Nicole 9:45 PA Morning Announcements 10:00 PA Pool Noodle Pilates 10:30 PA Daily Chronicle 11:00 PA Word Outburst 1:30 BR BINGO 1:30 LB Delightful Dominoes 3:30 PA Ring Toss Mania 3:45 BR Catholic Rosary 6:00 PA Reel Fun at Six			



NATIONAL ASSISTED
LIVING WEEK®

SEPTEMBER 13-19, 2026

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