Promenade
AT UNIVERSITY PLACE

1228 Western Avenue • Albany, NY 12203 • (518) 514-9500

Staff Directory

Beth Zaccheo	Executive Director
Alysia Joseph	Business Office
Keionna Albea	Wellness Coordinator
Amanda Jonas	Memory Care Director
John Shaw Jr.	Maintenance Coordinator
Sasha Slaughter	Activities Director
Brittani Depalma	Entitlements Coordinator



After Hours

The front desk is open 7 days a week - 8am-10pm. The after-hours cell phone is 518-860-3246; care-staff will answer for further assistance.



November 2026

Famous Face Born in November

Tina Turner, born November 26, 1939, was a singer, songwriter, actress, and author. Dubbed the "Queen of Rock N Roll," she broke both racial and gender barriers in rock music with her vocal prowess and stage presence. She shares the same birthday as our Activity Director, Sasha. "Happy Birthday!"



"If a negative thought arose, I'd repeat a positive one eight times in a row to counteract it. Soon, I began loving myself, imperfections and all. I stopped comparing myself to others, and at last I started to look good to myself."

-Tina Turner

~The Holidays Are Here! And the Promenade Still Has It Going On~



The Ladies of the Promenade



Who Wants Homemade Peanut Butter Cookies!?! Yum...

Just For Fun

Peace Begins With a Smile



Isn't She Lovely



Oktober Fest Fun!



Act of Kindness



We Stand Against Breast Cancer!



Flowers Are a Girl's Best Friend!



It's Always Good to Grab a Cup of Coffee and Chat!

Resident Spotlight

"Gratitude Can Transform Common Days Into Thanksgivings, Turn Routine Jobs Into Joy, and Change Ordinary Opportunities Into Blessings." -William Arthur Ward

Holiday Wreath Making
November 3rd (Tuesday)
2:00pm



All Month of November We Are Thankful for All Things to Come!

Baking Club Event
Homemade Pies.
November 6th (Friday)
2:30pm



November 11th
(Wednesday)
2:00pm



November 9th (Monday)
2:00pm
Cider Tasting!
Come have a cup!



November 17th (Tuesday)
12:15pm
Friendsgiving Brunch!
*Sign-up is required...



November 20th (Friday)
2:00pm
~Holiday Gathering Hour~
Come out to fellowship...





November 23rd (Monday)
3:30pm
Happy Birthday to all with November Birthdays!



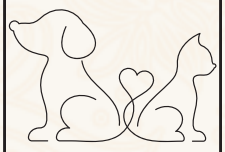
November 25th
(Wednesday)
2:00pm
Resident Council Meeting!
"You'll want to be there..."





Happy Thanksgiving, Everyone!

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	Holiday Wreath Making 3 We All Like a Nice Holiday Piece to Remember! Come Out to Our Wreath Making Event and Make Your Own Holiday Wreaths. Location: Large Activity Room Time: 2:00pm	4 	5	Baking Club Event 6 The Holidays Are Here! What's Your Favorite Dessert for the Holidays? Come Out to Make & Enjoy Homemade Sweet Potato Pies Location: Large Activity Room Time: 2:30pm	7
8	Cider Tasting 9 This Is the Season to Drink Cider! Come Out for Our Cider Tasting, Live Entertainment and Holiday Treats. Location: Large Activity Room Time: 2:00pm	10	Veterans Day 11 In Honor of Veterans Day! We'll Be Celebrating W/ Live Entertainment and More. Happy Veterans Day! Thank You for You Service. Location: Large Activity Room Time:2:00pm	Thankful Tree Event 12 Create & Grow Your Very Own Thankful Tree Where You Can Express & Enjoy the Things You Are Thankful for! *Arts & Crafts... Location: Large Activity Room Time: 2:00pm	13	14
15	16	Friendsgiving Brunch 17 Come Out to Enjoy Our Thanksgiving-Style Brunch! *Sign-up Is Required, See Sasha (Activity Director) For More Details Location: Large Activity Room Time: 12:15pm	18 	Thankful Crafts 19 November Is All About Being Thankful and Life's Art! So Come Out to Enjoy an Arts & Crafts Event W/Art Instructor Deborah. Location: Large Activity Room Time: 3:00pm	Holiday Gather 20 Come Out to Fellowship W/ Your Neighbors During Our Holiday Gathering Hour! Grab a Hot Cup of Chocolate and Enjoy Good Times. Location: Large Activity Room Time: 2:00pm	21
22	November Birthdays 23 Come Out to Celebrate All November Birthdays With a Karaoke Party & Cake. "Happy Birthday" Location: Large Activity Room Time: 3:30pm	24	25 Resident Council Meeting! Location: Large Activity Room Time: 2:00pm	Thanksgiving 26 Gobble, Gobble!	27	28
29	30					

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