

PROMENADE AT CHESTNUT RIDGE

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www.PromenadeSenior.com

Promenade at Chestnut Ridge

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To View our Activities Calendar online, or for more information about Promenade at Chestnut

Ridge, please visit us at

www.PromenadeSenior.com

Follow us on Instagram

@promenadechestnutridge



October 2026

BEST EMPLOYEE OF THE MONTH



STEPHANIE V

Stephanie is a valued member of our recreation department, providing technical support for residents alongside a variety of engaging activities. She also captures remarkable moments of our residents, which are showcased on our Instagram page. We are delighted to have such an exceptional individual as Stephanie on our team at the Promenade.

oktoberfest



October 2026

- PA

Parlor
- LB

Library
- MR

Media Room
- BR

Bingo Room
- BU

Bus

OP

Outdoor Patio

SA

2nd Floor Salon

↔

Exercise

🎨

Arts/Crafts

☆

Jewish Programs

🚶

Outings

✝

Christian Programs

🎵

Entertainment/ Music

🗺

Travel Program

🎲

Tabletop Games

🎬

Movie

🍷

Happy Hour

🗣

Meeting

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Activity Leader Stephanie - National Homemade Cookie Day 9:45 PA Morning Announcements🗣 10:00 PA Thursday Tai Chi!↔↔ 10:30 PA Daily Chronicle 11:00 PA Monthly Gazette 1:30 BR BINGO 1:30 SA Nail Painting Stephanie 3:30 PA Get To Know Your Neighbor 6:15 MR Throwback Thursday Theater!🎬	Activity Leader Anaika 9:45 PA Morning Announcements🗣 10:00 PA Motion and Movement↔↔ 10:30 PA Daily Chronicle 11:00 PA Family Feud 1:30 BR BINGO 1:30 PA Puzzle Club 3:00 BR Shabbat Services☆ 4:00 PA Oktoberfest Happy Hour🍷 6:15 PA Film Fans Friday!🎬	Activity Leader Anaika 9:45 PA Morning Announcements🗣 10:00 PA Pool Noodle Pilates!↔↔ 10:30 PA Daily Chronicle 11:00 PA Finish the Phrase 1:30 BR BINGO 1:30 OP Gardening Club 3:30 BR Birthday card Making🎨 6:15 PA Rollin' Reels!🎬
Activity Leader Ray - World Space Week Begins 9:45 PA Morning Announcements🗣 10:00 PA Sit & Fit Zumba!↔↔ 10:30 PA Daily Chronicle 10:30 BR Sunday Mass✝ 11:00 PA Intergalactic True or False 1:30 BR BINGO 1:30 PA Sunday Matinee “Ghostbusters”🎬 3:30 PA Space Talk with Ray 6:00 PA Silver Screen at Six🎬	Activity Leader Stephanie - Happy B-Day Candi. M 9:45 PA Morning Announcements🗣 10:00 PA Pool Noodle Pilates↔↔ 10:30 PA Daily Chronicle 11:00 PA Teacher Trivia 1:30 BR BINGO 1:30 PA Ultra Uno🎲 3:00 PA Musical Entertainment W/Dj Frank🎵 6:00 BR Poker Night🎴	Activity Leader Stephanie - FLU CLINIC 9:45 PA Morning Announcements🗣 10:00 PA Ribbon & Rhythm↔↔ 10:30 PA Daily Chronicle 11:00 PA Armchair Travel Munich, Germany🗣 11:00 BU Wegmans Shopping Trip!🚶 1:30 BR BINGO 1:30 PA Kerplunk↔↔ 3:30 PA Jeopardy 4:00 BR Mass W/ Father Richard✝ 6:00 BR Bingo After Dark!	Activity Leader Stephanie 9:45 PA Morning Announcements🗣 10:00 OP Walking Wednesday↔↔ 10:30 PA Daily Chronicle 10:30 LB Mah Jongg Refresher🎴 11:00 PA Likewise 1:30 BR BINGO 1:30 LB Delightful Dominoes🎴 3:30 PA Bowling Tournament↔↔ 3:45 BR Catholic Rosary✝ 6:00 PA Reel Fun at Six🎬	Activity Leader Stephanie - Happy B-Day Giovanna F 9:45 PA Morning Announcements🗣 10:00 PA Thursday Tai Chi!↔↔ 10:30 PA Daily Chronicle 11:00 PA Football Trivia 1:30 BR BINGO 1:30 SA Nail Painting Stephanie 3:30 BR Ping Pong Paddle Practice↔↔ 6:15 MR Throwback Thursday Theater!🎬	Activity Leader Stephanie & Anaika 9:45 PA Morning Announcements🗣 10:00 PA Motion and Movement↔↔ 10:30 PA Daily Chronicle 11:00 PA Pictionary 1:30 BR BINGO 1:30 PA Puzzle Club 3:00 BR Shabbat Services☆ 3:30 PA Word Search and Crosswords 6:15 PA Film Fans Friday!🎬	Activity Leader Anaika 9:45 PA Morning Announcements🗣 10:00 PA Pool Noodle Pilates!↔↔ 10:30 PA Daily Chronicle 11:00 PA Word Game 1:30 BR BINGO 1:30 LB Scrabble Club🎴 3:30 BR Jewelry Making🎨 6:15 PA Rollin' Reels!🎬
Activity Leader Stephanie Universal Music Day 9:45 PA Morning Announcements🗣 10:00 PA Sit & Fit Zumba!↔↔ 10:30 PA Daily Chronicle 10:30 BR Sunday Mass✝ 11:00 PA Name That Musician / Singer🎵 1:30 BR BINGO 1:30 PA Sunday Matinee “Haunted Mansion”🎬 3:30 PA Sunday Soundbox🎵 6:00 PA Silver Screen at Six🎬	Activity Leader Stephanie Indigenous Peoples' Day/Columbus Day 9:45 PA Morning Announcements🗣 10:00 PA Pool Noodle Pilates↔↔ 10:30 PA Daily Chronicle 11:00 PA Indigenous Peoples' Day History 1:30 BR BINGO 1:30 PA Ultra Uno🎲 3:30 PA Music & Movement with Rafael🎵 6:00 BR Poker Night🎴	Activity Leader Stephanie 9:45 PA Morning Announcements🗣 10:00 PA Ribbon & Rhythm↔↔ 10:30 PA Daily Chronicle 11:00 PA Word Scramble 1:30 BR BINGO 1:30 PA Scrabble Competition🎴 3:30 PA Musical Entertainment with Lenny Taylor🎵 4:00 LB Tech Support Tuesday 6:00 BR Bingo After Dark!	Activity Leader Stephanie 9:45 PA Morning Announcements🗣 10:00 OP Walking Wednesday↔↔ 10:30 PA Daily Chronicle 10:30 LB Mah Jongg Refresher🎴 10:30 BU T.J.Maxx Shopping Trip🚶 11:00 PA Armchair Travel Czech Republic🗣 1:30 BR BINGO 1:30 LB Delightful Dominoes🎴 3:30 PA Fall Discussion🗣 3:45 BR Catholic Rosary✝ 6:00 PA Reel Fun at Six🎬	Activity Leader Stephanie 9:45 PA Morning Announcements🗣 10:00 PA Thursday Tai Chi!↔↔ 10:30 PA Daily Chronicle 11:00 BR Positive Affirmation Painting🎨 1:30 BR BINGO 1:30 SA Nail Painting Stephanie 3:30 PA Birthday Celebration W/Dave Mason🎵 6:15 MR Throwback Thursday Theater!🎬	Activity Leader Anaika 9:45 PA Morning Announcements🗣 10:00 PA Motion and Movement↔↔ 10:30 PA Daily Chronicle 11:00 BR Bible Study✝ 1:30 BR BINGO 1:30 PA Puzzle Club 3:00 BR Shabbat Services☆ 3:30 PA Word Search and Crosswords 6:15 PA Film Fans Friday!🎬	Activity Leader Anaika 9:45 PA Morning Announcements🗣 10:00 PA Pool Noodle Pilates!↔↔ 10:30 PA Daily Chronicle 11:00 PA Basketball shootout↔↔ 1:30 BR BINGO 1:30 OP Gardening Club 3:30 BR Ghost Painting🎨 6:15 PA Rollin' Reels!🎬
Alzheimer's Walk to Remember- Boulders Stadium - Activity Leader Stephanie - Alaska Day 9:45 PA Morning Announcements🗣 10:00 PA Sit & Fit Zumba!↔↔ 10:30 PA Daily Chronicle 10:30 BR Sunday Mass✝ 11:00 PA Anchorage Alaska Travelogue🗣 1:30 BR BINGO 1:30 PA Sunday Matinee “Clue”🎬 3:30 OP Football Touchdown Toss↔↔ 6:00 PA Silver Screen at Six🎬	Activity Leader Stephanie - Happy B-Day Bill. O 9:45 PA Morning Announcements🗣 10:00 PA Pool Noodle Pilates↔↔ 10:30 PA Daily Chronicle 11:00 PA Fall Name Five 1:30 BR BINGO 1:30 PA Ultra Uno🎲 3:30 OP Football Touchdown Toss↔↔ 6:00 BR Poker Night🎴	Activity Leader Stephanie 9:45 PA Morning Announcements🗣 10:00 PA Ribbon & Rhythm↔↔ 10:30 PA Daily Chronicle 11:00 PA Armchair Travel Acadia National Park🗣 11:00 BU Posa Posa Pizza Lunch! 1:30 BR BINGO 1:30 PA Kerplunk↔↔ 3:30 PA Picture Open Chat 6:00 BR Bingo After Dark!	Activity Leader Stephanie 9:45 PA Morning Announcements🗣 10:00 OP Walking Wednesday↔↔ 10:30 PA Daily Chronicle 10:30 LB Mah Jongg Refresher🎴 11:00 BR Makeover & Self Care with Jessica 1:30 BR BINGO 1:30 LB Delightful Dominoes🎴 3:30 PA Bowling Tournament↔↔ 3:45 BR Catholic Rosary✝ 6:00 PA Reel Fun at Six🎬	Activity Leader Stephanie - National Color Day 9:45 PA Morning Announcements🗣 10:00 PA Thursday Tai Chi!↔↔ 10:30 PA Daily Chronicle 11:00 PA Rainbow Trivia 1:30 BR BINGO 1:30 SA Nail Painting Stephanie 3:30 BR Ping Pong Paddle Practice🎵 6:15 MR Throwback Thursday Theater!🎬	Activity Leader Anaika 9:45 PA Morning Announcements🗣 10:00 PA Motion and Movement↔↔ 10:30 PA Daily Chronicle 11:00 PA This Or That [Candy Edition] 1:30 BR BINGO 1:30 PA Puzzle Club 3:00 BR Shabbat Services☆ 3:30 PA Word Search and Crosswords 6:15 PA Film Fans Friday!🎬	Activity Leader Anaika - Happy B-Day Eileen B. 9:45 PA Morning Announcements🗣 10:00 PA Pool Noodle Pilates!↔↔ 10:30 PA Daily Chronicle 11:00 PA Word Game 1:30 BR BINGO 1:30 LB Scrabble Club🎴 3:30 BR Jack-O'-Lantern Making🎨 6:15 PA Rollin' Reels!🎬
Activity Leader Stephanie 9:45 PA Morning Announcements🗣 10:00 PA Sit & Fit Zumba!↔↔ 10:30 PA Daily Chronicle 10:30 BR Sunday Mass✝ 11:00 PA Guess that Fall Word 1:30 BR BINGO 1:30 PA Sunday Matinee “Hocus Pocus”🎬 3:30 PA Sunday Soundbox🎵 6:00 PA Silver Screen at Six🎬	Activity Leader Stephanie - National Pumpkin Day - Happy B-Day Rita. M 9:45 PA Morning Announcements🗣 10:00 PA Pool Noodle Pilates↔↔ 10:30 PA Daily Chronicle 11:00 BR Pumpkin Painting🎨 1:30 BR BINGO 1:30 PA Ultra Uno🎲 3:30 PA Music & Movement with Rafael🎵 6:00 BR Poker Night🎴	Activity Leader Stephanie - Happy B-Day Barbra P 9:45 PA Morning Announcements🗣 10:00 PA Ribbon & Rhythm↔↔ 10:30 PA Armchair Travel Halloween around the World🗣 10:30 BU Stop & Shop Grocery Trip!🚶 1:30 BR BINGO 1:30 PA Scrabble Competition🎴 3:30 BR Resident Council Meeting / Food Committee meeting🗣 6:00 BR Bingo After Dark!	Activity Leader Stephanie - Happy B-Day Minnie L 9:45 PA Morning Announcements🗣 10:00 OP Walking Wednesday↔↔ 10:30 PA Daily Chronicle 10:30 LB Mah Jongg Refresher🎴 11:00 PA Football Trivia 1:30 BR BINGO 1:30 LB Delightful Dominoes🎴 3:45 BR Catholic Rosary✝ 4:30 BU Dinner Club🚶 6:00 PA Reel Fun at Six🎬	Activity Leader Stephanie - Happy B-Day Theresa D 9:45 PA Morning Announcements🗣 10:00 PA Thursday Tai Chi!↔↔ 10:30 PA Daily Chronicle 11:00 BR Cat paper art🎨 1:30 BR BINGO 1:30 SA Nail Painting Stephanie 3:30 PA Name That Tune Country Music Edition🎵 6:15 MR Throwback Thursday Theater!🎬	Activity Leader Anaika - Happy B-Day Pearl. L 9:45 PA Morning Announcements🗣 10:00 PA Motion and Movement↔↔ 10:30 PA Daily Chronicle 11:00 BR Bible Study✝ 1:30 BR BINGO 1:30 PA Puzzle Club 3:00 BR Shabbat Services☆ 3:30 PA Word Search and Crosswords 6:15 PA Film Fans Friday!🎬	



**WALK
TO
END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION

**Together, we can end
Alzheimer's disease.**
alz.org/walk



Join our team Promenade Senior Living
Sunday, October 18, 2026
Boulders Stadium

Please enter your donation to the 2026 Walk to End Alzheimer's - Rockland County, NY on behalf of Promenade at Chestnut Ridge Residents. View Promenade at Chestnut Ridge Residents' page.