

PROMENADE AT BLUE HILL

582 Veterans Memorial Drive • Pearl River, NY 10965 • (845) 735-6846

Our Management Team

Christine Berkner Executive Director
Sally Ann O'Shea Reg. Dir. of Comm. Outreach
Maryknoll Kurisko Wellness Director
Janice Rhodes Memory Care Coordinator
Ismael Rodriguez Recreation Director
Jesus Soriano Resident Care Coordinator
Joe Soriano Dir. of Maintenance
Desmond Wadley Dir. of Nutrition Services



From clowns to musical entertainers to celebrating Gorgeous Grandma Day, we keep the energy high at the Promenade. There's always something fun happening and plenty of reasons to smile.



**Assisted Living
Neighborhood**

September 2026



GRANDPARENT'S DAY
Nashville Country Western
CELEBRATION

JOIN US ON SATURDAY, SEPTEMBER 12TH, 2026



September 2026

- LR

Living Room
- TS

Town Square
- TK

Town House Kitchen
- 4S

Four Seasons Room
- LB

Library

DR

Dining Room

↔

Exercise

♪

Sing-Along

🎨

Creative Arts

🐾

Pet Therapy

📖

News/Stories/Discussions

🚌

Bus Trip

🎲

Table Games

✝

Religious Services

📺

TV Trip Destination

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Director Ismael Rodriguez Senior Activity Lead Kathy Activity Leaders Alma Joe Angela	AMERICANA SEPTEMBER During Americana Month, we celebrate the rich heritage that makes our nation unique. This month, we honor American Women and recognize their invaluable contributions to our culture, history, and enduring legacy. Their strength, courage, innovation, and dedication helped shape our nation and continue to inspire future generations.	Ismael/Angela 1 10:15 LR Blue Hill Fitness Club Workout ↔ 11:00 LR National No Rhyme or Reason & National Forgiveness Days 🎭 12:00 4S Tuesday BBQ! 🍷 1:30 LR Workout of the Day ↔ 2:00 LR Blue Hill University Presents 🎭 3:00 LR Games People Play 🎲 3:00 TK Jumbo Jenga Tuesdays (I) 🎲 3:30 LR Life Enrichment Activity 🎲 4:00 LB Greatest Inventions by Women 🎭	Ismael/Kathy 2 10:15 TS Blue Hill Fitness Club Workout ↔ 11:00 LR The News & National V-J Day 🎭 1:00 TS Walking Club / Let's Reminisce ↔ 1:30 LR Let's Move, Let's Stretch ↔ 2:00 LR Service with Reverend Hoover ✝ 2:30 LR A Blast From the Past - Video Quiz 🎲 3:00 LR Promenade History Channel Presents 🎭 3:30 LR Life Enrichment Activity - AL 🍷 3:30 TK Resident Artist Workshop - Painting 🎨 4:15 LR The Variety Hour (Half Hour) @ The Promenade 🎶	Ismael/Angela 3 10:15 TS Blue Hill Fitness Club Workout ↔ 11:00 LR Blue Hill University Presents 🎭 1:30 LR Singing and Chair Dancing ↔ 2:00 LR The Great Promenade Trivia Challenge 🎲 3:00 LR American Women - A Bold History 🎭 3:30 LR Evening at the Improv 🎨 4:00 LR Games People Play 🎲 4:30 LR The Great Listing Game! 🎲 6:00 LR Evening Life Enhancement Activity 🎲	Ismael/Alma 4 10:15 LR Blue Hill Fitness Club Workout ↔ 11:00 LR National Wildlife Day 🎭 1:30 LR National College Colors Day 🎭 2:30 LR Group Pictionary 🎲 3:00 LR Games People Play 🎲 3:00 TK Handcrafted: Artist Workshop 🎨 3:30 LR Blue Hill University Presents 🎭 4:00 LR Beach Blanket Bingo Tournament (S) 🎲 4:00 LB Independent Games/Books/Arts Session 🎨 6:00 LR Evening Life Enrichment Activity 🎲	Ismael/Angela 5 10:15 LR Fitness Fun - Move, Dance, Sing ↔ 11:00 LR National Hummingbird Day 🎭 1:30 LR Let's Sittercise 🍷 2:00 LR Games People Play 🎲 2:30 4S Independent Games/Books/Arts 🎨 3:00 LR The Promenade History Channel Presents: Things Invented by Women 🎭 3:30 LR Blue Hill University Presents 🎭 4:00 LR Puzzle Friday 🎲 4:30 LR Blue Hill is Alive with the Sound of Music 🎶 6:00 LR Evening Life Enrichment Activity 🍷
Kathy 6 10:00 TS Morning Crunch ↔ 10:30 TS Daily Chronicle & National Read a Book Day 🎭 11:00 LR Mass On TV ✝ 1:30 LR Blue Hill Exercise Club ↔ 2:00 LR Life Enhancement Activity 🎲 2:30 DR Swing Those Rackets! 🎲 3:00 LR Blue Hill University Presents 🎭 3:30 LR Sunday Bingo Tournament 🎲 4:30 LR Karaoke Sunday 🎶	Labor Day/Kathy 7 10:00 TS Promenade Exercise Club ↔ 11:00 TS News & National New Hampshire Day 🎭 1:30 LR Stretch and Move! ↔ 2:00 LR Life Enrichment Activity 🍷 2:30 LR Promenade History Channel: The Women that Shaped America 🎭 3:00 LR Trivia & Word Challenges 🎲 3:30 LR Armchair Traveler: Where in the Country is Kathy? 🎲 4:00 LR The Great Listing Game! 🎲 4:30 LR Monday Sing-Along 🎶	Ismael/Angela 8 10:00 TS Bus Trip - Destination TBA 🚌 10:15 LR Blue Hill Fitness Club Workout ↔ 11:00 LR What's Going on These Days? 🎭 12:00 4S Tuesday BBQ! 🍷 1:30 LR Workout of the Day ↔ 2:00 TS Send in the Clowns 🎭 3:00 TK Jumbo Jenga Tuesdays (I) 🎲 3:00 LR Life Enhancement Activity 🎭 4:00 LR Geo Guesser & Word Games 🎲 4:00 LB Master Class - Chess 🎲 4:30 LR Let's Sing Songs Out Loud 🎶	Ismael/Kathy 9 10:15 TS Blue Hill Fitness Club Workout ↔ 11:00 LR The World News & National Teddy Bear Day 🎭 1:00 TS Walking Club / Let's Reminisce ↔ 1:30 LR Let's Get Geri-FIT ↔ 2:00 LR Service with Reverend Hoover ✝ 2:30 LR A Blast From the Past - Video Quiz 🎲 3:00 LR Promenade History Channel Presents 🎭 3:30 TK Resident Artist Workshop - Painting 🎨 4:00 LR Women Rule the World... 🎭	Ismael/Angela 10 10:15 TS Blue Hill Fitness Club Workout ↔ 11:00 LR National School Picture Day 🎭 1:30 LR Singing and Chair Dancing ↔ 2:00 LR The Great Promenade Trivia Challenge 🎲 3:00 LR American Women - A Bold History 🎭 4:00 LR The Great Listing Game! 🎲 4:30 LR Karaoke Thursday 🎶 6:00 LR Evening Life Enhancement Activity 🎲	Ismael/Alma 11 10:15 LR Blue Hill Fitness Club Workout ↔ 10:30 LR Cassie (Therapy Dogs of Rockland) Visits 🐾 11:00 LR Patriot Day 🎭 1:30 LR Did You Know? 🎭 2:00 LR Life Enhancement Activity ↔ 2:30 TK The Joy of Painting with Ish 🎨 3:00 LR Word Puzzle Friday 🎲 3:30 LR Blue Hill University Presents 🎭 4:00 LR Beach Blanket Bingo Tournament (S) 🎲 4:00 LB Independent Games/Books/Arts Session 🎨 6:00 LR Evening Life Enrichment Activity 🎲	Grandparent's Day Celebration 12 1:00pm - 3:00pm 10:00 LR Fitness Fun - Move, Dance, Sing ↔ 11:00 LR Grandparent's Day - Life Enrichment Activity 🎭 1:00 TS Candyce Giaquinto Entertains 🎶 2:00 TS Grandparent's Day Event 🍷 3:00 LR Blue Hill University Presents 🎭 3:30 LR Famous Quotes: Can You Guess Who Said It? 🍷 3:30 4S Grandparent's Day Social @ the Blue Hill Saloon 🎨 4:00 LR Mind Teasers, Facts, & Riddles 🍷 6:00 LR Evening Life Enrichment Activity 🎲
Grandparent's Day 13 10:00 TS Sunday Sunshine Stretch ↔ 10:30 TS Uncle Sam Day 🎭 11:00 LR Mass On TV ✝ 1:30 LR Chair Workout of the Day ↔ 2:00 LR Karen Bella Entertains 🎶 3:00 LR Assisted Living Week Special Activity 🎨 3:30 LR Sunday Bingo Tournament 🎲 4:15 LR Songs We All Know 🎶 4:30 LR Karaoke Sunday 🎶	Assisted Living Week/Kathy 14 10:00 TS Promenade Exercise Club ↔ 11:00 TS News & National Virginia Day 🎭 1:30 LR Stretch and Move! ↔ 2:00 LR Life Enrichment Activity 🍷 2:30 LR Trivia & Word Challenges 🎲 3:00 LR Assisted Living Week Special Activity 🎨 3:30 LR Armchair Traveler: Where in the Country is Kathy? 🎲 4:15 LR Did You Know? Facts That We Didn't Know We Didn't Know 🎭 4:30 LR Monday Sing-Along 🎶	Assisted Living Week/Ismael 15 10:15 LR Blue Hill Fitness Club Workout ↔ 11:00 LR Fascinating Facts and Curiosities 🎭 12:00 4S Tuesday BBQ! 🍷 1:30 LR Workout of the Day ↔ 2:00 LR Blue Hill University Presents 🎭 3:00 LR Assisted Living Week Special Activity 🎨 3:30 TK Jumbo Jenga Tuesdays (I) 🎲 4:00 LR Games People Play 🎲 4:00 LB Master Class - Chess 🎲	Assisted Living Week/Kathy 16 10:15 TS Blue Hill Fitness Club Workout ↔ 11:00 LR Mass w/ Father Raaser ✝ 1:00 TS Walking Club / Let's Reminisce ↔ 1:30 LR Mayflower Day 🎭 2:00 LR Service with Reverend Hoover ✝ 2:30 LR A Blast From the Past - Video Quiz 🎲 3:00 LR Assisted Living Week Special Activity 🎨 3:30 LR Life Enrichment Activity - AL 🍷 3:30 LR Promenade History Channel Presents 🎭 3:30 TK Resident Artist Workshop - Painting 🎨 4:15 LR The Variety Hour (Half Hour) @ The Promenade 🎶	Assisted Living Week/Ismael 17 10:15 TS Blue Hill Fitness Club Workout ↔ 11:00 LR Constitution Day & Citizenship Day 🎭 1:30 LR International Day of Listening 🎭 2:00 TS Ray Longchamp Entertains 🎶 3:00 LR American Women - A Bold History 🎭 3:30 TK Cooking with Christine 🎨 4:00 LR Games People Play 🎲 4:30 LR The Great Listing Game! 🎲 6:00 LR Evening Life Enhancement Activity 🎲	Assisted Living Week/Ismael 18 10:00 TS Bus Trip - Destination TBA 🚌 10:15 LR Blue Hill Fitness Club Workout ↔ 1:30 LR Group Pictionary 🎲 2:00 LR Games People Play 🎲 3:00 LR Assisted Living Week Special Activity 🎨 3:00 TK Handcrafted: Artist Workshop 🎨 3:30 LR Blue Hill University Presents 🎭 4:00 LR Beach Blanket Bingo Tournament (S) 🎲 4:00 LB Independent Games/Books/Arts Session 🎨 6:00 LR Evening Life Enrichment Activity 🎲	Assisted Living Week/Ismael 19 10:15 LR Fitness Fun - Move, Dance, Sing ↔ 11:00 LR Wife Appreciation Day 🎭 1:30 LR National Talk Like a Pirate Day 🍷 2:00 LR Games People Play 🎲 2:30 4S Independent Games/Books/Arts 🎨 3:00 LR Assisted Living Week Special Activity 🎨 3:30 LR Blue Hill University: National Dance Day 🎭 4:00 LR The Promenade History Channel Presents: The Women that Shaped America 🎭 4:30 LR Blue Hill is Alive with the Sound of Music 🎶 6:00 LR Evening Life Enrichment Activity 🍷
Kathy 20 10:00 TS Morning Crunch ↔ 10:30 TS Daily Chronicle & Refreshments 🎭 11:00 LR Mass On TV ✝ 1:30 LR Blue Hill Exercise Club ↔ 2:00 LR Life Enhancement Activity 🎲 2:30 DR Swing Those Rackets! 🎲 3:00 LR Blue Hill University Presents 🎭 3:30 LR Sunday Bingo Tournament 🎲 4:30 LR Karaoke Sunday 🎶	Kathy 21 10:00 TS Promenade Exercise Club ↔ 11:00 TS News and National New York Day 🎭 1:30 LR Stretch and Move! ↔ 2:00 LR Trivia & Word Challenges 🎲 3:00 LR Promenade History Channel: Great American Women 🎭 3:30 LR Armchair Traveler: Where in the Country is Kathy? 🎲 4:00 LR The Great Listing Game! 🎲 4:30 LR Monday Sing-Along 🎶	Ismael/Angela 22 10:00 TS Bus Trip - TBA 🚌 10:15 LR Blue Hill Fitness Club Workout ↔ 11:00 LR What's Going on These Days? 🎭 12:00 4S Tuesday BBQ! 🍷 1:30 LR National Dear Diary Day 🎨 2:00 TS Alex Prizgintas Entertains 🎶 3:00 LR Elephant Appreciation Day 🎭 3:30 LR National Ice Cream Cone Day Social 🍷 4:00 LR Geo Guesser & Word Games 🎲 4:00 LB Master Class - Chess 🎲 4:30 LR Let's Sing Songs Out Loud 🎶	Ismael/Kathy 23 10:15 TS Blue Hill Fitness Club Workout ↔ 11:00 LR News & Refreshments 🎭 1:00 TS Walking Club / Let's Reminisce ↔ 1:30 LR Guess What/Who I Am? 🎲 2:00 LR Service with Reverend Hoover ✝ 2:30 LR A Blast From the Past - Video Quiz 🎲 3:00 LR Promenade History Channel Presents 🎭 3:30 LR Life Enhancement Activity 🎲 3:30 TK Resident Artist Workshop - Painting 🎨 4:15 LR The Variety Hour (Half Hour) @ The Promenade 🎶	College Homecoming Weekend 24 10:15 TS Blue Hill Fitness Club Workout ↔ 11:00 LR Blue Hill University Presents: College History 🎭 1:30 LR Singing and Chair Dancing ↔ 2:00 LR The Great Promenade Trivia Challenge 🎲 3:00 LR American Women - A Bold History 🎭 3:30 LR Where We Went to School 🎭 4:15 LR Karaoke Thursday 🎶 6:00 LR Evening Life Enhancement Activity 🎲	College Homecoming Weekend 25 10:15 LR Blue Hill Fitness Club Workout ↔ 11:00 LR National Daughters Day 🎭 1:00 TS Walk & Stroll About ↔ 1:30 LR National Comic Book Day 🎭 2:00 TS Eric Lipper Entertains 🎶 3:00 LB Monthly Book Club 🍷 3:00 LR Word Puzzle Friday 🎲 3:30 LR Blue Hill University Presents 🎭 4:00 LR Beach Blanket Bingo Tournament (S) 🎲 4:00 LB Independent Games/Books/Arts Session 🎨 6:00 LR Evening Life Enrichment Activity 🎲	College Homecoming Weekend 26 10:15 LR Fitness Fun - Move, Dance, Sing ↔ 11:00 LR National Johnny Applesed Day 🎭 1:30 LR Life Enrichment Activity 🎭 2:00 LR Blue Hill University Presents 🎭 2:30 4S Independent Games/Books/Arts 🎨 2:30 LR The Most Influential Women in History 🎭 3:30 LR Famous Quotes: Can You Guess Who Said It? 🍷 4:00 LR Mind Teasers, Facts, & Riddles 🍷 6:00 LR Evening Life Enrichment Activity 🎲
College Homecoming Weekend/Kathy 27 10:00 TS Sunday Sunshine Stretch ↔ 10:30 TS International Daughters Day 🎭 11:00 LR Mass On TV ✝ 1:30 LR Chair Workout of the Day ↔ 2:00 TS Sage The Harpist Performs 🎶 3:00 LR Blue Hill University Presents 🎭 3:30 LR Sunday Bingo Tournament 🎲 4:30 LR Karaoke Sunday 🎶	Kathy 28 10:00 TS Promenade Exercise Club ↔ 11:00 TS National Family Day 🎭 1:30 LR Stretch and Move! ↔ 2:00 LR Life Enrichment Activity 🍷 3:00 LR Trivia & Word Challenges 🎲 3:30 LR Armchair Traveler: Where in the Country is Kathy? 🎲 4:15 LR Did You Know? Facts That We Didn't Know We Didn't Know 🎭 4:30 LR Monday Sing-Along 🎶	Ismael/Angela 29 10:15 LR Blue Hill Fitness Club Workout ↔ 11:00 LR National Coffee Day 🎭 12:00 4S Tuesday BBQ! 🍷 1:30 LR Resident Council Meeting 🎭 2:00 TS George Tuzzeo Entertains 🎶 3:00 LR Games People Play 🎲 3:00 TK Jumbo Jenga Tuesdays (I) 🎲 3:30 LR Blue Hill University Presents: Urban National Wildlife Refuge Day 🎭 4:00 LB Master Class - Chess 🎲 4:00 LR Women Play Football Too... 🎲	Ismael/Kathy 30 10:15 TS Blue Hill Fitness Club Workout ↔ 11:00 TS National Women's Health & Fitness Day ↔ 1:30 LR Meet The Chef 🎭 2:00 LR Service with Reverend Hoover ✝ 2:30 LR A Blast From the Past - Video Quiz 🎲 3:00 LR Promenade History Channel Presents 🎭 3:30 LR It's So Easy, a Child Can Do it: Extraordinary Children's Feats 🎭 3:30 TK Resident Artist Workshop - Painting 🎨 4:00 LR Life Enrichment Activity - AL 🍷 4:15 LR The Variety Hour (Half Hour) @ The Promenade 🎶	GRANDPARENT'S DAY CELEBRATION Join us Saturday, September 12th - It'll be a rootin' tootin' good ol' time at the Blue Hill Saloon. So mosey on down to the Promenade and join us for a day full of fun, laughter, and Western charm. We can't wait to see y'all there!	National Assisted Living Week and Grandparent's Day Celebrations Throughout the week, we will honor our residents and their families with a variety of fun activities and special events. We'll kick off the celebration on Saturday, September 12, with our annual Grandparent's Day event at the Promenade. This year's theme is Country Western Nashville, and it's sure to be a rootin' tootin' good time! We look forward to celebrating together and making wonderful memories all week long.	College Homecoming Weekend is Here Join us as we celebrate College Homecoming Weekend from Thursday, September 24, through Sunday, September 27! Residents and staff are invited to wear their college colors throughout the weekend. Whether you attended college yourself or you're proudly representing the college of a child or grandchild, we'd love to see your school spirit! Let's celebrate with pride and enjoy the many colors and traditions that make this weekend special!

GRANDPARENT'S DAY CELEBRATION: A NASHVILLE BASH



MEET AT THE SALOON FROM 1:00PM TO 3:00PM

Join us on Saturday, September 12, for our annual Grandparent's Day event at the Promenade. This year's theme is Country Western Nashville, and it's sure to be a rootin' tootin' good time!

Families and loved ones are invited to join us for a day filled with laughter, music, delicious food, and plenty of country-western fun. It will be a wonderful opportunity to spend quality time together, celebrate the special bond between generations, and create memories that will last a lifetime.

We look forward to celebrating with you and making wonderful memories together all week long. Thank you for being such an important part of our community—we can't wait to see y'all there!

The Catahoula Leopard Dogs of Blue Hill University

Blue Hill University is a segment we introduced a few months ago as an educational component of our programming—and it has been fun, funny, and, dare we say, even educational!

In the coming months, we'll expand Blue Hill University to explore all kinds of topics, from the unique and fascinating to the esoteric and downright incredible.

This is a new kind of education. No homework, no boring lectures, and definitely no pop quizzes (but definitely some trivia).

One thing is certain: it will always be fun.

Blue Hill University, because you can never be too cool for school...

