PROMENADE
AT BLUE HILL

582 Veterans Memorial Drive • Pearl River, NY 10965 • (845) 735-6846

Our Management Team

Christine Berkner ..... Executive Director
Sally Ann O'Shea . Reg. Dir. of Comm. Outreach
Maryknoll Kurisko ..... Wellness Director
Janice Rhodes ..... Memory Care Coordinator
Ismael Rodriguez ..... Recreation Director
Jesus Soriano ..... Resident Care Coordinator
Joe Soriano ..... Dir. of Maintenance
Desmond Wadley ..... Dir. of Nutrition Services





December 2026



Promenade Holiday Party
DECEMBER 12
1:00PM TO 3:00PM



PROMENADE AT BLUE HILL

December 2026

LR Living Room · TS Town Square · TK Town House Kitchen · 4S Four Seasons Room · LB Library
DR Dining Room · RL Resident Lounge · Exercise · ♪ Sing-Along · Creative Arts
News/Stories/Discussions · Social Event · Table Games · † Religious Services · TV Trip Destination · Bus Trip

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Director **Ismael Rodriguez** *Senior Activity Lead* **Kathy** *Activity Leaders* **Alma** **Joe** **Angela** **David**	**AMERICANA DECEMBER** **The American Family** During Americana Month, we celebrate our rich heritage, traditions, and stories. This December, we'll take a closer look at the American family. We'll explore how the stories of our families and shared experiences have helped shape America's enduring legacy.	**Ismael/Angela** 1 10:15 LR Blue Hill Fitness Club Workout **11:00 LR Rosa Parks Day** 1:00 TS Outdoor Winter Stroll - Weather Permitting 1:30 LR Did You Know? Facts That We Didn't Know We Didn't Know **2:00 LR Blue Hill University Presents** **2:30 TK National Pie Day Social** 3:00 LR Life Enhancement Activity **3:30 LR The American Family: Unique Facts & Traditions** 4:00 LR Games People Play 4:00 LB Master Class - Chess **4:30 LR Let's Sing Songs Out Loud♪**	**Ismael/Kathy** 2 10:15 TS Blue Hill Fitness Club Workout **11:00 LR Happy News Around the World** 1:00 TS Outdoor Winter Stroll - Weather Permitting 1:30 LR Let's Move, Let's Stretch **2:00 LR Service with Reverend Hoover †** 2:30 LR A Blast From the Past - Video Quiz **2:30 4S Men's Group** 3:00 LR Promenade History Channel Presents **3:30 TK Resident Artist Workshop - Painting** **4:15 LR The Brownies Caroling at the Promenade♪** 6:00 LR Evening Life Enhancement Activity	**Ismael/Angela** 3 10:15 TS Blue Hill Fitness Club Workout **11:00 LR Blue Hill University Presents** 1:00 TS Outdoor Winter Stroll - Weather Permitting **1:30 LR Christmas Caroling♪** 2:00 LR Jeopardy! iPad Game **2:30 LR Evening at the Improv** **3:00 LR The American Family: Unique Facts & Traditions** 4:00 LR The Great Listing Game! 4:30 LR Karaoke Thursday♪ 6:00 LR Evening Life Enhancement Activity	**Ismael/Alma** 4 10:15 LR Blue Hill Fitness Club Workout 11:00 LR Wildlife Conservation Day 1:00 LB The Reading Corner **1:30 LR Did You Know?** 2:00 LR Life Enhancement Activity **2:30 TK The Joy of Painting with Ish** 3:00 LR Word Puzzle Friday **3:30 LR National Cookie Day Social** 4:00 LB Independent Games/Books/Arts Session **4:30 RL National Bartender Day: Meet Me at the Bar** 6:00 LR Evening Life Enrichment Activity	**Ismael/David** 5 **9:00 LR The Great Promenade Pajama Party Day** 10:15 LR Fitness Fun - Move, Dance, Sing **11:00 LR Christmas Around the World** 11:00 LR Morning Sing-Along 1:30 LR Launch Balloons, Swing Noodles 2:00 LR Famous Quotes: Who Said It? 2:30 4S Independent Games/Books/Arts **3:00 LR Blue Hill University Presents** 4:00 LR Mind Teasers, Facts, & Riddles 6:00 LR Holiday Evening Life Enrichment Activity
Kathy 6 10:00 TS Sunday Sunshine Stretch 10:30 TS AM News & National Miners Day **11:00 LR Mass On TV†** 1:30 LR Chair Workout of the Day **2:00 LR 250 Years of American Family Stories & Traditions** **3:00 LR Poetry Half Hour: Read One/Make One Up ...** **3:30 LR Blue Hill University Presents** 4:00 LR Sunday Bingo Tournament	**Kathy** 7 10:00 TS Promenade Exercise Club 11:00 TS News & National Illinois Day **1:30 LR Pearl Harbor Remembrance Day** 2:00 LR Life Enrichment Activity 3:00 LR Trivia & Word Challenges **3:30 LR Armchair Traveler: Where in the Country is Kathy?** 4:15 LR Did You Know? Facts That We Didn't Know We Didn't Know 4:30 LR Holiday Sing-Along♪	**Ismael/Angela** 8 10:15 LR Blue Hill Fitness Club Workout 11:00 LR Fascinating Facts and Curiosities **11:30 TS Bus Trip - Lunch @ TF Noonans** 1:00 TS Outdoor Winter Stroll - Weather Permitting 1:30 LR Did You Know? Facts That We Didn't Know We Didn't Know **2:00 LR Blue Hill University Presents** **2:30 TK National Brownie Day Social** 3:00 LR Games People Play **3:30 LR The American Family: Unique Facts & Traditions** 4:00 LB Master Class - Chess 4:30 LB Blue Hill Book Club	**Ismael/Kathy** 9 10:15 TS Blue Hill Fitness Club Workout 11:00 LR The World News 1:00 TS Outdoor Winter Stroll - Weather Permitting 1:30 LR Let's Move, Let's Stretch **2:00 LR Service with Reverend Hoover †** 2:30 LR A Blast From the Past - Video Quiz **2:30 4S Men's Group** 3:00 LR Promenade History Channel Presents 3:30 LR Life Enrichment Activity - AL **3:30 TK Resident Artist Workshop - Painting** **4:15 LR Holiday Hour @ The Promenade♪** 6:00 LR Evening Life Enhancement Activity	**Ismael/Angela** 10 10:15 TS Blue Hill Fitness Club Workout **11:00 LR Blue Hill University Presents** 1:00 TS Outdoor Winter Stroll - Weather Permitting **1:30 LR Christmas Caroling♪** 2:00 LR Jeopardy! iPad Game **3:00 LR Evening at the Improv** **3:30 LR The American Family: Unique Facts & Traditions** 4:00 LR The Great Listing Game! 4:30 LR Games People Play 6:00 LR Evening Life Enhancement Activity	**Ismael/David** 11 10:15 LR Blue Hill Fitness Club Workout 11:00 LR What's Going On In the News? 1:30 LR What's Going on in Sports? 2:00 LR Group Pictionary 3:00 LR Games People Play **3:00 TK Handcrafted: Artist Workshop** **3:30 LR Blue Hill University Presents** 4:00 LB Independent Games/Books/Arts Session **4:30 RL Happy Hour: Meet Me at the Bar** 6:00 LR Evening Life Enrichment Activity	**Ismael/David** 12 10:15 LR Fitness Fun - Move, Dance, Sing **11:00 LR Christmas Around the World** **1:00 TS The Promenade Christmas Event** **3:00 LR Christmas Caroling** **4:00 LR Favorite Holiday Traditions♪** 6:00 LR Holiday Evening Life Enrichment Activity
Kathy 13 10:00 TS Morning Crunch 10:30 TS Daily Chronicle & National Day of the Horse **11:00 LR Mass On TV†** 1:30 LR Blue Hill Exercise Club 2:00 LR National Violin Day♪ **2:30 LR 250 Years of American Family Stories & Traditions** **3:00 LR Blue Hill University Presents** 3:30 LR Sunday Bingo Tournament 4:30 LR Karaoke Sunday♪	**Kathy** 14 10:00 TS Promenade Exercise Club 11:00 TS News and National Alabama Day 1:30 LR Stretch and Move! 2:00 LR Life Enrichment Activity **2:30 LR Promenade History Channel: American Traditions** 3:00 LR Trivia & Word Challenges **3:30 LR Monkey Day!** 4:00 LR The Great Listing Game! 4:30 LR Holiday Sing-Along♪	**Ismael/Angela** 15 10:15 LR Blue Hill Fitness Club Workout 11:00 LR What's Going on These Days? 1:00 TS Outdoor Winter Stroll - Weather Permitting 1:30 LR Did You Know? Facts That We Didn't Know We Didn't Know **2:00 LR Blue Hill University Presents** 2:30 LR Life Enhancement Activity **3:00 LR National Cupcake Day Social** **3:30 LR The American Family: Unique Facts & Traditions** 4:00 LR Games People Play 4:00 LB Master Class - Chess **4:30 LR Let's Sing Songs Out Loud♪**	**Ismael/Kathy** 16 10:15 TS Blue Hill Fitness Club Workout **11:00 LR Mass w/ Father Raaser†** 1:00 TS Outdoor Winter Stroll - Weather Permitting 1:30 LR Let's Move, Let's Stretch **2:00 LR Service with Reverend Hoover †** 2:30 LR A Blast From the Past - Video Quiz **2:30 4S Men's Group** 3:00 LR Promenade History Channel Presents **3:30 TK Resident Artist Workshop - Painting** **4:15 LR Holiday Hour @ The Promenade♪** 6:00 LR Evening Life Enhancement Activity	**Ismael/Angela** 17 **9:00 TS Promenade Ugly Sweater Day** **10:00 TS Bus Trip - Target - Spring Valley** 10:15 TS Blue Hill Fitness Club Workout **11:00 LR Blue Hill University Presents: Wright Brothers Day** 1:00 TS Outdoor Winter Stroll - Weather Permitting **1:30 LR Christmas Caroling♪** **2:00 TS Joe Mazzurco Entertains♪** **3:00 LR The American Family: Unique Facts & Traditions** 3:30 LR The Great Listing Game! 4:15 LR Karaoke Thursday♪ 6:00 LR Evening Life Enhancement Activity	**Ismael/Alma** 18 10:15 LR Blue Hill Fitness Club Workout 11:00 LR What's Going On In the News? 1:00 LB The Reading Corner **2:00 TS Joe Blanco Entertains♪** **3:00 LR National Underdog Day!** **3:30 LR Blue Hill University Presents** 4:00 LB Independent Games/Books/Arts Session **4:30 RL Happy Hour: Meet Me at the Bar** 6:00 LR Evening Life Enrichment Activity	**Ismael/David** 19 10:15 LR Fitness Fun - Move, Dance, Sing **11:00 LR Christmas Around the World** 1:30 LR Launch Balloons, Swing Noodles **2:00 LR Blue Hill University Presents** 2:30 4S Independent Games/Books/Arts 3:30 LR Famous Quotes: Who Said It? 4:00 LR Mind Teasers, Facts, & Riddles 6:00 LR Holiday Evening Life Enrichment Activity
Kathy 20 10:00 TS Sunday Sunshine Stretch **10:30 TS AM News & Mudd Day** **11:00 LR Mass On TV†** 1:30 LR Chair Workout of the Day **2:00 TS Sage the Harpist Performs♪** **3:00 LR 250 Years of American Family Stories & Traditions** 3:30 LR Sunday Bingo Tournament 4:30 LR Karaoke Sunday♪	**Kathy** 21 10:00 TS Morning Movements 11:00 TS News & National Maine Day **1:30 LR The Winter Solstice** 2:00 LR Life Enrichment Activity 3:00 LR Trivia & Word Challenges **3:30 LR Armchair Traveler: Where in the Country is Kathy?** 4:15 LR Did You Know? Facts That We Didn't Know We Didn't Know 4:30 LR Holiday Sing-Along♪	**Ismael/Angela** 22 10:15 LR Blue Hill Fitness Club Workout **11:00 LR Forefather's Day: Fascinating Facts** 1:00 TS Outdoor Winter Stroll - Weather Permitting 1:30 LR Did You Know? Facts That We Didn't Know We Didn't Know **2:00 TS Alex Prizgintas Entertains♪** 3:00 TK Jumbo Jenga Tuesdays (I) **3:00 LR The American Family: Unique Facts & Traditions** 4:00 LR Life Enhancement Activity 4:00 LB Master Class - Chess 4:30 LB Blue Hill Book Club **6:00 TS Bus Trip - Holiday Lights Tour**	**Ismael/Kathy** 23 10:15 TS Blue Hill Fitness Club Workout 11:00 LR News & Refreshments 1:00 TS Outdoor Winter Stroll - Weather Permitting 1:30 LR Let's Move, Let's Stretch **2:00 LR Service with Reverend Hoover †** 2:30 LR A Blast From the Past - Video Quiz **2:30 4S Men's Group** 3:00 LR Promenade History Channel Presents 3:30 LR Life Enrichment Activity - AL **3:30 TK Resident Artist Workshop - Painting** **4:15 LR Holiday Hour @ The Promenade♪** 6:00 LR Evening Life Enhancement Activity	**Christmas Eve - Ismael/Angela** 24 10:15 TS Blue Hill Fitness Club Workout **11:00 LR Blue Hill University Presents** 1:00 TS Outdoor Winter Stroll - Weather Permitting **1:30 LR Christmas Caroling♪** **2:00 TS Eric Lipper Entertains♪** 3:00 LR Games People Play 3:30 LR The Great Listing Game! **4:00 LR The American Family: Unique Facts & Traditions** 6:00 LR Evening Life Enhancement Activity	**Christmas** 25 10:15 LR Blue Hill Fitness Club Workout **11:00 TS Randy Accardi Entertains!♪** 1:30 LR What's Going on in Sports? 2:00 LR What's Going On In the News? 3:00 LR Games People Play **3:00 TK Handcrafted: Artist Workshop** **3:30 LR Blue Hill University Presents** 4:00 LB Independent Games/Books/Arts Session **4:30 RL Happy Hour: Meet Me at the Bar** 6:00 LR Evening Life Enrichment Activity	**Ismael/David** 26 10:15 LR Fitness Fun - Move, Dance, Sing **11:00 LR Boxing Day Social** 1:30 LR Let's Sittercise 2:00 LR Games People Play 2:30 4S Independent Games/Books/Arts **3:30 LR Blue Hill University Presents** 4:00 LR Quiz & Puzzle Saturday 4:30 LR Blue Hill is Alive with the Sound of Music♪ 6:00 LR Holiday Evening Life Enrichment Activity
Kathy 27 10:00 TS Morning Crunch 10:30 TS Daily Chronicle & Refreshments **11:00 LR Mass On TV†** 1:30 LR Blue Hill Exercise Club 2:00 DR Swing Those Rackets! **2:30 LR Blue Hill University Presents** **3:00 LR 250 Years of American Family Stories & Traditions** 3:30 LR Sunday Bingo Tournament 4:30 LR Karaoke Sunday♪	**Kathy** 28 10:00 TS Promenade Exercise Club **11:00 TS News and Pledge of Allegiance Day** 1:30 LR Stretch and Move! 2:00 LR Life Enrichment Activity **2:30 LR Promenade History Channel: American Traditions** 3:00 LR Trivia & Word Challenges **3:30 LR Armchair Traveler: Where in the Country is Kathy?** 4:00 LR The Great Listing Game! 4:30 LR Monday Sing-Along♪	**Ismael/Angela** 29 10:15 LR Blue Hill Fitness Club Workout 11:00 LR What's Going on These Days? 1:00 TS Outdoor Winter Stroll - Weather Permitting **1:30 LR Resident Council Meeting & Meet the Chef** **2:00 LR Blue Hill University Presents** 3:00 TK Jumbo Jenga Tuesdays (I) 3:00 LR Life Enhancement Activity **3:30 LR The American Family: Unique Facts & Traditions** 4:00 LR Games People Play 4:00 LB Master Class - Chess **4:30 LR Let's Sing Songs Out Loud♪**	**Ismael/Kathy** 30 10:15 TS Blue Hill Fitness Club Workout **11:00 LR Happy News Around the World** 1:00 TS Outdoor Winter Stroll - Weather Permitting 1:30 LR Let's Move, Let's Stretch **2:00 LR Service with Reverend Hoover †** 2:30 LR A Blast From the Past - Video Quiz **2:30 4S Men's Group** 3:00 LR Promenade History Channel Presents **3:30 TK Resident Artist Workshop - Painting** **4:15 LR Holiday Hour @ The Promenade♪** 6:00 LR Evening Life Enhancement Activity	**New Year's Eve/Ismael** 31 10:15 TS Blue Hill Fitness Club Workout **11:00 LR Blue Hill University Presents** **11:30 TS Bus Trip - Mass at St. Aedan's** 1:00 TS Outdoor Winter Stroll - Weather Permitting **2:00 TS Ray Longchamp Entertains♪** 3:00 LR Jeopardy! iPad Game 3:30 LR The Great Listing Game! 4:15 LR Karaoke Thursday♪ 6:00 LR Evening Life Enhancement Activity	**Snack Social**  **Daily 2:30 pm**	

Calendar of Events





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